

# LIVING WITH METASTATIC TRIPLE NEGATIVE BREAST CANCER

## A TWO-PART SERIES



### A CancerCare Connect® Education Workshop

This program is made possible by the Triple Negative Breast Cancer Foundation®. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.

Register  
Today!



## Metastatic Triple Negative Breast Cancer: Strategies to Cope

### PART I OF A TWO PART SERIES

WEDNESDAY, OCTOBER 23, 2024 FROM 1:30 p.m. - 2:30 p.m. ET

#### SPEAKERS

**Kate Lathrop, MD**, Associate Professor, Division of Hematology and Oncology, UT Health San Antonio, Breast Medical Oncology, Mays Cancer Center at UT Health San Antonio, Assistant Dean of Undergraduate Research, Long School of Medicine, UT Health San Antonio, Program Director, Medical Oncology and Hematology Fellowship Program, UT Health San Antonio Program Director, San Antonio Breast Cancer Symposium (SABCS)

**Kamel Abou Hussein, MD**, Assistant Professor of Medicine, Cooper Medical School of Rowan University, Adjunct Assistant Professor, Department of Breast Medical Oncology, MD Anderson Cancer Center, Co-Director of the Janet Knowles Breast Cancer Program, Director of Breast Cancer Clinical Trials, MD Anderson Cancer Center at Cooper

**Hayley Dinerman, JD**, Co-Founder and Executive Director, Triple Negative Breast Cancer Foundation®

**Cassie Spector, MSW**, Breast and Gynecological Cancers Program Coordinator, CancerCare

**Carolyn Messner, DSW, BCD, FAPOS, FAOSW**, Senior Director of Education and Training, CancerCare

#### TOPICS:

- Updates on the Treatment of Metastatic Triple Negative Breast Cancer
- Novel Treatment Therapies
- Clinical Trial Updates
- How Research Offers Additional Treatment Options
- Biomarkers, Diagnostic Testing & Genomics: Why They Are So Important
- The Role of Precision Medicine in Improving Treatment Decisions
- Sequencing of Treatments
- Tips to Prevent & Manage Treatment Side Effects, Symptoms, Discomfort & Pain
- Guidelines to Prepare for Telehealth/Telemedicine Appointments, Including Technology, Prepared List of Questions & Discussion of OpenNotes
- Key Questions to Ask Your Health Care Team, Including Lifestyle & Quality-of-Life Concerns
- Practical Strategies to Cope with Metastatic Triple Negative Breast Cancer
- How to Find the Financial, Emotional & Social Supports to Cope
- Questions for Our Panel of Experts

For more information or to register, please contact our Hopeline at 800-813-HOPE (4673)  
or register online at [www.cancercare.org/connect](http://www.cancercare.org/connect)

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# LIVING WITH METASTATIC TRIPLE NEGATIVE BREAST CANCER

## A TWO-PART SERIES



### For Caregivers: Coping with the Stresses of Caregiving When Your Loved One Has Triple Negative Breast Cancer

### PART II OF A TWO PART SERIES

WEDNESDAY, NOVEMBER 13, 2024 FROM 1:30 p.m. - 2:30 p.m. ET

#### SPEAKERS

**Marcela Mazo Canola MD**, Assistant Professor of Medicine, Division of Hematology – Oncology, Breast Medical Oncology, UT Health San Antonio Mays Cancer Center

**Guadalupe R. Palos, DrPH, MSW, RN**, Former Clinical Protocol Administration Manager, Office of Cancer Survivorship, The University of Texas MD Anderson Cancer Center, Author and Researcher in Caregiving, Health Care Disparities & Survivorship

**Neena Kapoor-Hintzen, MSN, ANP-C**, Supportive Care Nurse Practitioner, Advanced Practice Provider Manager, Supportive Care, Geriatric Oncology, and Integrative Medicine, Memorial Sloan Kettering Cancer Center

**Stewart B. Fleishman, MD**, Former Founding Director, Cancer Support Services, Continuum Cancer Centers of New York, now part of the Mt. Sinai Health System, Author, Researcher in Oncology

**Hayley Dinerman, JD**, Co-Founder and Executive Director, Triple Negative Breast Cancer Foundation®

**Cassie Spector, MSW**, Breast and Gynecological Cancers Program Coordinator, CancerCare

**Carolyn Messner, DSW, BCD, FAOS, FAOSW**, Senior Director of Education and Training, CancerCare

#### TOPICS:

- Overview of Metastatic Triple Negative Breast Cancer
- The Important Role of the Caregiver in Communicating with the Health Care Team
- Your Important Role in Decision Making
- Taking on the Role of Caregiving
- What Research Tells Us about Caregivers
- Caregiving for Your Loved One with Metastatic Triple Negative Breast Cancer
- Challenges in Communicating with the Health Care Team
- Guidelines to Prepare for Telehealth/Telemedicine Appointment about Prepared List of Questions, Quality-of-Life Concerns, Discussion of OpenNotes & Follow-Up Appointments
- Coping with Each Day, On Special Occasions, Holidays & Birthdays
- Managing Family and Friends
- Long Distance Caregiving
- Self-Care & Stress Management Recommendations to Manage the Stress of Caregiving
- Questions for Our Panel of Experts

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## What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

### How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

### How do I register?

There are two ways to register:

- Call **800-813-HOPE (4673)**
- Register online at [www.cancercare.org/connect](http://www.cancercare.org/connect)

After you have registered, you will receive additional information.

## Missed a CancerCare Connect® Education Workshop?

You can listen to previous workshops on the CancerCare website. Just log on to [www.cancercare.org/podcasts](http://www.cancercare.org/podcasts).

## Continuing Education Credits (Live Only)

**Social Workers:** This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour.

**Registered Dietitians:** This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

**To request continuing education paperwork, please email your name, profession, and address to [connect@cancercare.org](mailto:connect@cancercare.org) after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.**

## About Us

Founded in 1944, CancerCare is the leading national organization providing free support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include resource navigation, counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by master's-prepared oncology social workers and world-leading cancer experts.

To learn more, visit [www.cancercare.org](http://www.cancercare.org) or call **800-813-HOPE (4673)**.

CancerCare is pleased to collaborate with these organizations:

**Triple Negative Breast Cancer Foundation**  
[www.tnbcfoundation.org](http://www.tnbcfoundation.org); 1-877-880-TNBC (8622)

**Advanced Practitioner Society for Hematology and Oncology (APSHO)**

[www.aphso.org](http://www.aphso.org)

**American Cancer Society**

[www.cancer.org](http://www.cancer.org); 1-800-227-2345

**American Psychosocial Oncology Society**

[www.apos-society.org](http://www.apos-society.org)

**American Society of Clinical Oncology**

[www.asco.org](http://www.asco.org)

**Association for Molecular Pathology (AMP)**

[outreach.amp.org](http://outreach.amp.org); 1-301-634-7939

**Association of Clinicians for the Underserved**

[www.clinicians.org](http://www.clinicians.org); 1-844-422-8247

**Association of Oncology Social Work**

[www.aosw.org](http://www.aosw.org); 1-847-686-2233

**Black Women's Health Imperative**

[www.bwhi.org](http://www.bwhi.org); 1-202-548-4000

**BreastCancerTrials.org**

[www.breastcancertrials.org](http://www.breastcancertrials.org); 1-415-476-5777

**Cancer Legal Resource Center (CLRC)**

[www.thedrlc.org/cancer/](http://www.thedrlc.org/cancer/); (866) THE-CLRC (843-2572)

**Cancer Patient Education Network**

[www.cancerpatienteducation.org](http://www.cancerpatienteducation.org)

**Cancer Support Community**

[www.cancersupportcommunity.org](http://www.cancersupportcommunity.org); 1-888-793-9355

**Caregiver Action Network**

[www.caregiveraction.org](http://www.caregiveraction.org)

**Intercultural Cancer Council**

[www.interculturalcancerCouncil.org](http://www.interculturalcancerCouncil.org)

**Joe's House – A Lodging Guide for Cancer Patients**

[www.joeshouse.org](http://www.joeshouse.org); 1-877-563-7468

**Latinas Contra Cancer**

[www.latinascontracancer.org](http://www.latinascontracancer.org); 1-408-280-0811

**The LGBT Cancer Project**

[www.lgbtcancer.org](http://www.lgbtcancer.org)

**LIVESTRONG Foundation**

[www.livestrong.org](http://www.livestrong.org); 1-855-220-7777

**Living Beyond Breast Cancer**

[www.lbbc.org](http://www.lbbc.org); 1-855-807-6386

**Multinational Association of Supportive Care in Cancer**

[www.mascc.org](http://www.mascc.org)

**National Association of Social Workers**

[www.socialworkers.org](http://www.socialworkers.org); 1-202-408-8600

**National Center for Frontier Communities**

[www.frontierus.org](http://www.frontierus.org); 1-575-534-0101

**National Coalition for Cancer Survivorship**

[www.canceradvocacy.org](http://www.canceradvocacy.org); 1-877-NCCS-YES (1-877-622-7937)

**National Comprehensive Cancer Network® (NCCN®) –**

**NCCN Guidelines for Patients®**

[www.nccn.org/patients](http://www.nccn.org/patients)

**The National Witness Project, Inc.**

[www.nationalwitnessproject.org](http://www.nationalwitnessproject.org); 1-718-845-1394

**NeedyMeds**

[www.needymeds.org](http://www.needymeds.org); 1-800-503-6897

**Prevent Cancer Foundation®**

[www.preventcancer.org](http://www.preventcancer.org); 1-800-227-2732

**Redes en Acción: The National Latino Cancer**

**Research Network at UT Health San Antonio**

[www.redesenaccion.com](http://www.redesenaccion.com); 1-210-562-6500

**Research Advocacy Network**

[www.researchadvocacy.org](http://www.researchadvocacy.org); 1-877-276-2187

**Scott Hamilton CARES Foundation**

[www.scottcares.org](http://www.scottcares.org)

**SHARE Cancer Support**

[www.sharecancersupport.org](http://www.sharecancersupport.org); 1-844-ASK-SHARE

**Sharsheret: The Jewish Breast & Ovarian Cancer Community**

[www.sharsheret.org](http://www.sharsheret.org); 1-866-474-2774

**Sisters Network® Inc. - A National African American Breast Cancer**

**Survivorship Organization**

[www.sistersnetworkkinc.org](http://www.sistersnetworkkinc.org); 866.781.1808

**Tigerlily Foundation**

[www.tigerlilyfoundation.org](http://www.tigerlilyfoundation.org); 1-888-580-6253

**TOUCH, The Black Breast Cancer Alliance**

<https://touchbbca.org>; 443-758-1924

**Triage Cancer**

[www.triagecancer.org](http://www.triagecancer.org); 1-424-258-4628

**Young Survival Coalition**

[www.youngsurvival.org](http://www.youngsurvival.org); 1-877-972-1011

**Vital Options International**

[www.vitaloptions.org](http://www.vitaloptions.org)

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