

# CONNECTING WITH CAREGIVERS: YOUNG ADULT SUPPORT GROUP



Has your parent, sibling, family member or friend been diagnosed with cancer? Caring for a loved one can be an overwhelming experience.



Julia Manna, LMSW  
Oncology Social Worker

**CancerCare is offering a free, biweekly live support group (8 sessions) for people in New York in their 20s and 30s who are caring for a loved one with cancer.**

This group is open to New York clients and is free, but pre-registration via Zoom is required.

**MONDAYS FROM 5:30 p.m. - 7 p.m. ET**

This group will provide a safe place to exchange support and receive information and guidance while discussing the unique challenges of caregiving as a young adult.

This group will be held virtually using Zoom. If you are not able to use the video function, you will also be able to call into the group.

**Register  
Today!**



**For more information or to register, contact Julia Manna, LMSW at 201-301-6807 or [jmanna@cancercare.org](mailto:jmanna@cancercare.org).**

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