

Press Room FAQs Frequently Asked Questions about Cancer*Care*®

CANCER CHANGES EVERYTHING. CANCERCARE® CAN HELP.

What is CancerCare®?

A leading national, nonprofit organization, Cancer*Care* helps people cope with and manage both the emotional and practical challenges of cancer. We are unique because all of our services are provided by professional, master's-prepared oncology social workers dedicated to supporting people affected by cancer.

Cancer*Care* services include case management, individual counseling, support groups, education, resource referrals and financial and co-pay assistance. The Cancer*Care* website, **www.cancercare.org**, offers information, tools and interactive support and has grown to become a highly respected online cancer resource.

Is CancerCare a nonprofit organization? How are you funded?

Yes, we are a national, nonprofit 501(c)(3) organization. Like any other nonprofit, Cancer*Care* raises funds from individuals, corporations and foundations to support our mission.

What is "psychosocial support"?

The word "psychosocial" is used to describe an individual's psychological development and, in particular, the person's involvement with their social environment. Psychosocial support helps people address the emotional challenges that can accompany a serious illness as well as the practical life challenges that can prevent good health care and patients' ability to take care of themselves.

Why is psychosocial support important to quality cancer care?

The health care community is becoming increasingly aware of the importance of addressing emotional and social problems in the lives of cancer patients. In fact, in landmark 2007 and 2013 consensus reports, the Institute of Medicine (IOM) recommended that health care professionals recognize a patient's unique emotional needs and connect them to resources that provide information and support—each and every time, for each and every patient.

The 2007 IOM report, "Cancer Care for the Whole Patient: Meeting Psychosocial Health Needs," found attention to psychosocial needs to be the exception rather than the rule. Building on the 2007 report, the IOM released a report in 2013 titled "Delivering High-Quality Cancer Care: Charting a New Course for a System in Crisis." The report reaffirms IOM's recommendation that health care professionals address patients' psychosocial (practical, financial and emotional) concerns, along with medical needs, in order to provide the most comprehensive care.

212-712-8323 • PRESS@CANCERCARE.ORG CANCERCARE® NATIONAL OFFICE • 275 SEVENTH AVENUE • NEW YORK, NY 10001 800-813-HOPE (4673) • INFO@CANCERCARE.ORG • WWW.CANCERCARE.ORG The American College of Surgeons Commission on Cancer (CoC) also recognizes the importance of screening for psychosocial concerns such as anxiety and distress as a part of overall care, and requires its accredited cancer centers to screen all patients diagnosed with cancer.

Cancer*Care* is committed to helping people affected by cancer cope with psychosocial issues by providing high-quality emotional and social support. Through our comprehensive network of support services, anyone anywhere can get help.

Who does CancerCare serve?

Cancer*Care* helps anyone affected by cancer. We help people living with cancer, post-treatment survivors, caregivers, families, friends and the bereaved.

Last year, Cancer*Care* provided 209,454 services to clients in all 50 states. Our client base reflects a diverse population representing a variety of socioeconomic populations, gender identities, age ranges and racial and ethnic groups.

What makes CancerCare different from other cancer support organizations?

Cancer*Care* is unique in that we have a broad range of professionals support services ranging from counseling and emotional support to financial and co-pay assistance. We are one of the only cancer organizations where all psychosocial support is provided by master's-prepared oncology social workers.

What is the history of CancerCare?

Cancer*Care* was founded in 1944 in New York City with the mission of helping cancer patients. A lamp was chosen as the original symbol for the organization, with its light representing warmth, comfort and hope. The flame in our current logo echoes these sentiments. From the very beginning, we provided financial assistance for home care as well as counseling by professional oncology social workers. During the 1980s and 1990s, technological advances helped the organization grow to its current national scope. Cancer*Care*'s toll-free Hopeline, case management, online services, Connect Education Workshops and website make a variety of services available to people across the country.

Today, we help thousands of people impacted by cancer each year and our websites have grown to become leading online resources for information and support. The size and scope of the organization has grown tremendously since 1944, but the essential work is the same: caring for the individual, supporting their loved ones and providing help and hope to anyone affected by cancer.

What is the expertise of oncology social workers?

Our professional oncology social workers are all at the master's level or above. They are specially trained to provide support, information and resources to help people cope with and manage the challenges of cancer. Areas of expertise include:

- Finding new ways to cope with cancer
- Managing emotions such as anxiety or sadness
- Improving communication with family and the health care team
- Providing reliable information
- Referring patients and caregivers to resources in their community
- Managing financial challenges

How does CancerCare contribute to the oncology community?

Cancer*Care* provides the latest and most up-todate information available on specific diagnoses, treatment options, coping strategies and other emotional and practical cancer-related topics. Our Connect Education Workshops offer the latest information from leading oncology experts in one-hour teleconferences over the telephone and online. In 2020, Cancer*Care* distributed over 1.2 million of its free publications nationwide to health care providers and people affected by cancer.

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There are more than 300 patient-friendly educational Connect booklets and fact sheets in our extensive library, all of which are reviewed by experts in the field.

Can I use your website as an educational resource?

Yes. We encourage you to utilize our website and any of the materials here for educational purposes.

How can I get access to CancerCare educational materials?

Visit our online publications library to easily access all of our educational materials. You can read all of our publications instantly online or download them as PDFs. You can also order hard copies using our online order form. Our free publications cover a wide variety of cancer-related topics for health care providers, patients and caregivers. Cancer*Care*'s series of booklets and fact sheets now includes more than 300 titles; publications are available in print and online versions. All Cancer*Care* publications can be viewed online at **www.cancercare.org/publications**.

Are support groups available to anyone?

We offer groups for people living with cancer, post-treatment survivors, caregivers, loved ones and people who have lost a loved one. All support groups are led by one of our oncology social workers and allow participants to connect with others in similar situations.

We offer in-person support groups at our offices in New York City, Long Island and New Jersey. Support groups over the telephone and via video-conference are available to residents of New York and New Jersey. Online support groups are available nationally. To learn more about our support groups or to register, visit **www.cancercare.org/support_groups** or call **800-813-HOPE (4673)**.

How do I find out about upcoming CancerCare events?

Visit our events page for a year-round list of events at **www.cancercare.org/events**.

What is the CancerCare[®] Co-Payment Assistance Foundation?

The CancerCare Co-Payment Assistance Foundation (CCAF) helps people afford the cost of co-payments for chemotherapy and targeted treatment drugs. We provide this assistance free of charge to ensure patient access to care and compliance with prescribed treatments. Learn more at **www.cancercare.org/copayfoundation**.

How can I make a donation to CancerCare?

Thanks to the generosity of our supporters, we are able to provide people affected by cancer with free services they can use to help manage the challenges of cancer. To donate online, please visit **www.cancercare.org/donate**. You can also mail your donation to:

CancerCare 275 Seventh Avenue New York, NY 10001

How can I arrange for an interview with an expert on cancer support services?

Our leading experts can speak to a large variety of cancer support topics. To arrange for an interview, please call **212-712-8323** or email **press@cancercare.org**.