

# FREE PROFESSIONAL SUPPORT SERVICES

Cancer*Care* helps individuals, families, caregivers and the bereaved cope with the emotional and practical challenges of cancer. Our services include case management, counseling, support groups, educational workshops, publications and financial assistance. All of our services are provided by master's-prepared oncology social workers and are offered completely free of charge. To learn more, visit **www.cancercare.org**.

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Cancer*Care®* National Office 275 Seventh Avenue New York, NY 10001 800-813-HOPE (4673)



## Living with Cancer Young Adult Patient Support Group **Biweekly Support Group**

Learning you have cancer is incredibly challenging, especially as a young adult. You may feel overwhelmed, anxious and alone as you navigate your diagnosis and treatment. This group will provide the opportunity to connect with other individuals facing similar challenges, while providing a space to process the emotional and physical impacts of treatment.

### DESCRIPTION

Cancer*Care* is offering a free, 8-week live support group for people in New York between the ages 20-39 who have been diagnosed with cancer and are receiving a form of active treatment (which may consist of surgery, chemotherapy, radiation, hormonal treatments and/or advanced cancer treatment).

#### TIME

This support group meets biweekly on Thursdays from 5:30 to 7 p.m. ET.

This group will utilize a secure video platform. Group members will still have the option to call in if they do not have access to video technology.

### REGISTER

Space is limited and pre-registration is required. For more information or to register, call our Hopeline at 800-813-HOPE (4673) or contact Dina Smith, LMSW at 516-740-8622 or danbinder@cancercare.org.