LIVING WITH MULTIPLE MYELOMA
A TWO-PART SERIES

A CancerCare Connect® Education Workshop
This activity is supported by GlaxoSmithKline and an educational grant from Johnson & Johnson Health Care Systems, Inc. CancerCare’s application for continuing education credits for this program is supported by the Diana Napoli Fund.

Progress in the Treatment of Multiple Myeloma
PART I OF A TWO PART SERIES
THURSDAY, MARCH 14, 2024 FROM 1:30 p.m. - 2:30 p.m. ET

SPEAKERS
Andrew J. Yee, MD, Instructor in Medicine, Harvard Medical School, Center for Multiple Myeloma, Massachusetts General Hospital Cancer Center
Monique Hartley-Brown, MD, MMSc, Attending Physician, Jerome Lipper Multiple Myeloma Center, Department of Medical Oncology, Dana-Farber Cancer Institute
Barry Paul, MD, Division of Plasma Cell Disorders, Department of Hematologic Oncology and Blood Disorders, Levine Cancer Institute II, Carolinas HealthCare System, Atrium Health
Cindy Varga, MD, Hematologist, Department of Hematologic Oncology and Blood Disorders, Levine Cancer Institute, Atrium Health, Clinical Associate Professor, Hematology and Oncology, Wake Forest University School of Medicine
Diana L. Bearden, MS, RD, CSO, LD, CNSC, Oncology Dietitian, Michael E. DeBakey VA Medical Center
Elizabeth K. O’Donnell, MD, Clinical Director of Early Detection and Prevention of Cancer, Dana-Farber Cancer Institute, Assistant Professor of Medicine, Harvard Medical School
Carolyn Messner, DSW, BCD, FAPOS, FAOSW, Senior Director of Education and Training, CancerCare

TOPICS:
• Discussion of the Progress in the Treatment of Multiple Myeloma
• Current Standard of Care, including Clinical Trial Updates
• New & Emerging Treatments
• The Role of Transplantation
• Preventing & Managing Treatment Side Effects, Symptoms, Discomfort & Pain
• Reducing Complications of Bone Disease
• Talking with Your Treatment Team about Quality-of-Life Concerns
• The Increasing Role of Telehealth & Telemedicine Appointments
• Lifestyle, Physical Activity & Balance Concerns, with Practical Tips
• Guidelines to Prepare for Telehealth/Telemedicine Appointments, including Technology, List of Questions, Follow-Up Care & Discussion of OpenNotes
• Questions for Our Panel of Experts

For more information or to register, please contact our Hopeline at 800-813-HOPE (4673) or register online at www.cancercare.org/connect

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Coping with the Stresses of Caregiving When Your Loved One Has Multiple Myeloma

PART II OF A TWO PART SERIES

THURSDAY, MARCH 21, 2024 FROM 1:30 p.m. - 2:30 p.m. ET

SPEAKERS

Matthew J. Butler, MD, Assistant Professor of Medicine, Division of Hematology/Oncology, Department of Medicine, Mays MD Anderson Cancer Center, UT Health San Antonio

Stewart B. Fleishman, MD, Former Founding Director, Cancer Support Services Continuum Cancer Centers of New York, now part of the Mt. Sinai Health System, Author, Researcher in Oncology

Diana L. Bearden, MS, RD, CSO, LD, CNSC, Oncology Dietitian, Michael E. DeBakey VA Medical Center

Dina Smith, MSW, Caregiver Program Coordinator, CancerCare

TOPICS:

• Overview of the Treatment of Multiple Myeloma
• Deciding to Become a Caregiver
• Your Important Role in Decision Making
• Challenges in Communicating with the Health Care Team
• Your Role in Adherence: Weekends, Holidays, & Vacations
• Coping with Each Day, on Special Occasions, Anniversaries, & Birthdays
• Managing Family, Friends, & Traditions
• Long-Distance Caregiving
• The Benefits of Telehealth/Telemedicine Appointments, including Technology, Prepared List of Questions & Discussion of OpenNotes
• Self-Care Tips for Managing Lifestyle, Nutrition, Hydration & Stress
• Relaxation Exercises for Caregivers
• Questions for Our Panel of Experts

Register Today!

For more information or to register, please contact our Hopeline at 800-813-HOPE (4673) or register online at www.cancercare.org/online/register

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What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

How do I participate?
You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

How do I register?
There are two ways to register:
• Call 800-813-HOPE (4673)
• Register online at www.cancercare.org/connect

After you have registered, you will receive additional information.

Missed a CancerCare Connect® Education Workshop?

You can listen to previous workshops on the CancerCare website. Just log on to www.cancercare.org/podcasts.

Continuing Education Credits (Live Only)

Social Workers: This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

CancerCare, Inc. is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour.

Registered Dietitians: This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to connect@cancercare.org after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

About Us

Founded in 1944, CancerCare is the leading national organization providing free support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include resource navigation, counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by master’s-prepared oncology social workers and world-leading cancer experts.

To learn more, visit www.cancercare.org or call 800-813-HOPE (4673).

For more information or to register, please contact our Hopeline at 800-813-HOPE (4673) or register online at www.cancercare.org/connect

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