Finding New Ways to Take Your Pills on Schedule

A Three-Part Series

Wednesdays 1:30 - 2:30 PM Eastern Time

> April 18, 2012 May 16, 2012 June 13, 2012

A free Connect® Workshop Series for people living with CML, their families, friends and health care professionals

You can listen to this workshop over the telephone or connect to our webcast online.

CancerCare's Mission

CancerCare is a national nonprofit, 501 c(3) organization that provides free, professional support services to anyone affected by cancer: people with cancer, caregivers, children, loved ones, and the bereaved. Cancer Care programs including counseling and support groups, education, financial assistance and practical help—are provided by professional oncology social workers and are completely free of charge. For more information, call 1-800-813-HOPE (4673) or visit www.cancercare.org.

Drugs don't work in patients who don't take them.

— C. Everett Koop, MD Former US Surgeon General

CML researchers are discovering new drugs to treat CML that can be taken by mouth, at home, work or in the community. This has reduced the amount of time spent in doctors' offices. CML patients have now become active participants in their care. They have to remember to take their pills on schedule.

What is Adherence?

Adherence to a medication schedule is defined as the extent to which patients take their pills as prescribed by their medical team. The full benefit of many effective treatments is achieved only if people follow the prescribed schedule as closely as possible.

How will this Connect Workshop Series Help You?

This three-part series will:

- Identify barriers in sticking to a treatment schedule
- Recommend strategies and tips to overcome these barriers and
- Offer suggestions to enlist caregivers to help improve adherence

Cancer Care is pleased to have collaborated with the following organizations in offering this Connect® Workshop:

American Cancer Society

www.cancer.org; 1-800-ACS-2345

American Pain Foundation

www.painfoundation.org

American Society of Clinical Oncology

www.cancer.net; 1-888-651-3038

Association of Clinicians for the Underserved

www.clinicians.org; 1-703-442-5318

Association of Oncology Social Work

www.aosw.org; 1-215-599-6093

Be the Match® Patient Services

www.bethematch.org; 1-888-999-6743

Black Women's Health Imperative

www.blackwomenshealth.org; 1-202-548-4000

Blood & Marrow Transplant Information Network

www.bmtinfonet.org; 1-888-597-7674

Cancer Patient Education Network

www.cancerpatienteducation.org

Cancer Support Community

www.cancersupportcommunity.org; 1-888-793-WELL (9355)

Education Network to Advance Cancer Clinical Trials

www.enacct.org; 1-240-482-4730

Intercultural Cancer Council

www.iccnetwork.org; 1-713-798-4614

Joe's House - A Lodging Guide for Cancer Patients

www.joeshouse.org; 1-877-563-7468

Leukemia Research Foundation

www.leukemia-research.org; 1-847-424-0600

The LGBT Cancer Project

www.lgbtcancer.org

LIVESTRONG

www.livestrong.org; 1-855-220-7777

Multinational Association of Supportive Care in Cancer

www.mascc.org

National Bone Marrow Transplant Link

www.nbmtlink.org; 1-800-LINK-BMT (1-800-546-5268)

The National CML Society

www.nationalcmlsociety.org; 1-877-431-2573

National Center for Frontier Communities

www.frontierus.org; 1-575-534-0101

National Coalition for Cancer Survivorship

www.canceradvocacy.org; 1-888-650-9127

National Family Caregivers Association

www.thefamilycaregiver.org; 1-800-896-3650

Research Advocacy Network

www.researchadvocacy.org; 1-877-276-2187

Vital Options International & The Group Room®

www.vitaloptions.org; 1-800-477-7666



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What is a Connect® Workshop?

CancerCare's free Connect® Workshops are a way for people to learn about cancer-related issues from the convenience of their home or office. Leading experts in oncology provide the most up-to-date information on the telephone.

How do I participate?

You can listen to this workshop on the telephone or via live streaming through the internet. Participation is free.

How do I register?

There are three ways to register:

- Mail this registration form to CancerCare
- Call **1-800-813-HOPE (4673)**
- Register online at www.cancercare.org/connect.

After you have registered, you will receive additional information.

Missed a Connect® Workshop?

A listing of featured programs is available by calling 1-888-337-7533, 24 hours a day, 7 days a week.

You can also listen to previous workshops on the CancerCare web site. Just log on to www.cancercare.org/podcasts.

Professional Continuing Education Credits

This program is approved for 1.0 Contact Hour to social workers upon verification of completion. The University of Texas MD Anderson Cancer Center is an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607.

Any questions about Professional Continuing Education Credits should be directed to: connect@cancercare.org.

This program is made possible by a charitable contribution from Bristol-Myers Squibb.

For more information, call CancerCare at 1-800-813-HOPE (4673) www.cancercare.org connect@cancercare.org

Workshop Schedule

Wednesdays 1:30 - 2:30 PM Eastern Time

Part I

April 18, 2012

Sharing Responsibility for Your Care

Michael J. Mauro, MD **Associate Professor**

Center for Hematologic Malignancies Knight Cancer Institute at Oregon Health and Science University

Lisa A. Thompson, PharmD, BCOP

Assistant Professor, Department of Clinical Pharmacy University of Colorado Skaggs School of Pharmacy and Pharmaceutical Sciences

Guadalupe R. Palos, RN, MSW, DrPH

Clinical Research Manager The University of Texas MD Anderson Cancer Center Division of Medical Affairs Department of Cancer Survivorship

Part II

May 16, 2012

I Can't Remember to Take My Pills on Time: Help! A Practical Guide to Follow

Elias Jabbour, MD

Assistant Professor, Department of Leukemia Division of Cancer Medicine The University of Texas MD Anderson Cancer Center

Ivo Abraham, PhD, RN

Professor, Department of Pharmacy Practice and Science, Investigator, Center for Health Outcomes and PharmacoEconomic Research College of Pharmacy, The University of Arizona Chief Scientist, Matrix45

Barbara A. Given, PhD, RN, FAAN **University Distinguished Professor**

Associate Dean for Research and Doctoral Program College of Nursing, Michigan State University

Workshop Schedule

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Part III

lune 13, 2012

When Your Loved One Has CML: **How Caregivers Can Help Improve** Adherence

Gail J. Roboz, MD **Associate Professor of Medicine** Director, Leukemia Program Weill Medical College of Cornell University and the New York-Presbyterian Hospital

Kathryn J. Ruddy, MD, MPH Instructor in Medicine Harvard Medical School Medical Oncologist, Dana-Farber Cancer Institute

Carolyn Blasdel, FNP-BC, OCN **Nurse Practitioner Knight Cancer Institute** Oregon Health and Science University

All Workshops will Include **Questions for Our Panel of Experts**

Also joining these calls:

Richard Dickens, MSW **Clinical Supervisor Blood Cancers Program Coordinator** Mind/Body Project Coordinator

Cancer Care

Carolyn Messner, DSW, MSW Director of Education and Training Cancer Care

REGISTRATION FORM

Going the Distance: Thriving and Surviving With CML - Finding New Ways to Take Your Pills on Schedule

A Three-Part Series

NAME
ADDRESS
CITY
STATEZIP
PHONE*
*Please list the phone number where you can be reached on the day of the workshop.
EMAIL
NUMBER OF PARTICIPANTS

ARE YOU A HEALTH CARE PROFESSIONAL?

Check workshop(s) you would like to attend:

YES_ NO___

4/18_____ 5/16____ 6/13____

Please mail this registration form to: Carolyn Messner, DSW, MSW **Director of Education and Training Cancer**Care 275 Seventh Avenue New York, NY 10001

register online at www.cancercare.org/connect

For more information, call CancerCare at 1-800-813-HOPE (4673), visit us online at www.cancercare.org, or email us at connect@cancercare.org