

# After A Uterine Cancer Diagnosis: Questions To Ask Your Doctor

#### A diagnosis of uterine cancer can be overwhelming. This fact sheet will tell you:

- How to prepare for your appointments
- What to do if you face dyspnea, or shortness of breath
- What questions will help you learn more about your diagnosis



### The Importance of Communicating With Your Health Care Team

Your team of doctors, nurses and social workers are there to help. Here are some tips for your appointments.

- **Bring a list of questions.** This will help you remember important things to ask. Write down or record the responses so that you do not forget them.
- **Consider bringing a loved one with you.** A friend or a family member can help ask questions and provide emotional support.
- Ask questions about costs. Knowing how much your treatment and medications might cost can help you plan ahead and focus more attention on getting better.

If your doctors and nurses do not know every answer, they may be able to guide you to those who do.



## How Can This Affect My Fertility and Sexual Intimacy?

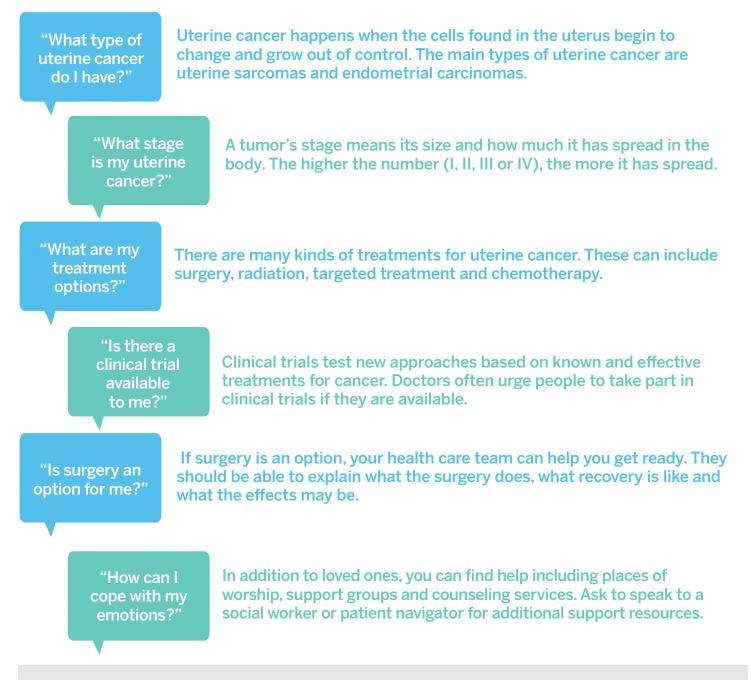
A hysterectomy, which involves the removal of part or all of the uterus, may affect one's ability to have children. Talk to your health care team about all of your treatment options and the long-term effects.

Uterine cancer can also affect your feelings of intimacy, as well as your view of yourself (or selfesteem). Try to be open about your emotional and physical concerns with your doctor, who can find the help you need.



#### **Questions That You May Want to Ask Your Health Care Team**

The following questions should help you learn key information about your diagnosis and situation.



#### CancerCare® Can Help

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