# YOUNG ADULT CANCER SURVIVORSHIP

80 CANCERCATE® A LEGACY OF HELP & HOPE

# A TWO-PART SERIES

### A CancerCare Connect® Education Workshop

This activity was made possible through an independent grant from Merck & Co., Inc. and Eisai Inc. Cancer*Care*'s application for continuing education credits for this program is supported by the Diana Napoli Fund.





# **Challenges Young Adults with Cancer Face: Coping Tips**

# PART I OF A TWO PART SERIES

# FRIDAY, DECEMBER 6, 2024 FROM 1:30 p.m. - 2:30 p.m. ET

### **SPEAKERS**

Julia Glade Bender, MD, Vice Chair for Clinical Research in the Department of Pediatrics, Member, Sarcoma Service/Rare Tumors Program, Co-Medical Director, Lisa and Scott Stuart Center for Adolescent and Young Adult Cancers, Memorial Sloan Kettering Cancer Center

Sarah Monick, MD, Hematology/Oncology Fellow, Mayo Clinic Arizona

Debra J. Wolf, JD, Senior Supervising Attorney, Legal Health, New York Legal Assistance Group (NYLAG)

Melody Griffith, MSW, OSW-C, Outpatient Adolescent and Young Adult (AYA) Oncology Social Worker, Instructor in Social Work, Mayo Clinic College of Medicine and Science, Section of Social Work, Mayo Clinic Arizona

Matthew Maroquin, Program and Community Coordinator, Stupid Cancer®

Hayley Feuchs, MSW, Young Adult Program Coordinator, Cancer Care®

#### **TOPICS:**

- Overview of Young Adults Living with Cancer, Including Delays in Diagnosis
- Where to Seek Cancer Treatment: Selecting Your Oncology Health Care Team, Including Young Adult Cancer Programs
- The Importance of Treatment Summaries
- Follow Up with Your Oncologist & Primary Care Doctor
- Managing Post Treatment Side Effects/Late Effects
- Talking with the Health Care Team About Survivorship Questions & Concerns
- Financial Concerns, Including Health Insurance Coverage, School, College & Career

- Knowing Your Rights: ADA (Americans with Disabilities Act), FMLA (Family Medical Leave Act) & Additional Legal Protections
- · Choosing Who & What to Tell Others: Disclosure
- Working During Cancer Treatment: Suggestions from the Health Care Team
- Dealing with Physical Changes Due to Cancer or Its Treatment
- Coping with Concerns About Cancer Recurrence
- Guidelines to Prepare for Telehealth/Telemedicine Appointments, Including Technology, Prepared List of Questions and Discussion of OpenNotes
- · Questions to Ask Our Panel of Experts

For more information or to register, please contact our Hopeline at 800-813-HOPE (4673) or register online at www.cancercare.org/connect

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# YOUNG ADULT CANCER SURVIVORSHIP



A TWO-PART SERIES

# **Cancer in the Workplace, Health Insurance, Finances and Returning to School**

# PART II OF A TWO PART SERIES

# FRIDAY, DECEMBER 13, 2024 FROM 1:30 p.m. - 2:30 p.m. ET

#### **SPEAKERS**

Viswatej Avutu, MD, Assistant Attending, Sarcoma Medical Oncology and Pediatric Sarcoma Service, Associate Director, Medical Oncology/Hematology Fellowship, Memorial Sloan Kettering Cancer Center, Instructor in Medicine, Weill Cornell Medical College

Kavitha Ramaswamy, MD, Assistant Attending, Pediatric Hematologic Malignancies Service, Memorial Sloan Kettering Cancer Center

Melody Griffith, MSW, OSW-C, Outpatient Adolescent and Young Adult (AYA) Oncology Social Worker, Instructor in Social Work, Mayo Clinic College of Medicine and Science, Section of Social Work, Mayo Clinic Arizona

Debra Wolf, JD, Senior Supervising Attorney, Legal Health, New York Legal Assistance Group (NYLAG)

Matthew Maroquin, Program and Community Coordinator, Stupid Cancer®

Hayley Feuchs, MSW, Young Adult Program Coordinator, Cancer Care®

Carolyn Messner, DSW, BCD, FAPOS, FAOSW, Senior Director of Education and Training, Cancer Care®

#### **TOPICS:**

- Overview of the Challenges Young Adults Living with Cancer Face
- Talking with the Health Care Team About Survivorship Questions & Concerns
- · Choosing Who & What to Tell Others: Disclosure
- School: Deciding How to Deal with Financing Education – Community College, Technical Training, College, Graduate School – Scholarships
- Financial Concerns, Including Health Insurance, School, College & Career
- Knowing Your Rights: ADA (Americans with Disabilities Act), FMLA (Family Medical Leave Act) & Additional Legal Protections

- Working During Cancer Treatment: Suggestions from the Health Care Team
- Dealing with Physical Changes Due to Cancer or Its Treatment
- Short & Long-Term Follow-Up for Young Adult Cancer Survivors: Young Adult Follow-Up Clinic
- · Coping with Fear of Cancer Recurrence
- Guidelines to Prepare for Telehealth/Telemedicine Appointments, Including Technology, Prepared List of Questions, Quality-of-Life Concerns & Discussion of OpenNotes
- Questions to Ask Our Panel of Experts



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# What is a CancerCare Connect® **Education Workshop?**

Cancer Care Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

#### How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

#### How do I register?

There are two ways to register:

- Call 800-813-HOPE (4673)
- Register online at

www.cancercare.org/connect

After you have registered, you will receive additional information.

## Missed a CancerCare Connect® **Education Workshop?**

You can listen to previous workshops on the CancerCare website. Just log on to www.cancercare.org/podcasts.

#### **Continuing Education Credits (Live Only)**

Social Workers: This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc.is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour.

Registered Dietitians: This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to connect@cancercare. org after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

CancerCare is pleased to collaborate with these organizations

Stupid Cancer®

www.stupidcancer.org; 1-212-619-1040

**Advanced Practitioner Society for Hematology and Oncology** 

www.apsho.org

American Cancer Society www.cancer.org; 1-800-227-2345 American Psychosocial Oncology Society

www.apos-society.org

**American Society of Clinical Oncology** 

Association for Molecular Pathology (AMP)

outreach.amp.org; 1-301-634-7939
Association of Clinicians for the Underserved

www.clinicians.org; 1-844-422 **Association of Oncology Social Work** 

www.aosw.org; 1-847-6

**Black Women's Health Imperative** 

www.bwhi.org; 1-202-548-4000

Cancer Legal Resource Center (CLRC) www.thedrlc.org/cancer/; (866) THE-CLRC (843-2572)

**Cancer Patient Education Network** 

www.cancerpatienteducation.org **Cancer Support Community** 

www.cancersupportcommunity.org; 1-888-793-9355

Caregiver Action Network

www.caregiveraction.org **Intercultural Cancer Council** 

www.interculturalcancercouncil.org

Joe's House – A Lodging Guide for Cancer Patients www.joeshouse.org; 1-877-563-7468

**Latinas Contra Cancer** 

www.latinascontracancer.org; 1-408-280-0811

The LGBT Cancer Project

**LIVESTRONG** Foundation

www.livestrong.org; 1-855-220-7777

**Multinational Association of Supportive Care in Cancer** 

www.mascc.org

**National Association of Social Workers** 

www.socialworkers.org; 1-202-408-8600
National Center for Frontier Communities

www.frontierus.org; 1-575-534-0101

Www.indition for Cancer Survivorship

www.canceradvocacy.org; 1-877-NCCS-YES (1-877-622-7937)

National Comprehensive Cancer Network® (NCCN®) –

NCCN Guidelines for Patients®

www.nccn.org/patients

NeedyMeds

www.needymeds.org; 1-800-503-6897

**Prevent Cancer Foundation®** 

www.preventcancer.org; 1-800-227-2732

Redes en Acción: The National Latino Cancer

Research Network at UT Health San Antonio

www.redesenaccion.com; 1-210-562-6500

**Research Advocacy Network** 

www.researchadvocacy.org; 1-877-276-2187
Scott Hamilton CARES Foundation

www.scottcares.org **Triage Cancer** 

www.triagecancer.org; 1-424-258-4628

Vital Options International

www.vitaloptions.org

#### **About Us**

Founded in 1944, Cancer Care is the leading national organization providing free support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include resource navigation, counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by master's-prepared oncology social workers and world-leading cancer experts.

To learn more, visit www.cancercare.org or call 800-813-HOPE (4673).

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