About Us
Founded in 1944, CancerCare is the leading national organization providing free, professional support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by oncology social workers and world-leading cancer experts. To learn more, visit www.cancercare.org or call 800-813-HOPE (4673).

CancerCare is pleased to collaborate with these organizations:

**Triple Negative Breast Cancer Foundation®**
Helpline: 1-877-880-TNBC (8622)
www.tnbcfoundation.org/helpline

**Advanced Practitioner Society for Hematology and Oncology (APSHO)**

**American Cancer Society**

**American Psychosocial Oncology Society**

**American Society of Clinical Oncology**

**The Association for Molecular Pathology (AMP)**

**Association of Clinicians for the Underserved**

**Association of Oncology Social Work**

**Black Women’s Health Imperative**

**BreastCancerTrials.org**

**Cancer Legal Resource Center (CLRC)**

**Cancer Patient Education Network**

**Cancer Support Community**

**Caregiver Action Network**

**Joe’s House – A Lodging Guide for Cancer Patients**

**Intercultural Cancer Council**

**Latinas Contra Cancer**

**The LGBT Cancer Project**

**LIVESTRONG Foundation**

**Living Beyond Breast Cancer**

**Multinational Association of Supportive Care in Cancer**

**National Association of Social Workers**

**National Center for Frontier Communities**

**National Coalition for Cancer Survivorship**

**National Comprehensive Cancer Network® (NCCN®) – NCCN Guidelines for Patients®**

**The National Witness Project, Inc.**

**NeedyMeds**

**Prevent Cancer Foundation®**

**Redes en Acción: The National Latino Cancer Research Network at UT Health San Antonio**

**Research Advocacy Network**

**Scott Hamilton CARES Foundation**

**SHARE Cancer Support**

**Sharsheret: The Jewish Breast & Ovarian Cancer Community**

**Sisters Network® Inc - A National African American Breast Cancer Survivorship Organization**

**Tigerlily Foundation**

**TOUCH, The Black Breast Cancer Alliance**

**Triage Cancer**

**Vital Options International**

**Young Survival Coalition**

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Living with Metastatic Triple Negative Breast Cancer

A Two-Part Series

Wednesdays

1:30 - 2:30 PM Eastern Time

October 25, 2023

November 15, 2023

A free CancerCare Connect® Education Workshop Series for people living with metastatic triple negative breast cancer, their families, partners, caregivers, friends and health care professionals

Listen to these workshops over the telephone or connect to our webcasts online.
**Part I**

**Wednesday, October 25, 2023**

### Metastatic Triple Negative Breast Cancer: Strategies to Cope

**Workshop Topics**

- Updates on the Treatment of Metastatic Triple Negative Breast Cancer, in the Context of COVID & Seasonal Flu
- Novel Treatment Therapies
- Clinical Trial Updates
- How Research Offers Additional Treatment Options
- Biomarkers, Diagnostic Testing & Genomics: Why They Are So Important
- The Role of Precision Medicine in Improving Treatment Decisions
- Sequencing of Treatments
- Tips to Prevent & Manage Treatment Side Effects, Symptoms, Discomfort & Pain
- Guidelines to Prepare for Telehealth/Telemedicine Appointments, including Technology, Prepared List of Questions & Discussion of OpenNotes
- Key Questions to Ask Your Health Care Team, including Lifestyle & Quality-of-Life Concerns
- Practical Strategies to Cope with Metastatic Triple Negative Breast Cancer
- How to Find the Financial, Emotional & Social Supports to Cope
- Questions for Our Panel of Experts

**Speakers**

- **Clinton Yam, MD, MS**  
  Assistant Professor  
  Triple Negative Breast Cancer Working Group Leader  
  Departments of Breast Medical Oncology and Translational Molecular Pathology  
  The University of Texas MD Anderson Cancer Center

- **Ajit Kumar Bisen, MD, MBA**  
  Assistant Professor  
  Department of Medical Oncology, Department of General Oncology  
  The University of Texas MD Anderson Cancer Center

- **Arielle Lutterman Heeke, MD**  
  Breast Medical Oncologist  
  Levine Cancer Atrium Health, Charlotte, NC

- **Hayley Dinerman, JD**  
  Co-Founder and Executive Director  
  Triple Negative Breast Cancer Foundation®

- **Samantha Fortune, MSW**  
  Women’s Cancers Program Coordinator, CancerCare®

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**Part II**

**Wednesday, November 15, 2023**

### Metastatic Triple Negative Breast Cancer: For Caregivers - Coping with Your Loved One’s Triple Negative Breast Cancer

**Workshop Topics**

- Overview of Metastatic Triple Negative Breast Cancer, in the Context of COVID & Seasonal Flu
- The Important Role of the Caregiver in Communicating with the Health Care Team
- Your Important Role in Decision Making
- Taking on the Role of Caregiving
- What Research Tells Us about Caregivers
- Caregiving for Your Loved One with Metastatic Triple Negative Breast Cancer
- Challenges in Communicating with the Health Care Team
- Discussion of OpenNotes & Follow-Up Appointments
- Coping with Each Day, On Special Occasions, Holidays & Birthdays
- Managing Family and Friends
- Long Distance Caregiving
- Self-Care & Stress Management Recommendations to Manage the Stress of Caregiving
- Questions for Our Panel of Experts

**Speakers**

- **Wade Smith, MD**  
  Breast Cancer Specialist  
  Assistant Clinical Professor  
  Department of Medical Oncology & Therapeutics Research  
  City of Hope  
  Newport Beach, California

- **Guadalupe R. Palos, DrPH, MSW, RN**  
  Former Clinical Protocol Administration Manager  
  Office of Cancer Survivorship  
  The University of Texas MD Anderson Cancer Center  
  Author and Researcher in Caregiving, Health Care Disparities & Survivorship

- **Neena Kapoor-Hintzen, MSN, ANP-C**  
  Supportive Care Nurse Practitioner  
  Advanced Practice Provider Manager, Supportive Care, Geriatric Oncology, and Integrative Medicine  
  Memorial Sloan Kettering Cancer Center

- **Hayley Dinerman, JD**  
  Co-Founder and Executive Director  
  Triple Negative Breast Cancer Foundation®  
  Women’s Cancers Program Coordinator, CancerCare®

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### Missed a CancerCare Connect® Education Workshop?

You can listen to previous workshops on the CancerCare Connect® Education Workshop® website. Just log on to www.cancercare.org/connect. After you have registered, you will receive additional information.

### Continuing Education Credits (Live Only)

**Social Workers:** Each program in this series has been approved to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider CE54607, for 1.0 Contact Hour.

**Registered Dietitians:** Each program in this series has been approved by the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

**Clinical Pharmacists:** Each program in this series has been approved by the American Society of Clinical Pharmacists, provider 117-0070, for 1.0 Contact Hour.

**Pharmacists:** Each program in this series has been approved by the American College of Clinical Pharmacy, provider 007077, for 1.0 Contact Hour.

**Counselors:** Each program in this series has been approved by the National Association for Alcohol and Drug Abuse Counselors, provider 00112858, for 1.0 Continuing Education Unit (CEU).

For continuing education credits for this program is supported by the Triple Negative Breast Cancer Foundation®. CancerCare’s application for continuing education credits for this program is supported by the Diana Napoli Fund.