

## About Us

Founded in 1944, CancerCare is the leading national organization providing free, professional support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by oncology social workers and world-leading cancer experts. To learn more, visit [www.cancercare.org](http://www.cancercare.org) or call **800-813-HOPE (4673)**.

CancerCare is pleased to collaborate with these organizations:

### **National Alliance of State Prostate Cancer Coalitions**

[www.nasppcc.org](http://www.nasppcc.org); 1-877-NASPPCC-8 (1-877-627-7228)

### **Prostate Cancer Foundation**

[www.pcf.org](http://www.pcf.org); 1-800-757-CURE (2873)

### **The Prostate Net**

[www.theprostatenet.org](http://www.theprostatenet.org)

### **ZERO – The End of Prostate Cancer**

[www.zerocancer.org](http://www.zerocancer.org); 1-888-245-9455

### **Advanced Practitioner Society for Hematology and Oncology (APSHO)**

[www.apsho.org](http://www.apsho.org)

### **American Cancer Society**

[www.cancer.org](http://www.cancer.org); 1-800-227-2345

### **American Psychosocial Oncology Society**

[www.apos-society.org](http://www.apos-society.org)

### **American Society of Clinical Oncology**

[www.cancer.net](http://www.cancer.net); 1-888-651-3038

### **The Association for Molecular Pathology (AMP)**

[outreach.amp.org](http://outreach.amp.org); 1-301-634-7939

### **Association of Clinicians for the Underserved**

[www.clinicians.org](http://www.clinicians.org); 1-844-422-8247

### **Association of Oncology Social Work**

[www.aosw.org](http://www.aosw.org); 1-847-686-2233

### **Black Women's Health Imperative**

[www.bwhi.org](http://www.bwhi.org); 1-202-548-4000

### **Cancer Legal Resource Center (CLRC)**

[www.thedrlc.org/cancer/](http://www.thedrlc.org/cancer/); (866) THE-CLRC (843-2572)

### **Cancer Patient Education Network**

[www.cancerpatienteducation.org](http://www.cancerpatienteducation.org)

### **Cancer Support Community**

[www.cancersupportcommunity.org](http://www.cancersupportcommunity.org); 1-888-793-9355

### **Caregiver Action Network**

[www.caregiveraction.org](http://www.caregiveraction.org)

### **Intercultural Cancer Council**

[www.interculturalcancercouncil.org](http://www.interculturalcancercouncil.org)

### **Joe's House – A Lodging Guide for Cancer Patients**

[www.joeshouse.org](http://www.joeshouse.org); 1-877-563-7468

### **Latinas Contra Cancer**

[www.latinascontracancer.org](http://www.latinascontracancer.org); 1-888-LCC-8110

### **The LGBT Cancer Project**

[www.lgbtcancer.org](http://www.lgbtcancer.org)

### **LIVESTRONG Foundation**

[www.livestrong.org](http://www.livestrong.org); 1-855-220-7777

### **Multinational Association of Supportive Care in Cancer**

[www.mascc.org](http://www.mascc.org)

### **National Association of Social Workers**

[www.socialworkers.org](http://www.socialworkers.org); 1-202-408-8600

### **National Center for Frontier Communities**

[www.frontierus.org](http://www.frontierus.org); 1-575-534-0101

### **National Coalition for Cancer Survivorship**

[www.canceradvocacy.org](http://www.canceradvocacy.org); 1-877-NCCS-YES (1-877-622-7937)

### **National Comprehensive Cancer Network® (NCCN®) –**

**NCCN Guidelines for Patients®**

[www.nccn.org/patients](http://www.nccn.org/patients)

### **NeedyMeds**

[www.needy meds.org](http://www.needy meds.org); 1-800-503-6897

### **Prevent Cancer Foundation®**

[www.preventcancer.org](http://www.preventcancer.org); 1-800-227-2732

### **Redes en Acción: The National Latino Cancer**

**Research Network at UT Health San Antonio**

[www.redesenaccion.com](http://www.redesenaccion.com); 1-210-562-6500

### **Research Advocacy Network**

[www.researchadvocacy.org](http://www.researchadvocacy.org); 1-877-276-2187

### **Scott Hamilton CARES Foundation**

[www.scottcares.org](http://www.scottcares.org)

### **Triage Cancer**

[www.triagecancer.org](http://www.triagecancer.org); 1-424-258-4628

### **Vital Options International**

[www.vitaloptions.org](http://www.vitaloptions.org)



**CANCERCARE**

National Office  
275 Seventh Avenue  
New York, NY 10001

CANCERCARE CONNECT® EDUCATION WORKSHOP

# Living with Metastatic Prostate Cancer

## A Two-Part Series

Tuesday

1:30 - 2:30 PM Eastern Time

April 11, 2023

May 23, 2023

A free CancerCare Connect® Education Workshop Series for men living with prostate cancer, their families, partners, caregivers, friends and health care professionals

Listen to these workshops over the telephone or connect to our webcasts online.



**CANCERCARE**

Help and Hope

800-813-HOPE (4673)

[www.cancercare.org](http://www.cancercare.org)

[connect@cancercare.org](mailto:connect@cancercare.org)

# CANCERCARE CONNECT® EDUCATION WORKSHOP

## What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

### How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

### How do I register?

There are two ways to register:

- Call **800-813-HOPE (4673)**
- Register online at [www.cancercare.org/connect](http://www.cancercare.org/connect)

After you have registered, you will receive additional information.

## Missed a CancerCare Connect® Education Workshop?

You can listen to previous workshops on the CancerCare website. Just log on to [www.cancercare.org/podcasts](http://www.cancercare.org/podcasts).

## Continuing Education Credits (Live Only)

**Social Workers:** This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. Each workshop is approved for 1.0 Contact Hour.

**Registered Dietitians:** This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to [connect@cancercare.org](mailto:connect@cancercare.org) after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

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## Part I

Tuesday, April 11, 2023

### Metastatic Prostate Cancer: Current Treatment Advances

#### Workshop Topics

- Overview of the Treatment of Metastatic Prostate Cancer, in the Context of COVID, Omicron & Seasonal Flu
- Advances in the Treatment of Metastatic Prostate Cancer
- Updates on the Treatment & Care of Bone Metastases
- The Role of Chemotherapy, Radiation Oncology & Targeted Treatments
- The Importance of Clinical Trials
- How Clinical Trials Contribute to Your Treatment Options
- The Role of Precision Medicine
- New & Emerging Treatments for Metastatic Prostate Cancer
- Tips to Manage Side Effects, Discomfort & Pain
- The Role of Physical Activity
- Guidelines to Prepare for Telehealth/Telemedicine Appointments with Your Health Care Team, including Technology, Prepared List of Questions & Discussion of OpenNotes
- Key Questions to Ask Your Health Care Team
- Quality-of-Life Concerns
- Questions for Our Panel of Experts

#### Speakers

##### Susan Slovin, MD, PhD

Attending Physician  
Genitourinary Oncology Service  
Sidney Kimmel Center for Prostate and Urologic Diseases  
Memorial Sloan Kettering Cancer Center  
Professor of Medicine, Department of Medicine  
Weill College of Cornell University

##### Michael J. Zelefsky, MD, FASTRO

Professor of Radiation Oncology  
Greenberg Chair of Prostate Cancer Research  
Chief, Brachytherapy Service  
Director of Prostate Cancer Radiotherapy  
Memorial Sloan Kettering Cancer Center

##### Elizabeth K. O'Donnell, MD

Clinical Director of Early Detection and Prevention of Cancer  
Dana-Farber Cancer Institute  
Assistant Professor of Medicine  
Harvard Medical School

##### Carolyn Messner, DSW, BCD, FAPOS, FAOSW

Senior Director of Education and Training, CancerCare®

## Part II

Tuesday, May 23, 2023

### For Caregivers: Coping with a Loved One's Metastatic Prostate Cancer

#### Workshop Topics

- The Important Role of the Caregiver with the Health Care Team
- Caring for Your Loved One with Metastatic Prostate Cancer, in the Context of COVID & Omicron
- Tips on Working with the Health Care Team to Manage Your Loved One's Pain, Neuropathy & Discomfort
- Deciding to Become a Caregiver: The Unique Stresses & Rewards of Caregiving
- Long-Distance Caregiving: Managing Family, Friends, Partners & Traditions
- Coping with Holidays, Birthdays, Anniversaries & Special Occasions
- The Increasing Role of Telehealth/Telemedicine
- Key Questions to Ask Your Health Care Team about Quality-of-Life Concerns
- Self-Care & Stress Management Tips to Promote Caregiver Resilience

#### Speakers

##### Susan Slovin, MD, PhD

Attending Physician  
Genitourinary Oncology Service  
Sidney Kimmel Center for Prostate and Urologic Diseases  
Memorial Sloan Kettering Cancer Center  
Professor of Medicine, Department of Medicine  
Weill College of Cornell University

##### Guadalupe R. Palos, DrPH, MSW, RN

Former Clinical Protocol Administration Manager  
Office of Cancer Survivorship  
The University of Texas MD Anderson Cancer Center  
Author and Researcher in Health Care Disparities, Caregiving & Survivorship

##### Andrew J. Roth, MD, FAPOS

Emeritus, Attending Psychiatrist  
Memorial Sloan Kettering Cancer Center  
Department of Psychiatry & Behavioral Sciences  
Professor Emeritus of Clinical Psychiatry  
Weill Cornell Medical College

##### Dina Smith, MSW

Caregiver Program Coordinator  
CancerCare®