

# After A Thyroid Cancer Diagnosis: Questions To Ask Your Doctor

### A diagnosis of thyroid cancer can be overwhelming. This fact sheet will tell you:

- How to prepare for your appointments
- The value of a second opinion
- What questions will help you learn more about your diagnosis



# The Importance of Communicating With Your Health Care Team

Your team of doctors, nurses and social workers are there to help. Here are some tips for your appointments.

- **Bring a list of questions.** This will help you remember important things to ask. Write down or record the responses so that you do not forget them.
- **Consider bringing a loved one with you.** A friend or a family member can help ask questions and provide emotional support.
- Ask questions about costs. Knowing how much your treatment and medications might cost can help you plan ahead and focus more attention on getting better.

If your doctors and nurses do not know every answer, they may be able to guide you to those who do.



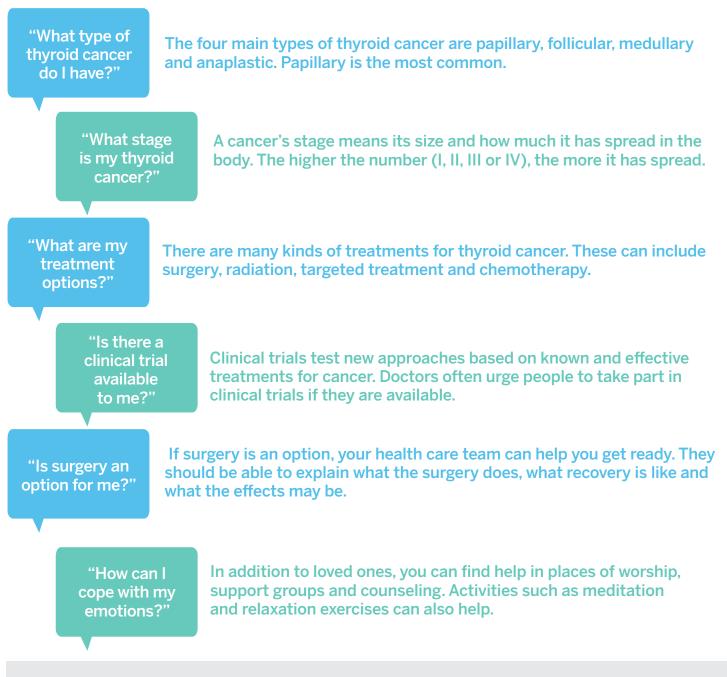
# **Should You Get a Second Opinion?**

Usually with a new diagnosis there is a period of time, depending on the cancer type and stage, before treatment begins. During this time, getting a second opinion may help give you a peace of mind or an alternative treatment possibility. Talk to your health care team for recommendations.



## **Questions That You May Want to Ask Your Health Care Team**

The following questions should help you learn key information about your diagnosis and situation.



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