

## About Us

Founded in 1944, CancerCare is the leading national organization providing free, professional support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by oncology social workers and world-leading cancer experts. To learn more, visit [www.cancercare.org](http://www.cancercare.org) or call **800-813-HOPE (4673)**.

CancerCare is pleased to collaborate with these organizations:

### LUNgevity Lung Cancer Helpline

844-360-LUNG (5864)

### Advanced Practitioner Society for Hematology and Oncology (APSHO)

[www.apsho.org](http://www.apsho.org)

### American Cancer Society

[www.cancer.org](http://www.cancer.org); 1-800-227-2345

### American Psychosocial Oncology Society

[www.apos-society.org](http://www.apos-society.org)

### American Society of Clinical Oncology

[www.cancer.net](http://www.cancer.net); 1-888-651-3038

### The Association for Molecular Pathology (AMP)

[outreach.amp.org](http://outreach.amp.org); 1-301-634-7939

### Association of Clinicians for the Underserved

[www.clinicians.org](http://www.clinicians.org); 1-844-422-8247

### Association of Oncology Social Work

[www.aosw.org](http://www.aosw.org); 1-847-686-2233

### Black Women's Health Imperative

[www.bwhi.org](http://www.bwhi.org); 1-202-787-5931

### Cancer Legal Resource Center (CLRC)

[www.thedrlc.org/cancer/](http://www.thedrlc.org/cancer/); (866) THE-CLRC (843-2572)

### Cancer Patient Education Network

[www.cancerpatienteducation.org](http://www.cancerpatienteducation.org)

### Cancer Support Community

[www.cancersupportcommunity.org](http://www.cancersupportcommunity.org); 1-888-793-9355

### Caregiver Action Network

[www.caregiveraction.org](http://www.caregiveraction.org); 1-855-227-3640

### Free ME from Lung Cancer

[www.freemefromlungcancer.org](http://www.freemefromlungcancer.org); 1-207-215-9035

### GO2 Foundation for Lung Cancer

[www.go2foundation.org](http://www.go2foundation.org); 1-800-298-2436

### Intercultural Cancer Council

[www.interculturalcancercouncil.org](http://www.interculturalcancercouncil.org)

### Joe's House – A Lodging Guide for Cancer Patients

[www.joeshouse.org](http://www.joeshouse.org); 1-877-563-7468

### Latinas Contra Cancer

[www.latinascontracancer.org](http://www.latinascontracancer.org); 1-888-LCC-8110

### The LGBT Cancer Project

[www.lgbtcancer.org](http://www.lgbtcancer.org)

### LIVESTRONG Foundation

[www.livestrong.org](http://www.livestrong.org); 1-855-220-7777

### Lung Cancer Research Foundation

[www.lcrf.org](http://www.lcrf.org); 1-844-835-4325

### LUNgevity Foundation

[www.LUNgevity.org](http://www.LUNgevity.org); 1-312-407-6100

### Multinational Association of Supportive Care in Cancer

[www.mascc.org](http://www.mascc.org)

### National Association of Social Workers

[www.socialworkers.org](http://www.socialworkers.org); 1-202-408-8600

### National Center for Frontier Communities

[www.frontierus.org](http://www.frontierus.org); 1-575-597-0039

### National Coalition for Cancer Survivorship

[www.canceradvocacy.org](http://www.canceradvocacy.org); 1-877-NCCS-YES (1-877-622-7937)

### National Comprehensive Cancer Network® (NCCN®) –

**NCCN Guidelines for Patients®**

[www.nccn.org/patients](http://www.nccn.org/patients)

### NeedyMeds

[www.needy meds.org](http://www.needy meds.org); 1-800-503-6897

### Prevent Cancer Foundation®

[www.preventcancer.org](http://www.preventcancer.org); 1-800-227-2732

### Research Advocacy Network

[www.researchadvocacy.org](http://www.researchadvocacy.org); 1-877-276-2187

### Scott Hamilton CARES Foundation

[www.scottcares.org](http://www.scottcares.org)

### Triage Cancer

[www.triagecancer.org](http://www.triagecancer.org); 1-424-258-4628

### Vital Options International

[www.vitaloptions.org](http://www.vitaloptions.org); 1-800-518-2354



CANCERCARE CONNECT® EDUCATION WORKSHOP

## Living with Non-Small Cell Lung Cancer

### A Three-Part Series

Tuesdays

1:30 - 2:30 PM Eastern Time

May 10, 2022

May 17, 2022

June 21, 2022

A free CancerCare Connect® Education Workshop Series for people living with non-small cell lung cancer, their families, partners, caregivers, friends and health care professionals.

Listen to these workshops over the telephone or connect to our webcasts online.



and



CANCERCARE®  
Help and Hope

800-813-HOPE (4673)  
[www.cancercare.org](http://www.cancercare.org)  
[connect@cancercare.org](mailto:connect@cancercare.org)

## What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

### How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

### How do I register?

There are two ways to register:

- Call **800-813-HOPE (4673)**
- Register online at

[www.cancercare.org/connect](http://www.cancercare.org/connect)

After you have registered, you will receive additional information.

## Missed a CancerCare Connect® Education Workshop?

A listing of featured programs is available by calling **888-337-7533**, 24 hours a day, 7 days a week. You can also listen to previous workshops on the CancerCare website. Just log on to [www.cancercare.org/podcasts](http://www.cancercare.org/podcasts).

## Continuing Education Credits (Live Only)

**Social Workers:** This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour.

**Registered Dietitians:** This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to [connect@cancercare.org](mailto:connect@cancercare.org) after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

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## Part I Tuesday, May 10, 2022

### Non-Small Cell Lung Cancer: Treatment Advances

#### Workshop Topics

- Overview of Lung Cancer & Current Standard of Care, in the Context of COVID-19
- The Role of Chemotherapy, Radiation Oncology & Targeted Cancer Therapies
- New Treatment Approaches
- The Role of Precision Medicine in Informing Treatment Choices
- How Clinical Trials Contribute to Treatment Options
- Managing Side Effects, Symptoms, Discomfort & Pain
- Communicating with Your Health Care Team about Quality-of-Life Concerns
- Nutrition & Hydration Concerns & Tips
- The Important Role of Lifestyle, Movement, Activity & Balance
- Key Questions to Ask When Communicating with Your Health Care Team
- The Increasing Role of Telehealth/Telemedicine Appointments, including Technology, Prepared List of Questions, Scheduling Follow-Up Care & Discussion of OpenNotes
- Quality-of-Life Concerns
- Questions for Our Panel of Experts

#### Speakers

**Jia Luo, MD**  
Physician, Attending, Thoracic Oncology Service, Dana-Farber Cancer Institute  
Instructor in Medicine, Harvard Medical School

**Kenneth Rosenzweig, MD**  
Professor and Chair, Department of Radiation Oncology Icahn School of Medicine at Mount Sinai  
System Chair, Mount Sinai Health System

**Elizabeth K. O'Donnell, MD**  
Director, Lifestyle Clinic, Massachusetts General Hospital  
Associate Director, Mass General Cancer Center's Survivorship Program, Assistant Professor of Medicine, Harvard Medical School

**Diana L. Bearden, MS, RD, CSO, LD, CNSC**  
Oncology Dietitian, Michael E. DeBakey VA Medical Center

**Katie Brown, OPN-CG**  
Sr. Vice President Support and Survivorship Programs  
LUNgevity Foundation

**Carolyn Messner, DSW, BCD, FAPOS, FAOSW**  
Senior Director of Education and Training, CancerCare®

## Part II Tuesday, May 17, 2022

### For Caregivers: Practical Tips to Cope with Your Loved One's Non-Small Cell Lung Cancer

#### Workshop Topics

- Overview of Lung Cancer & Current Standard of Care, in the Context of COVID-19 & Its Variants
- The Role of the Caregiver
- Caregiver's Role in Decision-Making for a Loved One with Lung Cancer
- What Research Tells Us about Caregivers
- Challenges & Opportunities in Communicating with the Health Care Team
- Coping On Special Occasions, Birthdays & Holidays
- Managing Family & Friends, in the Context of COVID-19
- Strategies for Adherence by Caregivers
- Coping with Co-Morbid Health Concerns
- Long-Distance Caregiving
- Self-Care Tips for Coping with Stress
- Questions for Our Panel of Experts

#### Speakers

**Joshua K. Sabari, MD**  
Attending Physician  
Thoracic Medical Oncology  
Assistant Professor of Medicine  
NYU Langone Health  
Perlmutter Cancer Center

**Christine Calafiore, MSW**  
Lung Cancer Program Coordinator  
CancerCare®

**Angela James, MSW, MBA, MEd**  
Care Navigator  
LUNgevity Foundation

**Carolyn Messner, DSW, BCD, FAPOS, FAOSW**  
Senior Director of Education and Training  
CancerCare®

## Part III Tuesday, June 21, 2022

### Genomic Testing & Current Trends in the Treatment of Non-Small Cell Lung Cancer

#### Workshop Topics

- Overview of Non-Small Cell Lung Cancer, in the Context of COVID-19
- Definition of Genomics & Genomic Testing
- The Difference between Genomics & Genetics
- The Role of Genomic Testing in the Treatment of Non-Small Cell Lung Cancer
- Specific Examples of How Genomic Testing May Inform Treatment Decisions
- Precision Medicine
- Current Research in Genomics
- Liquid Biopsies
- The Role of the Pathologist
- Reviewing Your Pathology Report with Your Pathologist & Health Care Team
- Key Questions to Ask Your Health Care Team about Genomic Testing & Its Benefits for Your Treatment
- Follow-Up Care
- Guidelines to Prepare for Telehealth/Telemedicine Appointments, including Technology, Prepared List of Questions
- Questions for Our Panel of Experts

#### Speakers

**Joshua K. Sabari, MD**  
Attending Physician  
Thoracic Medical Oncology  
Assistant Professor of Medicine  
NYU Langone Health  
Perlmutter Cancer Center

**Jia Luo, MD**  
Physician, Attending, Thoracic Oncology Service, Dana-Farber Cancer Institute  
Instructor in Medicine, Harvard Medical School

**Nikki Martin, MA**  
Senior Director of Precision Medicine Initiatives  
LUNgevity Foundation

**Carolyn Messner, DSW, BCD, FAPOS, FAOSW**  
Senior Director of Education and Training  
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