

## FREE PROFESSIONAL SUPPORT SERVICES

CancerCare helps individuals, families, caregivers and the bereaved cope with the emotional and practical challenges of cancer. Our services include resource navigation, counseling, support groups, educational workshops, publications and financial assistance. All of our services are provided by master's-prepared oncology social workers and are offered completely free of charge. To learn more, visit www.cancercare.org.

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# Women's Cancers Program **Biweekly Live Support Group**

A diagnosis of cancer can come when you least expect it. Suddenly your world has changed. You may feel overwhelmed and anxious and have questions about what lies ahead. The opportunity to connect with others living with cancer can help you feel less alone.

#### **DESCRIPTION**

CancerCare is offering a free, 8-week live support group for women identifying patients diagnosed with breast cancer or gynecological cancers in New York State who are receiving a form of active treatment (including surgery, chemotherapy, radiation, hormonal treatments and/or advanced cancer treatment) or have received treatment within the past six months. This group will provide the opportunity for women who have been diagnosed with cancer a safe space to learn, share their feelings, gather information and receive guidance while discussing the unique challenges of living with a cancer diagnosis including body image and view of self.

### **START DATE:**

This group meets biweekly on Monday evenings, from 6 p.m. to 7 p.m. ET. This group will utilize a secure video platform. Group members will still have the option to call in if they do not have access to video technology.

#### REGISTER

Space is limited and pre-registration is required. For more information or to register, call our Hopeline at 800-813-HOPE (4673) or contact Sam Fortune, LMSW, at sfortune@cancercare.org or 212-712-8076.