

LIVING WITH LOSS:

YOUNG ADULT LOSS OF A PARENT SUPPORT GROUP



Join our virtual dedicated space to share your story of love, loss and hope with others experiencing a similar journey.



Daniel LaPook, LMSW
Oncology Social Worker

CancerCare is offering a free, 12-week live support group for people in their 20s and 30s in New York who have experienced the loss of a parent due to cancer in the last 18 months. This group will provide a safe place to exchange support, get information and receive guidance while discussing the unique challenges of grief and loss.

Space is limited and pre-registration is required.

WEEKLY ON WEDNESDAYS FROM 5:30 p.m. - 7 p.m. ET

The loss of a parent can be a very difficult time. You may find yourself experiencing feelings of sadness, anger, frustration and confusion. Although these feelings are normal and common, they can leave you feeling alone at times, and you may feel like you have no one to talk to. Speaking about these emotions with others who understand can be comforting and help you feel less isolated.

This group will be held virtually using Zoom. If you are not able to use the video function, you will also be able to call into the group.

**Register
Today!**



For more information or to register, contact Daniel LaPook, LMSW, at 212-712-6128 or dlapook@cancercare.org.

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