# LIVING WITH METASTATIC TRIPLE NEGATIVE BREAST CANCER A TWO-PART SERIES

A CancerCare Connect<sup>®</sup> Education Workshop This program is made possible by the Triple Negative Breast Cancer Foundation<sup>®</sup>, an independent grant from Merck & Co., Inc. and a grant from Genentech. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.

Register Today!



A LEGACY OF HELP & HOPE

# Metastatic Triple Negative Breast Cancer: Strategies to Cope PART I OF A TWO PART SERIES

## WEDNESDAY, OCTOBER 23, 2024 FROM 1:30 p.m. - 2:30 p.m. ET

## **SPEAKERS**

**Jessica Treviño Jones, MD,** Breast Medical Oncologist, Mays Cancer Center, Associate Professor, Division of Hematology-Oncology, The University of Texas Health Science Center at San Antonio, Director, Cancer Risk Reduction and Education Program, UT Health San Antonio MD Anderson Cancer Center

**Kamel Abou Hussein, MD,** Assistant Professor of Medicine, Cooper Medical School of Rowan University, Adjunct Assistant Professor, Department of Breast Medical Oncology, MD Anderson Cancer Center, Co-Director of the Janet Knowles Breast Cancer Program, Director of Breast Cancer Clinical Trials, MD Anderson Cancer Center at Cooper

Hayley Dinerman, JD, Co-Founder and Executive Director, Triple Negative Breast Cancer Foundation®

Cassie Spector, MSW, Breast and Gynecological Cancers Program Coordinator, CancerCare

Carolyn Messner, DSW, BCD, FAPOS, FAOSW, Senior Director of Education and Training, CancerCare

### **TOPICS:**

- Updates on the Treatment of Metastatic Triple Negative Breast Cancer
- Novel Treatment Therapies
- Clinical Trial Updates
- How Research Offers Additional Treatment Options
- Biomarkers, Diagnostic Testing & Genomics: Why
  They Are So Important
- The Role of Precision Medicine in Improving Treatment Decisions
- Sequencing of Treatments

- Tips to Prevent & Manage Treatment Side Effects, Symptoms, Discomfort & Pain
- Guidelines to Prepare for Telehealth/Telemedicine Appointments, Including Technology, Prepared List of Questions & Discussion of OpenNotes
- Key Questions to Ask Your Health Care Team, Including Lifestyle & Quality-of-Life Concerns
- Practical Strategies to Cope with Metastatic Triple Negative Breast Cancer
- How to Find the Financial, Emotional & Social Supports to Cope
- Questions for Our Panel of Experts

#### For more information or to register, please contact our Hopeline at 800-813-HOPE (4673) or register online at www.cancercare.org/connect

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# LIVING WITH METASTATIC TRIPLE NEGATIVE BREAST CANCER A TWO-PART SERIES



## For Caregivers: Coping with the Stresses of Caregiving When Your Loved One Has Triple Negative Breast Cancer PART II OF A TWO PART SERIES

## WEDNESDAY, NOVEMBER 13, 2024 FROM 1:30 p.m. - 2:30 p.m. ET SPEAKERS

**Jessica Treviño Jones, MD,** Breast Medical Oncologist, Mays Cancer Center, Associate Professor, Division of Hematology-Oncology, The University of Texas Health Science Center at San Antonio, Director, Cancer Risk Reduction and Education Program, UT Health San Antonio MD Anderson Cancer Center

**Guadalupe R. Palos, DrPH, MSW, RN,** Former Clinical Protocol Administration Manager, Office of Cancer Survivorship, The University of Texas MD Anderson Cancer Center, Author and Researcher in Caregiving, Health Care Disparities & Survivorship

**Neena Kapoor-Hintzen, MSN, ANP-C,** Supportive Care Nurse Practitioner, Advanced Practice Provider Manager, Supportive Care, Geriatric Oncology, and Integrative Medicine, Memorial Sloan Kettering Cancer Center

**Stewart B. Fleishman, MD,** Former Founding Director, Cancer Support Services, Continuum Cancer Centers of New York, now part of the Mt. Sinai Health System, Author, Researcher in Oncology

Hayley Dinerman, JD, Co-Founder and Executive Director, Triple Negative Breast Cancer Foundation®

Cassie Spector, MSW, Breast and Gynecological Cancers Program Coordinator, CancerCare

**Carolyn Messner, DSW, BCD, FAPOS, FAOSW,** Senior Director of Education and Training, Cancer*Care* **TOPICS:** 

- Overview of Metastatic Triple Negative Breast Cancer
- The Important Role of the Caregiver in Communicating with the Health Care Team
- Your Important Role in Decision Making
- Taking on the Role of Caregiving
- What Research Tells Us about Caregivers
- Caregiving for Your Loved One with Metastatic Triple Negative Breast Cancer
- Challenges in Communicating with the Health Care Team
- Guidelines to Prepare for Telehealth/Telemedicine Appointment about Prepared List of Questions, Quality-of-Life Concerns, Discussion of OpenNotes & Follow-Up Appointments

- Coping with Each Day, On Special Occasions, Holidays & Birthdays
- Managing Family and Friends
- Long Distance Caregiving
- Self-Care & Stress Management Recommendations to Manage the Stress of Caregiving
- Questions for Our Panel of Experts



#### For more information or to register, please contact our Hopeline at 800-813-HOPE (4673) or register online at www.cancercare.org/connect

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### What is a CancerCare Connect<sup>®</sup> Education Workshop?

CancerCare Connect<sup>®</sup> Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

#### How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

#### How do I register?

- There are two ways to register:
- Call 800-813-HOPE (4673)
- Register online at www.cancercare.org/connect

After you have registered, you will receive additional information.

#### Missed a CancerCare Connect<sup>®</sup> Education Workshop?

You can listen to previous workshops on the CancerCare website. Just log on to **www.cancercare.org/podcasts**.

#### **Continuing Education Credits (Live Only)**

**Social Workers:** This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc.is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour.

**Registered Dietitians:** This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to connect@cancercare.org after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program. CancerCare is pleased to collaborate with these organizations:

Triple Negative Breast Cancer Foundation www.tnbcfoundation.org; 1-877-880-TNBC (8622)

Advanced Practitioner Society for Hematology and Oncology (APSHO) www.apsho.org American Cancer Society www.cancer.org; 1-800-227-2345 American Psychosocial Oncology Society www.apos-society.org
American Society of Clinical Oncology www.asco.org Association for Molecular Pathology (AMP) Association of Clinicians for the Underserved www.clinicians.org: 1-844-422-8247 Association of Oncology Social Work www.aosw.org: 1-847-686-2233 www.aosw.org; 1-847-686-2233 Black Women's Health Imperative www.behring.1:202-548-4000 BreastCancerTrials.org www.breastcancertrials.org www.breastcancertrials.org www.thedric.org/cancerce.Center (CLRC) www.thedric.org/cancer/; (866) THE-CLRC (843-2572) Cancer Patient Education Network www.execorrectionsteduction.org Cancer Patient Education Network www.cancersatienteducation.org Cancer Support Community www.cancersupportCommunity.org; 1-888-793-9355 Caregiver Action Network www.caregiveraction.org www.interculturalcancercouncil.org Joe's House – A Lodging Guide for Cancer Patients www.joeshouse.org; 1-877-563-7468 Latinas Contra Cancer www.latinascontracancer.org; 1-408-280-0811 The LGBT Cancer Project www.lgbtcancer.org LIVESTRONG Foundation LIVESTRONG Foundation www.livestrong.org: 1-855-220-7777 Living Beyond Breast Cancer www.libe.org; 1-855-807-6386 Multinational Association of Supportive Care in Cancer National Alliance for Caregiving www.caregiving.org National Association of Social Workers www.socialworkers.org; 1-202-408-8600 National Center for Frontier Communities www.frontierus.org; 1-575-534-0101 National Coalition for Cancer Survivorship www.canceradvocacy.org; 1-877-NCCS-YES (1-877-622-793 National Comprehensive Cancer Network® (NCCN®) – NCCN Guidelines for Patients® 877-622-7937) www.nccn.org/patients The National Witness Project, Inc. www.nationalwitnessproject.org; 1-718-845-1394 NeedyMeds NeedyMeds www.needymeds.org; 1-800-503-6897 Prevent Cancer Foundation® www.preventcancer.org; 1-800-227-2732 Redes en Acción: The National Latino Cancer Redes en Accion: The National Latino Cancer Research Network at UT Health San Antonio www.redesenaccion.com; 1-210-562-6500 Research Advocacy Network www.resenchadvocacy.org; 1-877-276-2187 Scott Hamilton CARES Foundation www.scottcares.org SHARE Cancer Support www.sharecancersupport.org; 1-844-ASK-SHARE Sharsheret: The Jewish Breast & Ovarian Cancer Community Sina sheret. Intersection basic & Oralian Cancer Community www.sharsheret.org; 1-866-474-2774 Sisters Network® Inc. - A National African American Breast Cancer Survivorship Organization www.sistersnetworkinc.org; 866.781.1808 Tigerily Foundation www.tigerlilyfoundation.org; 1-888-580-6253 TOUCH, The Black Breast Cancer Alliance https://touchbbca.org; 443-758-1924 Triage Cancer Triage Cancer www.triagecancer.org; 1-424-258-4628 Young Survival Coalition www.youngsurvival.org; 1-877-972-1011 Vital Options International www.vitaloptions.org

#### **About Us**

Founded in 1944, Cancer*Care* is the leading national organization providing free support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include resource navigation, counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All Cancer*Care* services are provided by master's-prepared oncology social workers and world-leading cancer experts.

To learn more, visit www.cancercare.org or call 800-813-HOPE (4673).

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