CANCERcare®
Help and Hope

FREE PROFESSIONAL SUPPORT SERVICES

CancerCare helps individuals, families, caregivers and the bereaved cope with the emotional and practical challenges of cancer. Our services include resource navigation, counseling, support groups, educational workshops, publications and financial assistance. All of our services are provided by master's-prepared oncology social workers and are offered completely free of charge. To learn more, visit **www.cancercare.org**.

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CancerCare® National Office
275 Seventh Avenue
New York, NY 10001
800-813-HOPE (4673)

Connecting with Caregivers: Young Adult Support Group

Weekly Support Group

Has your parent, sibling, family member or friend been diagnosed with cancer? Caring for a loved one can be an overwhelming experience. Adjusting to this new role, navigating the medical system and finding balance between providing care for yourself, as well as your loved one, can be difficult. Connecting with others who are in similar situations can be a powerful and comforting experience to help you feel less alone.

DESCRIPTION

CancerCare is offering a free, 12-week live support group for people in New York in their 20s and 30s who are caring for a loved one with cancer. This group will provide a safe place to exchange support, get information and receive guidance while discussing the unique challenges of caregiving.

START DATE:

This support group meets on Thursdays from 5:30 p.m. to 7 p.m. ET.

This group will utilize a secure video platform. Group members will still have the option to call in if they do not have access to video technology.

REGISTER

Space is limited and pre-registration is required. For more information or to register, call our Hopeline at 800-813-HOPE (4673) or contact Mary Hanley, LMSW, at 212-712-6129 or mhanley@cancercare.org.