



**CANCERcare®**  
Help and Hope

## FREE PROFESSIONAL SUPPORT SERVICES

CancerCare helps individuals, families, caregivers and the bereaved cope with the emotional and practical challenges of cancer. Our services include case management, counseling, support groups, educational workshops, publications and financial assistance. All of our services are provided by master's-prepared oncology social workers and are offered completely free of charge. To learn more, visit [www.cancercares.org](http://www.cancercares.org).

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New York, NY 10001  
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## Living With Cancer: A Group for Older Adults 65+ Weekly Support Group

**Being diagnosed with cancer at any age comes with many challenges as you adjust to treatments, navigate the healthcare system and find balance between your cancer diagnosis and your daily life. As older adults, you may also be experiencing other changes that impact your care and quality of life.**

### DESCRIPTION

CancerCare is offering a free, 12-week live support group for older adults (65+) diagnosed with cancer in New Jersey who are receiving a form of active treatment (which may consist of surgery, chemotherapy, radiation, hormonal treatments and/or advanced cancer treatment). This group will provide a safe place to exchange support, get information and receive guidance while discussing the unique challenges of living with a cancer diagnosis.

### START DATE:

This support group meets on Wednesdays from 11:30 a.m. to 1 p.m. ET.

This group will utilize a secure video platform. Group members will still have the option to call in if they do not have access to video technology.

### REGISTER

Space is limited and pre-registration is required. For more information or to register, call our Hopeline at 800-813-HOPE (4673) or contact Sarah Tennenhaus, LMSW, at 212-712-6144 or [stennenhaus@cancercares.org](mailto:stennenhaus@cancercares.org).