

# FREE PROFESSIONAL SUPPORT SERVICES

Cancer*Care* helps individuals, families, caregivers and the bereaved cope with the emotional and practical challenges of cancer. Our services include resource navigation, counseling, support groups, educational workshops, publications and financial assistance. All of our services are provided by master's-prepared oncology social workers and are offered completely free of charge. To learn more, visit **www.cancercare.org**.

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Cancer*Care®* National Office 275 Seventh Avenue New York, NY 10001 800-813-HOPE (4673)



Living Beyond Cancer: General Post-Treatment Support Group Weekly Live Support Group

Are you struggling to adjust since completing treatment in the last 18 months? Just because treatment has ended doesn't mean the emotional and physical impacts of treatment are over. This group will provide a space to process the emotional and physical impacts of treatment with others in a safe and supportive environment.

### DESCRIPTION

Cancer*Care* is offering a free, 12-week live support group for people in New York and New Jersey who are over the age of 40 and completed treatment within the last 18 months. This group will provide a safe place to exchange support, get information and receive guidance while discussing the unique challenges of living through post-treatment survivorship.

#### **START DATE:**

This support group meets on Tuesdays from 5:30 to 7:00 p.m. ET.

This group will utilize a secure video platform. Group members will still have the option to call in if they do not have access to video technology.

### REGISTER

Space is limited and pre-registration is required. For more information or to register, call our Hopeline at 800-813-HOPE (4673) or Charlotte Ference, LMSW, LSW at 212-712-6147 or cference@cancercare.org.