

## About Us

Founded in 1944, CancerCare is the leading national organization providing free, professional support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by oncology social workers and world-leading cancer experts. To learn more, visit [www.cancercare.org](http://www.cancercare.org) or call **800-813-HOPE (4673)**.

CancerCare is pleased to collaborate with these organizations:

### Triple Negative Breast Cancer Foundation®

Helpline: 1-877-880-TNBC (8622)  
[www.tnbcfoundation.org/helpline](http://www.tnbcfoundation.org/helpline)

### Advanced Practitioner Society for Hematology and Oncology (APSHO)

American Cancer Society  
American Psychosocial Oncology Society  
American Society of Clinical Oncology  
The Association for Molecular Pathology (AMP)  
Association of Clinicians for the Underserved  
Association of Oncology Social Work  
Black Women's Health Imperative  
BreastCancerTrials.org  
Cancer Legal Resource Center (CLRC)  
Cancer Patient Education Network  
Cancer Support Community  
Caregiver Action Network  
Joe's House – A Lodging Guide for Cancer Patients  
Intercultural Cancer Council  
Latinas Contra Cancer  
The LGBT Cancer Project  
LIVESTRONG Foundation  
Living Beyond Breast Cancer  
Multinational Association of Supportive Care in Cancer  
National Association of Social Workers  
National Center for Frontier Communities  
National Coalition for Cancer Survivorship  
National Comprehensive Cancer Network® (NCCN®) –  
NCCN Guidelines for Patients®  
The National Witness Project, Inc.  
NeedyMeds  
Prevent Cancer Foundation®  
Redes en Acción: The National Latino Cancer  
Research Network at UT Health San Antonio  
Research Advocacy Network  
Scott Hamilton CARES Foundation  
SHARE Cancer Support  
Sharsheret: The Jewish Breast & Ovarian Cancer  
Community  
Sisters Network® Inc - A National African American Breast  
Cancer Survivorship Organization  
Tigerlily Foundation  
TOUCH, The Black Breast Cancer Alliance  
Triage Cancer  
Vital Options International  
Young Survival Coalition



**CancerCare®**  
National Office  
275 Seventh Avenue  
New York, NY 10001

# CANCERCARE CONNECT® EDUCATION WORKSHOP

## Living with Metastatic Triple Negative Breast Cancer

**A Two-Part Series**

**Wednesdays**

**1:30 - 2:30 PM Eastern Time**

**October 25, 2023**

**November 15, 2023**

A free CancerCare Connect® Education Workshop Series for people living with metastatic triple negative breast cancer, their families, partners, caregivers, friends and health care professionals

Listen to these workshops over the telephone or connect to our webcasts online.



**Triple Negative  
Breast Cancer  
Foundation**

and



**CancerCare®**

Help and Hope

**800-813-HOPE (4673)**  
[www.cancercare.org](http://www.cancercare.org)  
[connect@cancercare.org](mailto:connect@cancercare.org)

# CANCERCARE CONNECT® EDUCATION WORKSHOP

## What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

### How do I participate?

You can listen to these workshops on the telephone or via live streaming through the Internet. Participation is free.

### How do I register?

There are two ways to register:

- Call **800-813-HOPE (4673)**
- Register online at **[www.cancercare.org/connect](http://www.cancercare.org/connect)**

After you have registered, you will receive additional information.

## Missed a CancerCare Connect® Education Workshop?

You can listen to previous workshops on the CancerCare website. Just log on to **[www.cancercare.org/podcasts](http://www.cancercare.org/podcasts)**.

## Continuing Education Credits (Live Only)

**Social Workers:** Each program in this series has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. Each workshop in this series is approved for 1.0 Contact Hour.

**Registered Dietitians:** Each program in this series has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to **[connect@cancercare.org](mailto:connect@cancercare.org)** after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

**This program is made possible by the Triple Negative Breast Cancer Foundation®. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.**

## Part I

Wednesday, October 25, 2023

### Metastatic Triple Negative Breast Cancer: Strategies to Cope

#### Workshop Topics

- Updates on the Treatment of Metastatic Triple Negative Breast Cancer, in the Context of COVID & Seasonal Flu
- Novel Treatment Therapies
- Clinical Trial Updates
- How Research Offers Additional Treatment Options
- Biomarkers, Diagnostic Testing & Genomics: Why They Are So Important
- The Role of Precision Medicine in Improving Treatment Decisions
- Sequencing of Treatments
- Tips to Prevent & Manage Treatment Side Effects, Symptoms, Discomfort & Pain
- Guidelines to Prepare for Telehealth/Telemedicine Appointments, including Technology, Prepared List of Questions & Discussion of OpenNotes
- Key Questions to Ask Your Health Care Team, including Lifestyle & Quality-of-Life Concerns
- Practical Strategies to Cope with Metastatic Triple Negative Breast Cancer
- How to Find the Financial, Emotional & Social Supports to Cope
- Questions for Our Panel of Experts

#### Speakers

##### Clinton Yam, MD, MS

Assistant Professor  
Triple Negative Breast Cancer Working Group Leader  
Departments of Breast Medical Oncology and Translational Molecular Pathology  
The University of Texas MD Anderson Cancer Center

##### Ajit Kumar Bisen, MD, MBA

Assistant Professor  
Department of Medical Oncology, Department of General Oncology  
The University of Texas MD Anderson Cancer Center

##### Arielle Luttermann Heeke, MD

Breast Medical Oncologist  
Levine Cancer Atrium Health, Charlotte, NC

##### Hayley Dinerman, JD

Co-Founder and Executive Director  
Triple Negative Breast Cancer Foundation®

##### Samantha Fortune, MSW

Women's Cancers Program Coordinator, CancerCare®

## Part II

Wednesday, November 15, 2023

### Metastatic Triple Negative Breast Cancer: For Caregivers - Coping with Your Loved One's Triple Negative Breast Cancer

#### Workshop Topics

- Overview of Metastatic Triple Negative Breast Cancer, in the Context of COVID & Seasonal Flu
- The Important Role of the Caregiver in Communicating with the Health Care Team
- Your Important Role in Decision Making
- Taking on the Role of Caregiving
- What Research Tells Us about Caregivers
- Caregiving for Your Loved One with Metastatic Triple Negative Breast Cancer
- Challenges in Communicating with the Health Care Team
- Discussion of OpenNotes & Follow-Up Appointments
- Coping with Each Day, On Special Occasions, Holidays & Birthdays
- Managing Family and Friends
- Long Distance Caregiving
- Self-Care & Stress Management Recommendations to Manage the Stress of Caregiving
- Questions for Our Panel of Experts

#### Speakers

##### Wade Smith, MD

Breast Cancer Specialist  
Assistant Clinical Professor  
Department of Medical Oncology & Therapeutics Research  
City of Hope  
Newport Beach, California

##### Guadalupe R. Palos, DrPH, MSW, RN

Former Clinical Protocol Administration Manager  
Office of Cancer Survivorship  
The University of Texas MD Anderson Cancer Center  
Author and Researcher in Caregiving, Health Care Disparities & Survivorship

##### Neena Kapoor-Hintzen, MSN, ANP-C

Supportive Care Nurse Practitioner  
Advanced Practice Provider Manager, Supportive Care, Geriatric Oncology, and Integrative Medicine  
Memorial Sloan Kettering Cancer Center

##### Hayley Dinerman, JD

Co-Founder and Executive Director  
Triple Negative Breast Cancer Foundation®

##### Samantha Fortune, MSW

Women's Cancers Program Coordinator, CancerCare®