

# LIVING WITH BLADDER CANCER

## A TWO-PART SERIES



### A CancerCare Connect® Education Workshop

This activity is supported by an educational grant from Janssen Biotech, Inc., administered by Janssen Scientific Affairs, LLC. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.

Register  
Today!



## Bladder Cancer: Treatment Updates PART I OF A TWO PART SERIES

WEDNESDAY, NOVEMBER 6, 2024 FROM 1:30 p.m. - 2:30 p.m. ET

### SPEAKERS

**Amanda Nizam, MD**, Associate Staff, Genitourinary Medical Oncology, Cleveland Clinic Taussig Cancer Institute

**Arnab Basu MD, MPH, FACP**, Assistant Professor, O'Neal Comprehensive Cancer Center, Chief, Genitourinary Oncology, Division of Hematology/Oncology, Chair, Genitourinary Oncology Working Group

**Diana L. Bearden, MS, RD, CSO, LD, CNSC**, Oncology Dietitian, Michael E. DeBakey VA Medical Center

**Patricia Rios, MBA, MPH**, Senior Education & Advocacy Manager, Bladder Cancer Advocacy Network

**Carolyn Messner, DSW, BCD, FAPOS, FAOSW**, Senior Director of Education and Training, CancerCare

### TOPICS:

- Overview of Bladder Cancer, Including Staging and Grading
- Standard of Care
- New Treatment Approaches
- Update on Clinical Trials
- The Role of Diagnostic Technologies, Genomics & Precision Medicine
- Targeted Treatments: Predicting Response to Treatment
- The Emerging Role of Immunotherapy
- Communicating with Your Health Care Team About Quality-of-Life Concerns
- Follow-Up Care Appointments & Plans
- Guidelines to Prepare for Telehealth/Telemedicine Appointments, Including Technology, Prepared List of Questions & Discussion of OpenNotes
- Nutrition & Hydration Concerns/Tips
- Questions for Our Panel of Experts

For more information or to register, please contact our Hopeline at 800-813-HOPE (4673)  
or register online at [www.cancercare.org/connect](http://www.cancercare.org/connect)

Facebook: [facebook.com/cancercare](https://facebook.com/cancercare) | Instagram: @CancerCareUS | Twitter: @CancerCare

# LIVING WITH BLADDER CANCER

## A TWO-PART SERIES



### For Caregivers: Practical Tips to Cope with a Loved One's Bladder Cancer

#### PART II OF A TWO PART SERIES

**WEDNESDAY, NOVEMBER 20, 2024 FROM 1:30 p.m. - 2:30 p.m. ET**

#### SPEAKERS

**Yue Jiang, PA-C**, Genitourinary Medical Oncology, The University of Texas MD Anderson Cancer Center

**Guadalupe R. Palos, DrPH, MSW, RN**, Former Clinical Protocol Administration Manager, Office of Cancer Survivorship, The University of Texas MD Anderson Cancer Center, Author and Researcher in Caregiving, Health Care Disparities & Survivorship

**Patricia Rios, MBA, MPH**, Senior Education & Advocacy Manager, Bladder Cancer Advocacy Network

**Dina Smith, MSW**, Caregiver Program Coordinator, CancerCare

**Carolyn Messner, DSW, BCD, FAPOS, FAOSW**, Senior Director of Education and Training, CancerCare

#### TOPICS:

- Updates on Bladder Cancer
- The Important Role of the Caregiver in Communicating with the Health Care Team
- Helping to Manage Your Loved One's Treatment, Including Adherence and Follow-Up Care
- Stresses, Challenges & Rewards of Caregiving
- Managing Family, Friends, Partners & Traditions
- Coping with Holidays, Birthdays, Anniversaries & Special Occasions
- Long-Distance Caregivers
- Remembering to Take Care of Yourself
- The Increasing Role of Telehealth/Telemedicine Appointments
- Self-Care & Stress Management Tips
- Questions for Our Panel of Experts



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## What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

### How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

### How do I register?

There are two ways to register:

- Call **800-813-HOPE (4673)**
- Register online at [www.cancercare.org/connect](http://www.cancercare.org/connect)

After you have registered, you will receive additional information.

## Missed a CancerCare Connect® Education Workshop?

You can listen to previous workshops on the CancerCare website. Just log on to [www.cancercare.org/podcasts](http://www.cancercare.org/podcasts).

## Continuing Education Credits (Live Only)

**Social Workers:** This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour.

**Registered Dietitians:** This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

**To request continuing education paperwork, please email your name, profession, and address to [connect@cancercare.org](mailto:connect@cancercare.org) after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.**

## About Us

Founded in 1944, CancerCare is the leading national organization providing free support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include resource navigation, counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by master's-prepared oncology social workers and world-leading cancer experts.

To learn more, visit [www.cancercare.org](http://www.cancercare.org) or call **800-813-HOPE (4673)**.

CancerCare is pleased to collaborate with these organizations:

**Bladder Cancer Advocacy Network**  
[www.bcan.org](http://www.bcan.org); 1-888-901-BCAN

**Advanced Practitioner Society for Hematology and Oncology (APSHO)**

[www.apsho.org](http://www.apsho.org)

**American Cancer Society**  
[www.cancer.org](http://www.cancer.org); 1-800-227-2345

**American Psychosocial Oncology Society**  
[www.apos-society.org](http://www.apos-society.org)

**American Society of Clinical Oncology**  
[www.asco.org](http://www.asco.org)

**Association of Clinicians for the Underserved**  
[www.clinicians.org](http://www.clinicians.org); 1-844-422-8247

**Association for Molecular Pathology (AMP)**  
[outreach.amp.org](http://outreach.amp.org); 1-301-634-7939

**Association of Oncology Social Work**  
[www.aosw.org](http://www.aosw.org); 1-847-686-2233

**Black Women's Health Imperative**  
[www.bwhi.org](http://www.bwhi.org); 1-202-548-4000

**Cancer Legal Resource Center (CLRC)**  
[www.thedrlc.org/cancer/](http://www.thedrlc.org/cancer/); (866) THE-CLRC (843-2572)

**Cancer Patient Education Network**  
[www.cancerpatienteducation.org](http://www.cancerpatienteducation.org)

**Cancer Support Community**  
[www.cancersupportcommunity.org](http://www.cancersupportcommunity.org); 1-888-793-9355

**Caregiver Action Network**  
[www.caregiveraction.org](http://www.caregiveraction.org)

**Intercultural Cancer Council**  
[www.interculturalcancercouncil.org](http://www.interculturalcancercouncil.org)

**Joe's House – A Lodging Guide for Cancer Patients**  
[www.joeshouse.org](http://www.joeshouse.org); 1-877-563-7468

**Latinas Contra Cancer**  
[www.latinascontracancer.org](http://www.latinascontracancer.org); 1-408-280-0811

**The LGBT Cancer Project**  
[www.lgbtcancer.org](http://www.lgbtcancer.org)

**LIVESTRONG Foundation**  
[www.livestrong.org](http://www.livestrong.org); 1-855-220-7777

**Multinational Association of Supportive Care in Cancer**  
[www.mascc.org](http://www.mascc.org)

**National Alliance for Caregiving**  
[www.caregiving.org](http://www.caregiving.org)

**National Association of Social Workers**  
[www.socialworkers.org](http://www.socialworkers.org); 1-202-408-8600

**National Center for Frontier Communities**  
[www.frontierus.org](http://www.frontierus.org); 1-575-534-0101

**National Coalition for Cancer Survivorship**  
[www.canceradvocacy.org](http://www.canceradvocacy.org); 1-877-NCCS-YES (1-877-622-7937)

**National Comprehensive Cancer Network® (NCCN®) – NCCN Guidelines for Patients®**

[www.nccn.org/patients](http://www.nccn.org/patients)

**NeedyMeds**  
[www.needy meds.org](http://www.needy meds.org); 1-800-503-6897

**Prevent Cancer Foundation®**  
[www.preventcancer.org](http://www.preventcancer.org); 1-800-227-2732

**Redes en Acción: The National Latino Cancer Research Network at UT Health San Antonio**

[www.redesenaccion.com](http://www.redesenaccion.com); 1-210-562-6500

**Research Advocacy Network**  
[www.researchadvocacy.org](http://www.researchadvocacy.org); 1-877-276-2187

**Scott Hamilton CARES Foundation**  
[www.scottcares.org](http://www.scottcares.org)

**Triage Cancer**  
[www.triagecancer.org](http://www.triagecancer.org); 1-424-258-4628

**Vital Options International**

[www.vitaloptions.org](http://www.vitaloptions.org)

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