



**CANCERcare**<sup>®</sup>  
Help and Hope

## FREE PROFESSIONAL SUPPORT SERVICES

CancerCare helps individuals, families, caregivers and the bereaved cope with the emotional and practical challenges of cancer. Our services include case management, counseling, support groups, educational workshops, publications and financial assistance. All of our services are provided by master's-prepared oncology social workers and are offered completely free of charge. To learn more, visit [www.cancercares.org](http://www.cancercares.org).

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**CancerCare<sup>®</sup> National Office**  
275 Seventh Avenue  
New York, NY 10001  
800-813-HOPE (4673)



## Living With Cancer: Metastatic Breast Cancer Patient Support Group

### Biweekly Live Support Group

**A diagnosis of cancer can come when you least expect it. Suddenly your world has changed. You may feel overwhelmed and anxious and have questions about what lies ahead. The opportunity to connect with others living with cancer can help you feel less alone.**

### DESCRIPTION

CancerCare is offering a free, 8-week live support group for people diagnosed with metastatic breast cancer in New York and New Jersey who are receiving a form of active treatment (which may consist of surgery, chemotherapy, radiation, hormonal treatments and/or advanced cancer treatment). This group will provide a safe place to exchange support, get information and receive guidance while discussing the unique challenges of living with a cancer diagnosis.

### START DATE:

This group meets biweekly on Thursdays, from 11:30 a.m. to 1 p.m. ET.

This group will utilize a secure video platform. Group members will still have the option to call in if they do not have access to video technology.

### REGISTER

Space is limited and pre-registration is required. For more information or to register, call our Hopeline at 800-813-HOPE (4673) or contact Cassie Spector, LMSW at 212-712-8386 or [cspector@cancercares.org](mailto:cspector@cancercares.org)