



CANCERcare®

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QUESTIONS TO ASK YOUR HEALTH CARE TEAM

When your health care team talks about your diagnosis and treatment, it's important to ask questions about anything you don't understand. As you start getting more information about your diagnosis, you will learn that there are many effective treatment options and many places you can turn to for help and hope.

Questions to Ask Your Health Care Team About Your Diagnosis

What is my specific diagnosis? _____

Have you treated other patients with my type of cancer? _____

Where is the cancer located? _____

What are my treatment options? _____

What is the recommended treatment? _____

How long does this kind of treatment usually last? _____

What are the possible side effects of treatment? _____

Should I get a second opinion? _____

What stage is my cancer and what are the different types of stages? _____

If something unexpected comes up, who should I call? _____

Who can I talk to about insurance questions? _____

What's the best time to call you if I have a question? _____

fact sheet

Questions to Ask Your Health Care Team About Your Treatment

What are the goals for this treatment? _____

What if my symptoms feel worse during treatment? _____

How will it be given? Will I need to go to the doctor's office or hospital to get my treatment, or will I get medication I can take at home? _____

How often will I receive treatment, and for how long? _____

What are the possible benefits and risks of this treatment? _____

How much will my treatment cost? _____

Who can I talk to about financial assistance? _____

If I have questions during my treatment and my doctor is not available, who can I ask? For example, is there a nurse, social worker, or other specialist available? _____

Should I consider participating in a clinical trial? _____

Other Questions to Ask Your Health Care Team

Will I be able to continue working while undergoing treatment? _____

Will my appearance change – for example, will I lose my hair? _____

What will be energy levels be like during treatment? _____

Should I avoid certain foods or have a certain diet while undergoing treatment? _____

Will this treatment affect my fertility? _____

CancerCare® Can Help

Founded in 1944, CancerCare is the leading national organization providing free support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by professional oncology social workers and world-leading cancer experts.

To learn more, visit www.cancercares.org or call **800-813-HOPE (4673)**.

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