CHALLENGES YOUNG ADULTS WITH CANCER FACE: COPING TIPS



A TWO-PART SERIES

A CancerCare Connect® Education Workshop

This activity is supported by Seagen. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.





WORKSHOP DATES - PART I

FRIDAY, DECEMBER 15, 2023 from 1:30 p.m. - 2:30 p.m. ET

SPEAKERS

Emily S. Tonorezos, MD, MPH, Director, Office of Cancer Survivorship, Division of Cancer Control and Population Sciences, National Cancer Institute (NCI)

Michelle Mollica, PhD, MPH, RN, OCN, Deputy Director, Office of Cancer Survivorship, Division of Cancer Control and Population Sciences, National Cancer Institute (NCI)

Julie Babayeva, Esq., Supervising Attorney, LegalHealth, Cancer Advocacy Project, New York Legal Assistance Group (NYLAG)

Matthew Marroquin, Program and Community Coordinator, Stupid Cancer

Hayley Feuchs, MSW, Oncology Social Worker, Cancer Care

TOPICS:

- Overview of Young Adults Living with Cancer, including Delays in Diagnosis
- Where to Seek Cancer Treatment: Selecting Your Oncology Health Care Team, Including Young Adult Cancer Programs
- · The Importance of Treatment Summaries
- Follow-Up with Your Oncologist & Primary Care Doctor
- Managing Post Treatment Side Effects/Late Effects
- Talking with the Health Care Team about Survivorship Questions & Concerns
- Financial Concerns, Including Health Insurance Coverage, School, College & Career

- Knowing Your Rights: ADA (Americans with Disability Act), FMLA (Family Medical Leave Act) & Additional Legal Protections
- · Choosing Who & What to Tell Others: Disclosure
- Working During Cancer Treatment: Suggestions from the Health Care Team
- Dealing with Physical Changes Due to Cancer or Its Treatment
- Coping with Concerns about Cancer Recurrence
- Guidelines to Prepare for Telehealth/Telemedicine Appointments, Including Technology, Prepared List of Questions & Discussion of OpenNotes
- Questions to Ask Our Panel of Experts

For more information or to register, please contact our Hopeline at 800-813-HOPE (4673) or register online at www.cancercare.org/connect

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YOUNG ADULT SURVIVORSHIP: FERTILITY, SEXUALITY AND INTIMACY



A TWO-PART SERIES

WORKSHOP DATES - PART II

FRIDAY, FEBRUARY 9, 2024 from 1:30 p.m. - 2:30 p.m. ET

SPEAKERS

Jennifer Barsky Reese, PhD, Associate Professor, Cancer Prevention and Control Program, Fox Chase Cancer Center, Fellow, Society of Behavioral Medicine

Sharon Bober, PhD, Institute Psychologist, Founding Director, Sexual Health Program, Dana-Farber Cancer Institute, Associate Professor of Psychiatry, Harvard Medical School

Catherine Benedict, PhD, Clinical Associate Professor, Department of Psychiatry & Behavioral Sciences, Stanford University School of Medicine, Member, Stanford Cancer Institute, Women's Sexual Health & Cancer Clinic, Center for Integrative Medicine

Matthew Marroquin, Program and Community Coordinator, Stupid Cancer

Hayley Feuchs, MSW, Oncology Social Worker, CancerCare

TOPICS:

- Unique Needs of Young Adult Cancer Survivors
- Identity, Relationships & Intimacy
- Dating
- · Couples/Partners Dealing with Survivorship
- · Communicating about Sex
- · Sexuality & Intimacy
- · Sex Drive: Ability & Desire
- Tips to Deal with Vaginal Dryness, Premature Menopause, Erectile Dysfunction, Premature Ejaculation & Sperm Banking

- · Low Desire: How to Get My Groove Back
- Body Image: Feeling Improved Sexual Self-Esteem
- Fertility Choices & Coping with Infertility
- Medical Options for Assisted Pregnancy
- Health Maintenance Needs for Young Adult Cancer Survivors
- Long-Term Follow-Up for Young Adult Cancer Survivors
- Questions to Ask Our Panel of Experts



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What is a CancerCare Connect® **Education Workshop?**

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

How do I register?

There are two ways to register:

- Call 800-813-HOPE (4673)
- Register online at

www.cancercare.org/connect

After you have registered, you will receive additional information.

Missed a CancerCare Connect® **Education Workshop?**

You can listen to previous workshops on the CancerCare website. Just log on to www.cancercare.org/podcasts.

Continuing Education Credits (Live Only)

Social Workers: This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc.is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour

Registered Dietitians: This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to connect@cancercare.org after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

CancerCare is pleased to collaborate with these organizations:

Stupid Cancer

www.stupidcancer.org; 1-212-619-1040

Advanced Practitioner Society for Hematology and Oncology

www.apsho.org
American Cancer Society
www.cancer.org; 1-800-227-2345
American Psychosocial Oncology Society

www.apos-society.org
American Society of Clinical Oncology

www.cancer.net; 1-888-651-3038
The Association for Molecular Pathology (AMP)

outreach.amp.org; 1-301-634-7939
Association of Clinicians for the Underserved www.clinicians.org; 1-844-422-8247

Association of Oncology Social Work

www.aosw.org; 1-847-686-2233 Black Women's Health Imperative

www.bwhi.org;1-202-548-4000

Cancer Legal Resource Center (CLRC)

www.thedrlc.org/cancer/; (866) THE-CLRC (843-2572)

Cancer Patient Education Network

www.cancerpatienteducation.org
Cancer Support Community

www.cancersupportcommunity.org; 1-888-793-9355 Caregiver Action Network

www.caregiveraction.org

Intercultural Cancer Council

www.interculturalcancercouncil.org

Joe's House – A Lodging Guide for Cancer Patients
www.joeshouse.org; 1-877-563-7468
Latinas Contra Cancer

www.latinascontracancer.org; 1-888-LCC-8110

The LGBT Cancer Project

www.lgbtcancer.org LIVESTRONG Foundation

www.livestrong.org; 1-855-220-7777

Multinational Association of Supportive Care in Cancer

www.mascc.org
National Association of Social Workers

www.socialworkers.org; 1-202-408-8600
National Center for Frontier Communities

National Center for Profiles Communities
www.frontierus.org; 1-575-534-0101

National Coalition for Cancer Survivorship
www.canceradvocacy.org; 1-877-NCCS-YES (1-877-622-7937)

National Comprehensive Cancer Network® (NCCN®) –

NCCN Guidelines for Patients

www.nccn.org/patients **NeedyMeds**

www.needymeds.org: 1-800-503-6897 **Prevent Cancer Foundation®** www.preventcancer.org: 1-800-227-2732

Redes en Acción: The National Latino Cancer

Research Network at UT Health San Antonio www.redesenaccion.com; 1-210-562-6500

Research Advocacy Network www.researchadvocacy.org; 1-877-276-2187 Scott Hamilton CARES Foundation

www.scottcares.org

Triage Cancer

www.triagecancer.org; 1-424-258-4628

Vital Options International

www.vitaloptions.org

About Us

Founded in 1944, Cancer Care is the leading national organization providing free support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include resource navigation, counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All Cancer Care services are provided by master's-prepared oncology social workers and world-leading cancer experts.

To learn more, visit www.cancercare.org or call 800-813-HOPE (4673).

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