

# LIVING WITH METASTATIC PROSTATE CANCER

## A TWO-PART SERIES



### A CancerCare Connect® Education Workshop

This activity is supported by an educational grant from Janssen Biotech, Inc., administered by Janssen Scientific Affairs, LLC. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.

Register Today!



## Metastatic Prostate Cancer: Current Treatment Advances

### PART I OF A TWO PART SERIES

**TUESDAY, OCTOBER 29, 2024 FROM 1:30 p.m. - 2:30 p.m. ET**

### SPEAKERS

**Susan Slovin, MD, PhD**, Attending Physician, Genitourinary Oncology Service, Sidney Kimmel Center for Prostate and Urologic Diseases, Memorial Sloan Kettering Cancer Center, Professor of Medicine, Department of Medicine, Weill College of Cornell University

**Daniel Gorovets, MD**, Assistant Attending Radiation Oncologist, Memorial Sloan Kettering Cancer Center

**Elizabeth K. O'Donnell, MD**, Clinical Director of Early Detection and Prevention of Cancer, Dana-Farber Cancer Institute, Assistant Professor of Medicine, Harvard Medical School

**Carolyn Messner, DSW, BCD, FAPOS, FAOSW**, Senior Director of Education and Training, CancerCare

### TOPICS:

- Overview of the Treatment of Metastatic Prostate Cancer
- Advances In the Treatment of Metastatic Prostate Cancer
- Updates on the Treatment & Care of Bone Metastases
- The Role of Chemotherapy, Radiation Oncology & Targeted Treatments
- How Clinical Trials Contribute to Your Treatment Options
- The Role of Precision Medicine
- Tips to Manage Side Effects, Discomfort & Pain
- The Role of Physical Activity
- The Role of Telehealth/Telemedicine Appointments
- Guidelines to Prepare for Telehealth/Telemedicine Appointments with Your Health Care Team, Including Technology, Prepared List of Questions & Discussion of OpenNotes
- Quality-of-Life Concerns
- Questions for Our Panel of Experts

**For more information or to register, please contact our Hopeline at 800-813-HOPE (4673) or register online at [www.cancercare.org/connect](http://www.cancercare.org/connect)**

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# LIVING WITH METASTATIC PROSTATE CANCER

## A TWO-PART SERIES



### For Caregivers: Coping with Your Loved One's Metastatic Prostate Cancer

#### PART II OF A TWO PART SERIES

**TUESDAY, NOVEMBER 12, 2024 FROM 1:30 p.m. - 2:30 p.m. ET**

#### SPEAKERS

**Susan Slovin, MD, PhD**, Attending Physician, Genitourinary Oncology Service, Sidney Kimmel Center for Prostate and Urologic Diseases, Memorial Sloan Kettering Cancer Center, Professor of Medicine, Department of Medicine, Weill College of Cornell University

**Andrew J. Roth, MD**, Emeritus, Attending Psychiatry, Memorial Hospital for Cancer and Allied Diseases, Department of Psychiatry & Behavioral Sciences, Professor Emeritus of Clinical Psychiatry, Weill Cornell Medical College

**Neena Kapoor-Hintzen, MSN, ANP-C**, Supportive Care Nurse Practitioner, Advanced Practice Provider Manager, Supportive Care, Geriatric Oncology and Integrative Medicine, Memorial Sloan Kettering Cancer Center

**Guadalupe R. Palos, DrPH, MSW, RN**, Former Clinical Protocol Administration Manager, Office of Cancer Survivorship, The University of Texas MD Anderson Cancer Center, Author and Researcher in Caregiving, Health Care Disparities & Survivorship

**Dina Smith, MSW**, Caregiver Program Coordinator, CancerCare

#### TOPICS:

- Caring for Your Loved One with Metastatic Prostate Cancer
- Tips on Working with the Health Care Team to Manage Your Loved One's Pain, Neuropathy & Discomfort
- The Important Role of the Caregiver with the Health Care Team
- Deciding to Become a Caregiver
- The Unique Stresses and Rewards of Caregiving
- The Long-Distance Caregiver
- Managing Family, Friends, Partners & Traditions
- Guidelines to Prepare for Telehealth/Telemedicine Appointments, Including Technology, Prepared List of Questions, Follow-Up Care & Discussion of OpenNotes
- Key Questions to Ask Your Health Care Team About Quality-of-Life Concerns
- Self-Care & Stress Management Suggestions & Tips to Promote Caregiver Resilience
- Questions for Our Panel of Experts

**Register Today!**



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## What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

### How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

### How do I register?

There are two ways to register:

- Call **800-813-HOPE (4673)**
- Register online at [www.cancercare.org/connect](http://www.cancercare.org/connect)

After you have registered, you will receive additional information.

## Missed a CancerCare Connect® Education Workshop?

You can listen to previous workshops on the CancerCare website. Just log on to [www.cancercare.org/podcasts](http://www.cancercare.org/podcasts).

## Continuing Education Credits (Live Only)

**Social Workers:** This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc. is recognized by the New York State Education Department's State Board of Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour.

**Registered Dietitians:** This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

**To request continuing education paperwork, please email your name, profession, and address to [connect@cancercare.org](mailto:connect@cancercare.org) after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.**

## About Us

Founded in 1944, CancerCare is the leading national organization providing free support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include resource navigation, counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by master's-prepared oncology social workers and world-leading cancer experts.

To learn more, visit [www.cancercare.org](http://www.cancercare.org) or call **800-813-HOPE (4673)**.

CancerCare is pleased to collaborate with these organizations:

**Advanced Practitioner Society for Hematology and Oncology (APSHO)**  
[www.apsho.org](http://www.apsho.org)

**American Cancer Society**  
[www.cancer.org](http://www.cancer.org); 1-800-227-2345

**American Psychosocial Oncology Society**  
[www.apos-society.org](http://www.apos-society.org)

**American Society of Clinical Oncology**  
[www.asco.org](http://www.asco.org)

**Association for Molecular Pathology (AMP)**  
[outreach.amp.org](http://outreach.amp.org); 1-301-634-7939

**Association of Clinicians for the Underserved**  
[www.clinicians.org](http://www.clinicians.org); 1-844-422-8247

**Association of Oncology Social Work**  
[www.aosw.org](http://www.aosw.org); 1-847-686-2233

**Black Women's Health Imperative**  
[www.bwhi.org](http://www.bwhi.org); 1-202-548-4000

**Cancer Legal Resource Center (CLRC)**  
[www.thedrlc.org/cancer/](http://www.thedrlc.org/cancer/); (866) THE-CLRC (843-2572)

**Cancer Patient Education Network**  
[www.cancerpatienteducation.org](http://www.cancerpatienteducation.org)

**Cancer Support Community**  
[www.cancersupportcommunity.org](http://www.cancersupportcommunity.org); 1-888-793-9355

**Caregiver Action Network**  
[www.caregiveraction.org](http://www.caregiveraction.org)

**Intercultural Cancer Council**  
[www.interculturalcancercouncil.org](http://www.interculturalcancercouncil.org)

**Joe's House – A Lodging Guide for Cancer Patients**  
[www.joeshouse.org](http://www.joeshouse.org); 1-877-563-7468

**Latinas Contra Cancer**  
[www.latinascontracancer.org](http://www.latinascontracancer.org); 1-408-280-0811

**The LGBT Cancer Project**  
[www.lgbtcancer.org](http://www.lgbtcancer.org)

**LIVESTRONG Foundation**  
[www.livestrong.org](http://www.livestrong.org); 1-855-220-7777

**Multinational Association of Supportive Care in Cancer**  
[www.mascc.org](http://www.mascc.org)

**National Alliance for Caregiving**  
[www.caregiving.org](http://www.caregiving.org)

**National Alliance of State Prostate Cancer Coalitions**  
[www.naspc.org](http://www.naspc.org); 1-877-NASPC-8 (1-877-627-7228)

**National Association of Social Workers**  
[www.socialworkers.org](http://www.socialworkers.org); 1-202-408-8600

**National Center for Frontier Communities**  
[www.frontierus.org](http://www.frontierus.org); 1-575-534-0101

**National Coalition for Cancer Survivorship**  
[www.canceradvocacy.org](http://www.canceradvocacy.org); 1-877-NCCS-YES (1-877-622-7937)

**National Comprehensive Cancer Network® (NCCN®) – NCCN Guidelines for Patients®**  
[www.nccn.org/patients](http://www.nccn.org/patients)

**NeedyMeds**  
[www.needymeds.org](http://www.needymeds.org); 1-800-503-6897

**Prevent Cancer Foundation®**  
[www.preventcancer.org](http://www.preventcancer.org); 1-800-227-2732

**Prostate Cancer Foundation**  
[www.pcf.org](http://www.pcf.org); 1-800-757-CURE (2873)

**The Prostate Net**  
[www.theprostatenet.org](http://www.theprostatenet.org)

**Redes en Acción: The National Latino Cancer Research Network at UT Health San Antonio**  
[www.redesenaccion.com](http://www.redesenaccion.com); 1-210-562-6500

**Research Advocacy Network**  
[www.researchadvocacy.org](http://www.researchadvocacy.org); 1-877-276-2187

**Scott Hamilton CARES Foundation**  
[www.scottcares.org](http://www.scottcares.org)

**Triage Cancer**  
[www.triagecancer.org](http://www.triagecancer.org); 1-424-258-4628

**Vital Options International**  
[www.vitaloptions.org](http://www.vitaloptions.org)

**ZERO Prostate Cancer**  
[www.zerocancer.org](http://www.zerocancer.org); 1-202-463-9455

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