

LIVING WITH METASTATIC TRIPLE NEGATIVE BREAST CANCER

A TWO-PART SERIES



A CancerCare Connect® Education Workshop

This program is made possible by the Triple Negative Breast Cancer Foundation®, an independent grant from Merck & Co., Inc. and a grant from Genentech. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.

Register
Today!



Metastatic Triple Negative Breast Cancer: Strategies to Cope

PART I OF A TWO PART SERIES

WEDNESDAY, OCTOBER 23, 2024 FROM 1:30 p.m. - 2:30 p.m. ET

SPEAKERS

Kate Lathrop, MD, Associate Professor, Division of Hematology and Oncology, UT Health San Antonio, Breast Medical Oncology, Mays Cancer Center at UT Health San Antonio, Assistant Dean of Undergraduate Research, Long School of Medicine, UT Health San Antonio, Program Director, Medical Oncology and Hematology Fellowship Program, UT Health San Antonio Program Director, San Antonio Breast Cancer Symposium (SABCS)

Kamel Abou Hussein, MD, Assistant Professor of Medicine, Cooper Medical School of Rowan University, Adjunct Assistant Professor, Department of Breast Medical Oncology, MD Anderson Cancer Center, Co-Director of the Janet Knowles Breast Cancer Program, Director of Breast Cancer Clinical Trials, MD Anderson Cancer Center at Cooper

Hayley Dinerman, JD, Co-Founder and Executive Director, Triple Negative Breast Cancer Foundation®

Cassie Spector, MSW, Breast and Gynecological Cancers Program Coordinator, CancerCare

Carolyn Messner, DSW, BCD, FAPOS, FAOSW, Senior Director of Education and Training, CancerCare

TOPICS:

- Updates on the Treatment of Metastatic Triple Negative Breast Cancer
- Novel Treatment Therapies
- Clinical Trial Updates
- How Research Offers Additional Treatment Options
- Biomarkers, Diagnostic Testing & Genomics: Why They Are So Important
- The Role of Precision Medicine in Improving Treatment Decisions
- Sequencing of Treatments
- Tips to Prevent & Manage Treatment Side Effects, Symptoms, Discomfort & Pain
- Guidelines to Prepare for Telehealth/Telemedicine Appointments, Including Technology, Prepared List of Questions & Discussion of OpenNotes
- Key Questions to Ask Your Health Care Team, Including Lifestyle & Quality-of-Life Concerns
- Practical Strategies to Cope with Metastatic Triple Negative Breast Cancer
- How to Find the Financial, Emotional & Social Supports to Cope
- Questions for Our Panel of Experts

For more information or to register, please contact our Hopeline at 800-813-HOPE (4673) or register online at www.cancercare.org/connect

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LIVING WITH METASTATIC TRIPLE NEGATIVE BREAST CANCER

A TWO-PART SERIES



For Caregivers: Coping with the Stresses of Caregiving When Your Loved One Has Triple Negative Breast Cancer

PART II OF A TWO PART SERIES

WEDNESDAY, NOVEMBER 13, 2024 FROM 1:30 p.m. - 2:30 p.m. ET

SPEAKERS

Marcela Mazo Canola MD, Assistant Professor of Medicine, Division of Hematology – Oncology, Breast Medical Oncology, UT Health San Antonio Mays Cancer Center

Guadalupe R. Palos, DrPH, MSW, RN, Former Clinical Protocol Administration Manager, Office of Cancer Survivorship, The University of Texas MD Anderson Cancer Center, Author and Researcher in Caregiving, Health Care Disparities & Survivorship

Neena Kapoor-Hintzen, MSN, ANP-C, Supportive Care Nurse Practitioner, Advanced Practice Provider Manager, Supportive Care, Geriatric Oncology, and Integrative Medicine, Memorial Sloan Kettering Cancer Center

Stewart B. Fleishman, MD, Former Founding Director, Cancer Support Services, Continuum Cancer Centers of New York, now part of the Mt. Sinai Health System, Author, Researcher in Oncology

Hayley Dinerman, JD, Co-Founder and Executive Director, Triple Negative Breast Cancer Foundation®

Cassie Spector, MSW, Breast and Gynecological Cancers Program Coordinator, CancerCare

Carolyn Messner, DSW, BCD, FAPOS, FAOSW, Senior Director of Education and Training, CancerCare

TOPICS:

- Overview of Metastatic Triple Negative Breast Cancer
- The Important Role of the Caregiver in Communicating with the Health Care Team
- Your Important Role in Decision Making
- Taking on the Role of Caregiving
- What Research Tells Us about Caregivers
- Caregiving for Your Loved One with Metastatic Triple Negative Breast Cancer
- Challenges in Communicating with the Health Care Team
- Guidelines to Prepare for Telehealth/Telemedicine Appointment about Prepared List of Questions, Quality-of-Life Concerns, Discussion of OpenNotes & Follow-Up Appointments
- Coping with Each Day, On Special Occasions, Holidays & Birthdays
- Managing Family and Friends
- Long Distance Caregiving
- Self-Care & Stress Management Recommendations to Manage the Stress of Caregiving
- Questions for Our Panel of Experts

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What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

How do I register?

There are two ways to register:

- Call **800-813-HOPE (4673)**
- Register online at www.cancercare.org/connect

After you have registered, you will receive additional information.

Missed a CancerCare Connect® Education Workshop?

You can listen to previous workshops on the CancerCare website. Just log on to www.cancercare.org/podcasts.

Continuing Education Credits (Live Only)

Social Workers: This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour.

Registered Dietitians: This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to connect@cancercare.org after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

About Us

Founded in 1944, CancerCare is the leading national organization providing free support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include resource navigation, counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by master's-prepared oncology social workers and world-leading cancer experts.

To learn more, visit www.cancercare.org or call **800-813-HOPE (4673)**.

CancerCare is pleased to collaborate with these organizations:

Triple Negative Breast Cancer Foundation
www.tnbcfoundation.org; 1-877-880-TNBC (8622)

Advanced Practitioner Society for Hematology and Oncology (APSHO)

www.apsho.org

American Cancer Society
www.cancer.org; 1-800-227-2345

American Psychosocial Oncology Society

www.apos-society.org

American Society of Clinical Oncology

www.asco.org

Association for Molecular Pathology (AMP)

outreach.amp.org; 1-301-634-7939

Association of Clinicians for the Underserved

www.clinicians.org; 1-844-422-8247

Association of Oncology Social Work

www.aosw.org; 1-847-686-2233

Black Women's Health Imperative

www.bwhi.org; 1-202-548-4000

BreastCancerTrials.org

www.breastcancertrials.org; 1-415-476-5777

Cancer Legal Resource Center (CLRC)

www.thedric.org/cancer/; (866) THE-CLRC (843-2572)

Cancer Patient Education Network

www.cancerpatienteducation.org

Cancer Support Community

www.cancersupportcommunity.org; 1-888-793-9355

Caregiver Action Network

www.caregiveraction.org

Intercultural Cancer Council

www.interculturalcancerCouncil.org

Joe's House – A Lodging Guide for Cancer Patients

www.joeshouse.org; 1-877-563-7468

Latinas Contra Cancer

www.latinascontracancer.org; 1-408-280-0811

The LGBT Cancer Project

www.lgbtcancer.org

LIVESTRONG Foundation

www.livestrong.org; 1-855-220-7777

Living Beyond Breast Cancer

www.lbbc.org; 1-855-807-6386

Multinational Association of Supportive Care in Cancer

www.mascc.org

National Alliance for Caregiving

www.caregiving.org

National Association of Social Workers

www.socialworkers.org; 1-202-408-8600

National Center for Frontier Communities

www.frontierus.org; 1-575-534-0101

National Coalition for Cancer Survivorship

www.canceradvocacy.org; 1-877-NCCS-YES (1-877-622-7937)

National Comprehensive Cancer Network® (NCCN®) –

NCCN Guidelines for Patients®

www.nccn.org/patients

The National Witness Project, Inc.

www.nationalwitnessproject.org; 1-718-845-1394

NeedyMeds

www.needymeds.org; 1-800-503-6897

Prevent Cancer Foundation®

www.preventcancer.org; 1-800-227-2732

Redes en Acción: The National Latino Cancer

Research Network at UT Health San Antonio

www.redesenaccion.com; 1-210-562-6500

Research Advocacy Network

www.researchadvocacy.org; 1-877-276-2187

Scott Hamilton CARES Foundation

www.scottcares.org

SHARE Cancer Support

www.sharecancersupport.org; 1-844-ASK-SHARE

Sharsheret: The Jewish Breast & Ovarian Cancer Community

www.sharsheret.org; 1-866-474-2774

Sisters Network® Inc. - A National African American Breast Cancer

Survivorship Organization

www.sistersnetworkinc.org; 866.781.1808

Tigerlily Foundation

www.tigerlilyfoundation.org; 1-888-580-6253

TOUCH, The Black Breast Cancer Alliance

<https://touchbbca.org>; 443-758-1924

Triage Cancer

www.triagecancer.org; 1-424-258-4628

Young Survival Coalition

www.youngsurvival.org; 1-877-972-1011

Vital Options International

www.vitaloptions.org

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