## **About Us**

Cancer*Care*<sup>®</sup> is a national nonprofit, 501 c(3) organization providing free, professional support services to anyone affected by cancer: people with cancer, caregivers, children, loved ones and the bereaved. Cancer*Care* programs—including counseling and support groups, education, financial assistance and practical help—are provided by professional oncology social workers and are completely free of charge. For more information, call **1-800-813-HOPE (4673)** or visit **www.cancercare.org**.

Cancer*Care* is pleased to have collaborated with the following organizations in offering this Workshop:

#### **American Cancer Society**

www.cancer.org; 1-800-227-2345 American Psychosocial Oncology Society www.apos-society.org; 1-866-276-7443 American Society of Clinical Oncology www.cancer.net: 1-888-651-3038 Association of Clinicians for the Underserved www.clinicians.org; 1-703-442-5318 **Association of Oncology Social Work** www.aosw.org; 1-215-599-6093 Be the Match® Patient Services www.bethematch.org; 1-888-999-6743 **Black Women's Health Imperative** www.blackwomenshealth.org; 1-202-548-4000 **Blood & Marrow Transplant Information** Network www.bmtinfonet.org; 1-888-597-7674 **Cancer Patient Education Network** www.cancerpatienteducation.org **Cancer Support Community** www.cancersupportcommunity.org; 1-888-793-WELL (9355) **Caregiver Action Network** www.caregiveractionnetwork.org: 1-301-942-6430 Intercultural Cancer Council www.iccnetwork.org; 1-713-798-4614 **International Myeloma Foundation** www.myeloma.org; 1-800-452-CURE (2873) Joe's House - A Lodging Guide for Cancer

Patients www.joeshouse.org; 1-877-563-7468 The LGBT Cancer Project www.lgbtcancer.org LIVESTRONG Foundation www.livestrong.org; 1-855-220-7777 The Max Foundation.org; 1-888-462-9368 Multinational Association of Supportive Care in Cancer www.mascc.org; 1-504-296-2095 National Association of Social Workers www.socialworkers.org; 1-202-408-8600 National Bone Marrow Transplant Link

www.nbmtlink.org; 1-800-LINK-BMT (1-800-546-5268) **National Center for Frontier Communities** www.frontierus.org; 1-505-820-6732 **National Coalition for Cancer Survivorship** www.canceradvocacy.org; 1-877-NCCS-YES **NeedyMeds** www.needymeds.org; 1-800-503-6897 **Research Advocacy Network** www.researchadvocacy.org; 1-877-276-2187

Vital Options International & The Group Room<sup>®</sup> www.vitaloptions.org; 1-800-477-7666

### **Continuing Education Credits**

**Social Workers:** This program is approved for 1.0 Contact Hour to social workers upon verification of completion. The University of Texas MD Anderson Cancer Center is an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607.

**Dietitians:** This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU). Any questions about Professional Continuing Education Credits should be directed to: **connect@cancercare.org.** 



Living with Multiple Myeloma

**A Two-Part Series** 

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**CANCERCARE** 

Thursdays 4:30 - 5:30 PM Eastern Time

June 12, 2014 June 26, 2014

A free Cancer*Care* Connect Education Workshop<sup>™</sup> for people living with multiple myeloma, their families, friends and health care professionals

You can listen to these workshops over the telephone or connect to our webcast online.



1-800-813-HOPE (4673) www.cancercare.org connect@cancercare.org

# **CANCERCARE CONNECT EDUCATION WORKSHOP™**

# **REGISTRATION FORM**

# Living with Multiple Myeloma

A Two-Part Series

NAME
ADDRESS
CITY
STATE ZIP
PHONE*
*Please list the phone number where you can be reached on the day of the workshop.
EMAIL
NUMBER OF PARTICIPANTS
Check workshop(s) you would like to attend:
6/126/26
ARE YOU A HEALTH CARE PROFESSIONAL?
YES NO
Mail this registration form to:

Carolyn Messner, DSW, MSW, OSW-C Director of Education and Training Cancer*Care®* 275 Seventh Avenue New York, NY 10001

OR

Register online at www.cancercare.org/connect



1-800-813-HOPE (4673) www.cancercare.org connect@cancercare.org

# What is a CancerCare Connect Education Workshop<sup>™</sup>?

Cancer*Care's* Connect Workshops are free and a way for people to learn about cancer-related issues from the convenience of their home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

#### How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

#### How do I register?

There are three ways to register:

- Mail this registration form to CancerCare®
- Call **1-800-813-HOPE (4673)**
- Register online at

#### www.cancercare.org/connect

After you have registered, you will receive additional information.

## Missed a CancerCare Connect Workshop?

A listing of featured programs is available by calling **1-888-337-7533**, 24 hours a day, 7 days a week. You can also listen to previous workshops on the Cancer*Care* web site. Just log on to **www.cancercare.org/podcasts.** 

This activity was made possible by Millennium: The Takeda Oncology Company; and an educational donation provided by Amgen.

# Workshop Schedule

Thursday, June 12, 2014 4:30 - 5:30 PM Eastern Time

#### Part I

# Progress in the Treatment of Multiple Myeloma

## **Workshop Topics**

- Overview of Multiple Myeloma, including Current Standard of Care
- New Treatment Approaches
- The Role of Clinical Trials
- How Clinical Trials Contribute to Treatment Options
- Practical Tips for Side Effect and Pain Management, including Neuropathy
- Bone Health for People with Multiple
  Myeloma
- Communicating with Your Health Care Team
- Questions for Our Panel of Experts

# **Speakers**

#### William Bensinger, MD

Professor of Medicine and Oncology University of Washington School of Medicine Director, Autologous Bone Marrow Transplant Program Seattle Cancer Care Alliance Member, Clinical Research Division Fred Hutchinson Cancer Research Center

#### Noopur Raje, MD

Associate Professor, Department of Medicine Harvard Medical School Director, Center for Multiple Myeloma Division of Hematology and Oncology Massachusetts General Hospital

#### Sarah Kelly, MSW

Coordinator for Older Adult Services CancerCare

# **Workshop Schedule**

Thursday, June 26, 2014 4:30 - 5:30 PM Eastern Time

Part II

# Coping with the Stresses of Caregiving When Your Loved One Has Multiple Myeloma

## **Workshop Topics**

- Taking on the Role of Caregiving: Your Important Role in Decision Making
- Caring for Your Loved One with Multiple Myeloma
- Challenges in Communicating with the Health Care Team
- Coping With Each Day, On Special Occasions and Birthdays
- Managing Family and Friends
- Long Distance Caregiving
- Self Care Tips for Managing Stress
- Questions for Our Panel of Experts

# **Speakers**

#### Noopur Raje, MD

Associate Professor, Department of Medicine Harvard Medical School Director, Center for Multiple Myeloma Division of Hematology and Oncology Massachusetts General Hospital

#### Margaret Bevans, RN, PhD, AOCN®

CDR, United States Public Health Service Clinical Nurse Scientist Program Director, Scientific Resources Nursing Research and Translational Science Nursing Department National Institutes of Health Clinical Center

### Carly Mesavitz, MSW, OSW-C

Coordinator of Caregiver Services Cancer*Care*