Drugs don’t work in patients who don’t take them.
— C. Everett Koop, MD
Former US Surgeon General

CML researchers are discovering new drugs to treat CML that can be taken by mouth, at home, work or in the community. This has reduced the amount of time spent in doctors’ offices. CML patients have now become active participants in their care. They have to remember to take their pills on schedule.

What is Adherence?
Adherence to a medication schedule is defined as the extent to which patients take their pills as prescribed by their medical team. The full benefit of many effective treatments is achieved only if people follow the prescribed schedule as closely as possible.

How will this Connect Workshop Series Help You?
This four-part series will:
• Identify barriers in sticking to a treatment schedule
• Recommend strategies and tips to overcome these barriers and
• Offer suggestions to enlist caregivers to help improve adherence
**Workshop Schedule**

**Part I**

**Progress in the Treatment of CML**
**April 10, 2013**

- Michael J. Mauro, MD
  Associate Professor
  Center for Hematologic Malignancies
  Knight Cancer Institute at Oregon Health and Science University

- Eric J. Feldman, MD
  Director of Hematological Malignancies at Weill Cornell
  Attending Physician, New York-Presbyterian Hospital
  Professor of Medicine, Weill Cornell Medical College

- Richard Dickens, MSW
  Clinical Supervisor
  Mind/Body Project Coordinator
  CancerCare

**Part II**

**April 24, 2013**

- Ruben A. Mesa, MD, FACP
  Consultant Hematologist, Mayo Clinic in Arizona
  Chair, Division of Hematology and Medical Oncology
  Deputy Director, Mayo Clinic Cancer Center
  Professor of Medicine

- Lisa A. Thompson, PharmD, BCOP
  Assistant Professor, Department of Clinical Pharmacy
  University of Colorado Skaggs School of Pharmacy and Pharmaceutical Sciences

- Guadalupe R. Palos, RN, MSW, DrPH
  Clinical Research Manager
  Division of Medical Affairs
  Department of Cancer Survivorship
  The University of Texas MD Anderson Cancer Center

- Glenn Meuche, MSW
  Oncology Social Work Coordinator
  CancerCare

**Part III**

**May 22, 2013**

- Elias Jabbour, MD
  Assistant Professor, Department of Leukemia
  Division of Cancer Medicine
  The University of Texas MD Anderson Cancer Center

- Barbara A. Given, PhD, RN, FAAN
  University Distinguished Professor
  Associate Dean for Research and Doctoral Program
  College of Nursing
  Michigan State University

- Richard Dickens, MSW
  Clinical Supervisor
  Mind/Body Project Coordinator
  CancerCare

**Part IV**

**June 19, 2013**

- Jason Robert Gotlib, MD, MS
  Associate Professor of Medicine (Hematology)
  Director, Stanford MPN Center
  Stanford University School of Medicine
  Stanford Cancer Institute

- Carolyn Blasdel, FNP-BC, OCN
  Nurse Practitioner
  Knight Cancer Institute
  Oregon Health and Science University

- Sandra L. Spoelstra, PhD, RN
  Assistant Professor
  Michigan State University College of Nursing

- Glenn Meuche, MSW
  Oncology Social Work Coordinator
  CancerCare

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**Workshop Schedule**

**Wednesdays 1:30 - 2:30 PM Eastern Time**

**Part I**

**Progress in the Treatment of CML**

**Part II**

**Sharing Responsibility for Your Care**

**Part III**

**I Can’t Remember to Take My Pills on Time: Help! A Practical Guide to Follow**

**Part IV**

**When Your Loved One Has CML: How Caregivers Can Help Improve Adherence**

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**Missed a CancerCare Connect Education Workshop?**

A listing of featured programs is available by calling 1-888-337-7533, 24 hours a day, 7 days a week. You can also listen to previous workshops on the CancerCare web site. Just log on to www.cancercare.org/podcasts.

**Continuing Education Credits**

Social Workers: This program is approved for 1.0 Contact Hour to social workers upon verification of completion. The University of Texas MD Anderson Cancer Center is an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607.

Dietitians: This program has been submitted to the Commission on Dietetic Registration for one Continuing Education Unit (CPEU).

Any questions about Professional Continuing Education Credits should be directed to: connect@cancercare.org.

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