

National Office 275 Seventh Avenue New York, NY 10001 1-800-813-HOPE (4673) www.cancercare.org supportgroup@cancercare.org

All services are provided free of charge

## Caregiver and Patient Groups: Support for Couples

Cancer*Care* is offering concurrent support groups for caregivers and their partners with cancer, designed to improve the couple's quality of life.

These are 10-week, face-to-face groups-one for the caregiver (a partner or spouse) and the other for the person with cancer, running simultaneously.

These two groups will join for a series of four workshops to complement and enhance the support group sessions.

Topics will include:

- Self care
- Communication
- Intimacy
- Spirituality

All sessions and workshops will be held at Cancer*Care*'s New York City office, located at 275 Seventh Avenue (between W. 25th & 26th Streets).

If you are interested in participating in this support group, please call Liz Ezra at 212-712-6127 or Sarah Kelly at 212-712-6123.

## Connect with Us!



