



**CANCERcare®**  
Help and Hope

## FREE PROFESSIONAL SUPPORT SERVICES

CancerCare helps individuals, families, caregivers and the bereaved cope with the emotional and practical challenges of cancer. Our services include case management, counseling, support groups, educational workshops, publications and financial assistance. All of our services are provided by master's-prepared oncology social workers and are offered completely free of charge. To learn more, visit [www.cancercares.org](http://www.cancercares.org).

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**CancerCare® National Office**  
275 Seventh Avenue  
New York, NY 10001  
800-813-HOPE (4673)



## Living with Loss: General Bereavement Support Group

### Weekly Support Group

**The loss of a loved one can be a very difficult time. You may find yourself experiencing feelings of sadness, anger, frustration and confusion. Although these feelings are normal and common, they can leave you feeling alone at times, and you may feel like you have no one to talk to. Speaking about these emotions with others who understand can be comforting and help you feel less isolated.**

### DESCRIPTION

CancerCare is offering a free, 12-week live support group for people in New York who have experienced the loss of a loved one due to cancer in the last 18 months. This group will provide a safe place to exchange support, get information and receive guidance while discussing the unique challenges of grief and loss

### START DATE

This support group meets on Tuesdays from 5:30 p.m. to 7 p.m. ET.

This group will utilize a secure video platform. Group members will still have the option to call in if they do not have access to video technology.

### REGISTER

Space is limited and pre-registration is required. For more information or to register, call our Hopeline at 800-813-HOPE (4673) or contact Mary Hanley, LMSW, at 212-712-6129 or [mhanley@cancercares.org](mailto:mhanley@cancercares.org).