About Us
Founded in 1944, CancerCare is the leading national organization providing free, professional support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by oncology social workers and world-leading cancer experts. To learn more, visit www.cancercare.org or call 800-813-HOPE (4673).

CancerCare is pleased to collaborate with these organizations:

Bladder Cancer Advocacy Network
www.bcan.org; 1-888-901-BCAN

American Cancer Society
www.cancer.org; 1-800-227-2345
American Psychosocial Oncology Society
www.apos-society.org
American Society of Clinical Oncology
www.cancer.net; 1-888-653-3038

The Association for Molecular Pathology (AMP)
outreach.amp.org; 1-301-634-7939

Association of Clinicians for the Underserved
www.clinicians.org; 1-844-422-8247

Association of Oncology Social Work
www.aosw.org; 1-847-686-2233
Black Women’s Health Imperative
www.bwhi.org; 1-202-787-5931

Cancer Patient Education Network
www.cancerpatienteducation.org
Cancer Support Community
www.cancersupportcommunity.org; 1-888-793-9355
Caregiver Action Network
www.caregiveraction.org; 1-855-227-3640

Intercultural Cancer Council
www.interculturalcancercouncil.org
Joe’s House – A Lodging Guide for Cancer Patients
www.joeshouse.org; 1-877-563-7468

Latinas Contra Cancer
www.latinascontracancer.org; 1-888-LCC-8110
The LGBT Cancer Project
www.lgbtcancer.org

LIVESTRONG Foundation
www.livestrong.org; 1-855-220-7777

Multinational Association of Supportive Care in Cancer
www.mascc.org
National Association of Social Workers
www.socialworkers.org; 1-202-408-8600
National Center for Frontier Communities
www.frontierus.org; 1-575-597-0039
National Coalition for Cancer Survivorship
www.canceradvocacy.org; 1-877-NCCS-YES (1-877-622-7937)
National Comprehensive Cancer Network® (NCCN®) – NCCN Guidelines for Patients®
www.nccn.org/patients

NeedyMeds
www.needymeds.org; 1-800-503-6897
Prevent Cancer Foundation®
www.preventcancer.org; 1-800-227-2732
Research Advocacy Network
www.researchadvocacy.org; 1-877-276-2187

Scott Hamilton CARES Foundation
www.scottcares.org
Triage Cancer
www.triagecancer.com; 1-424-258-4628
Vital Options International
www.vitaloptions.org; 1-800-518-2354

---

Life with Bladder Cancer
A Two-Part Series

Wednesdays
1:30 - 2:30 PM Eastern Time

November 10, 2021
December 1, 2021

A free CancerCare Connect® Education Workshop Series for people living with bladder cancer, their families, partners, caregivers, friends and health care professionals.

Listen to these workshops over the telephone or connect to our webcasts online.
**What is a CancerCare Connect® Education Workshop?**

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

**How do I participate?**
You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

**How do I register?**
There are two ways to register:
- Call 800-813-HOPE (4673)
- Register online at www.cancercare.org/connect

After you have registered, you will receive additional information.

**Continuing Education Credits (Live Only)**

**Social Workers:** This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour for each program.

Cancer Care, Inc.is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. Each workshop is approved for 1.0 Contact Hour.

**Registered Dietitians:** This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education credit, please email your name, profession, and address to connect@cancercare.org after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

This activity is supported by EMD Serono.

CancerCare’s application for continuing education credits for this program is supported by the Diana Napoli Fund.

---

**Missed a CancerCare Connect® Education Workshop?**

A listing of featured programs is available by calling 888-337-7533, 24 hours a day, 7 days a week. You can also listen to previous workshops on the CancerCare website. Just log on to www.cancercare.org/podcasts.

---

**Workshop Topics**

- Overview of Bladder Cancer, including Staging & Grading
- Current Standard of Care
- New Treatment Approaches
- Clinical Trial Updates
- The Role of Diagnostic Technologies & Precision Medicine
- Targeted Treatments
- Predicting Response to Treatment
- The Emerging Role of Immunotherapy
- Communicating with Your Health Care Team about Quality-of-Life Concerns
- Nutrition & Hydration Concerns & Tips
- Guidelines to Prepare for Telehealth/Telemedicine Appointments, including Technology, Prepared List of Questions & Discussion of OpenNotes
- Questions for Our Panel of Experts

**Speakers**

- **Song Zhao, MD, PhD**
  Medical Oncology
- **Diana L. Bearden, MS, RD, CSO, LD, CNSC**
  Oncology Dietitian
- **Michael E. DeBakey VA Medical Center**
- **Stephanie Chisolm, PhD**
  Director of Education and Research
  Bladder Cancer Advocacy Network (BCAN)
- **Carolyn Messner, DSW, OSW-C, FAPOS, FAOSW**
  Director of Education and Training
  CancerCare®

---

**Workshop Topics**

- Overview of Bladder Cancer, including Updates on New Treatment Approaches & Clinical Trials
- The Important Role of the Caregiver in Communicating with the Health Care Team, in the Context of COVID-19
- Helping to Manage Your Loved One’s Treatment, including Adherence & Follow-Up Care
- What Research Tells Us about Caregivers
- The Stresses, Challenges and Rewards of Caregiving
- Managing Family, Friends, Partners and Traditions, with Social Distancing
- Coping with Holidays, Birthdays, Anniversaries & Special Occasions, in the Context of COVID-19, Social Distancing & Wearing Masks
- Long Distance Caregivers
- The Increasing Role of Telemedicine/Telehealth Appointments
- Self-Care & Stress Management Tips to Promote Caregiver Resilience
- Questions for Our Panel of Experts

**Speakers**

- **Stewart B. Fleishman, MD**
  Former Founding Director, Cancer Support Services
  Continuum Cancer Centers of New York
  Author, Researcher in Oncology

- **Allyson Erardy, MSW**
  Oncology Social Worker
  CancerCare®

- **Stephanie Chisolm, PhD**
  Director of Education and Research
  Bladder Cancer Advocacy Network (BCAN)

- **Carolyn Messner, DSW, OSW-C, FAPOS, FAOSW**
  Director of Education and Training
  CancerCare®