

After A Testicular Cancer Diagnosis: Questions To Ask Your Doctor

A diagnosis of testicular cancer can be overwhelming. This fact sheet will tell you:

- · How to prepare for your appointments
- The effects on fertility and sexual intimacy
- What questions will help you learn more about your diagnosis



The Importance of Communicating With Your Health Care Team

Your team of doctors, nurses and social workers are there to help. Here are some tips for your appointments.

- **Bring a list of questions.** This will help you remember important things to ask. Write down or record the responses so that you do not forget them.
- **Consider bringing a loved one with you.** A friend or a family member can help ask questions and provide emotional support.
- Ask questions about costs. Knowing how much your treatment and medications might cost can help you plan ahead and focus more attention on getting better.

If your doctors and nurses do not know every answer, they may be able to guide you to those who do.



Can My Cancer Affect Fertility or Sexual Intimacy?

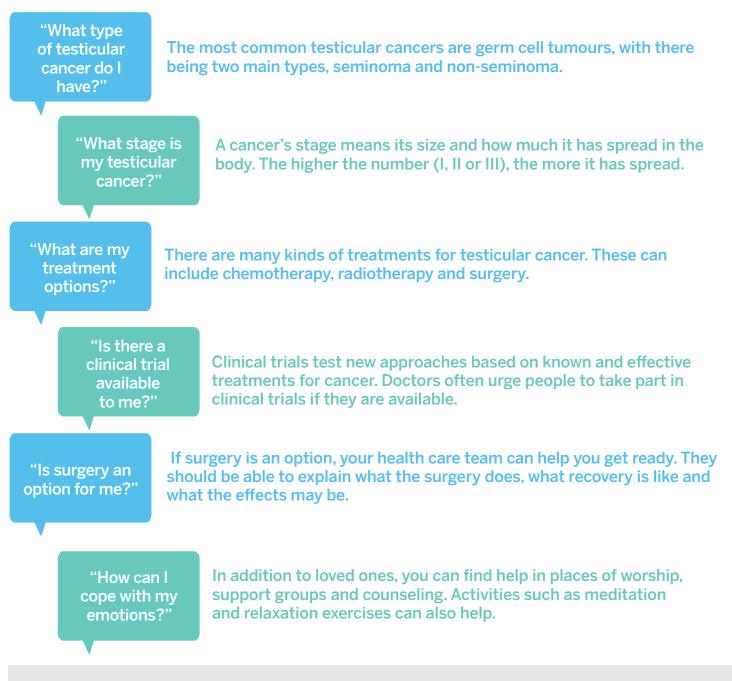
Treatment options like radiation can affect your ability to have children. Talk to your health care team about all of your treatment options and their long-term effects

Testicular cancer can affect sexual intimacy. Being open about your concerns and any changes is the first step to finding help. You and your partner may also find many different ways of being intimate with each other.



Questions That You May Want to Ask Your Health Care Team

The following questions should help you learn key information about your diagnosis and situation.



CancerCare® Can Help

Founded in 1944, Cancer*Care* is the leading national organization providing free support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include resource navigation, counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All Cancer*Care* services are provided by master's-prepared oncology social workers and world-leading cancer experts.

To learn more, visit www.cancercare.org or call 800-813-HOPE (4673).



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