



CANCERcare®
Help and Hope

FREE PROFESSIONAL SUPPORT SERVICES

CancerCare helps individuals, families, caregivers and the bereaved cope with the emotional and practical challenges of cancer. Our services include resource navigation, counseling, support groups, educational workshops, publications and financial assistance. All of our services are provided by master's-prepared oncology social workers and are offered completely free of charge. To learn more, visit www.cancercares.org.

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CancerCare® National Office
275 Seventh Avenue
New York, NY 10001
800-813-HOPE (4673)



Living with Loss: Young Adult Loss of a Parent Support Group Weekly Support Group

The loss of a parent can be a very difficult time. You may find yourself experiencing feelings of sadness, anger, frustration and confusion. Although these feelings are normal and common, they can leave you feeling alone at times, and you may feel like you have no one to talk to. Speaking about these emotions with others who understand can be comforting and help you feel less isolated.

DESCRIPTION

CancerCare is offering a free, 12-week live support group for people in their 20s and 30s in New York who have experienced the loss of a parent due to cancer in the last 18 months. This group will provide a safe place to exchange support, get information and receive guidance while discussing the unique challenges of grief and loss.

START DATE

This support group meets on Tuesdays from 5:30 p.m. to 7 p.m. ET.

This group will utilize a secure video platform. Group members will still have the option to call in if they do not have access to video technology.

REGISTER

Space is limited and pre-registration is required. For more information or to register, call our Hopeline at 800-813-HOPE (4673) or contact Allison Moskowitz Duggan, LCSW, at 212-712-8093 or amoskowitz@cancercares.org.