

# CONNECTING WITH CAREGIVERS: GENERAL SUPPORT GROUP



This group is open to New York residents only.



Christina Monaco, LMSW  
Oncology Social Worker

**CancerCare is offering a free, 8-session live support group for people in New York, ages 40+, who are caring for a loved one with cancer. This group will provide a safe place to exchange support, get information and receive guidance while discussing the unique challenges of caregiving.**

Space is limited and pre-registration is required.

**BIWEEKLY ON MONDAYS FROM 5:30 p.m. - 7 p.m. ET**

Has your parent, sibling, family member or friend been diagnosed with cancer? Caring for a loved one can be an overwhelming experience. Adjusting to this new role, navigating the medical system and finding balance between providing care for yourself, as well as your loved one, can be difficult. Connecting with others who are in similar situations can be a powerful and comforting experience to help you feel less alone.

This group will be held virtually using Zoom. If you are not able to use the video function, you will also be able to call into the group.

**Register  
Today!**



**For more information or to register, contact Christina Monaco, LMSW, at 212-712-8357 or [cmonaco@cancercare.org](mailto:cmonaco@cancercare.org).**

**Facebook:** [facebook.com/cancercare](https://facebook.com/cancercare) | **Instagram:** @CancerCareUS | **Twitter:** @CancerCare

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