

## About Us

Founded in 1944, CancerCare is the leading national organization providing free, professional support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by oncology social workers and world-leading cancer experts. To learn more, visit [www.cancercare.org](http://www.cancercare.org) or call **800-813-HOPE (4673)**.

CancerCare is pleased to collaborate with these organizations:

### **Bladder Cancer Advocacy Network**

[www.bcan.org](http://www.bcan.org); 1-888-901-BCAN

### **American Cancer Society**

[www.cancer.org](http://www.cancer.org); 1-800-227-2345

### **American Psychosocial Oncology Society**

[www.apos-society.org](http://www.apos-society.org); 1-866-276-7443

### **American Society of Clinical Oncology**

[www.cancer.net](http://www.cancer.net); 1-888-651-3038

### **The Association for Molecular Pathology (AMP)**

[outreach.amp.org](http://outreach.amp.org); 1-301-634-7939

### **Association of Clinicians for the Underserved**

[www.clinicians.org](http://www.clinicians.org); 1-844-422-8247

### **Association of Oncology Social Work**

[www.aosw.org](http://www.aosw.org); 1-847-686-2233

### **Black Women's Health Imperative**

[www.bwhi.org](http://www.bwhi.org); 1-202-787-5931

### **Cancer Patient Education Network**

[www.cancerpatienteducation.org](http://www.cancerpatienteducation.org)

### **Cancer Support Community**

[www.cancersupportcommunity.org](http://www.cancersupportcommunity.org); 1-888-793-9355

### **Caregiver Action Network**

[www.caregiveraction.org](http://www.caregiveraction.org); 1-855-227-3640

### **Joe's House – A Lodging Guide for Cancer Patients**

[www.joeshouse.org](http://www.joeshouse.org); 1-877-563-7468

### **Latinas Contra Cancer**

[www.latinascontracancer.org](http://www.latinascontracancer.org); 1-888-LCC-8110

### **The LGBT Cancer Project**

[www.lgbtcancer.org](http://www.lgbtcancer.org)

### **LIVESTRONG Foundation**

[www.livestrong.org](http://www.livestrong.org); 1-855-220-7777

### **Multinational Association of Supportive Care in Cancer**

[www.mascc.org](http://www.mascc.org)

### **National Association of Social Workers**

[www.socialworkers.org](http://www.socialworkers.org); 1-202-408-8600

### **National Center for Frontier Communities**

[www.frontierus.org](http://www.frontierus.org); 1-575-597-0039

### **National Coalition for Cancer Survivorship**

[www.canceradvocacy.org](http://www.canceradvocacy.org); 1-877-NCCS-YES (1-877-622-7937)

### **National Comprehensive Cancer Network® (NCCN®) – NCCN Guidelines for Patients®**

[www.nccn.org/patients](http://www.nccn.org/patients)

### **NeedyMeds**

[www.needymeds.org](http://www.needymeds.org); 1-800-503-6897

### **Prevent Cancer Foundation®**

[www.preventcancer.org](http://www.preventcancer.org); 1-800-227-2732

### **Research Advocacy Network**

[www.researchadvocacy.org](http://www.researchadvocacy.org); 1-877-276-2187

### **Scott Hamilton CARES Foundation**

[www.scottcares.org](http://www.scottcares.org)

### **Triage Cancer**

[www.triagecancer.org](http://www.triagecancer.org); 1-424-258-4628

### **Vital Options International**

[www.vitaloptions.org](http://www.vitaloptions.org); 1-800-518-2354



**CANCERCARE**  
National Office  
275 Seventh Avenue  
New York, NY 10001

CANCERCARE CONNECT® EDUCATION WORKSHOP

## Living with Bladder Cancer

### A Two-Part Series

### Wednesdays

1:30 - 2:30 PM Eastern Time

May 5, 2021

June 2, 2021

A free CancerCare Connect® Education Workshop Series for people living with bladder cancer, their families, partners, caregivers, friends and health care professionals.

Listen to these workshops over the telephone or connect to our webcasts online.



and



**CANCERCARE**

Help and Hope

800-813-HOPE (4673)  
[www.cancercare.org](http://www.cancercare.org)  
[connect@cancercare.org](mailto:connect@cancercare.org)

# CANCERCARE CONNECT® EDUCATION WORKSHOP

## What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

### How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

### How do I register?

There are two ways to register:

- Call **800-813-HOPE (4673)**
- Register online at [www.cancercare.org/connect](http://www.cancercare.org/connect)

After you have registered, you will receive additional information.

## Missed a CancerCare Connect® Education Workshop?

A listing of featured programs is available by calling **888-337-7533**, 24 hours a day, 7 days a week. You can also listen to previous workshops on the CancerCare website. Just log on to [www.cancercare.org/podcasts](http://www.cancercare.org/podcasts).

## Continuing Education Credits (Live Only)

**Social Workers:** This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour.

**Registered Dietitians:** This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to [connect@cancercare.org](mailto:connect@cancercare.org) after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

**This activity is supported by Bristol Myers Squibb, Astellas US, LLC and Seagen, and an independent educational grant from Merck & Co. Inc. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.**

## Living with Bladder Cancer

1:30 - 2:30 PM Eastern Time

**Part I** **Wednesday, May 5, 2021**

### Update on the Treatment of Bladder Cancer

#### Workshop Topics

- Overview of Bladder Cancer, including Staging and Grading, in the Context of COVID-19
- Standard of Care
- New Treatment Approaches
- Update on Clinical Trials
- How Research Increases Your Treatment Options
- The Role of Diagnostic Technologies, Genomics & Precision Medicine
- Targeted Treatments
- Predicting Response to Treatment
- The Emerging Role of Immunotherapy
- Communicating with Your Health Care Team about Quality-of-Life Concerns
- Follow-Up Care Appointments & Plans
- The Increasing Role of Telehealth/Telemedicine Appointments
- Nutrition & Hydration Concerns & Tips
- Questions for Our Panel of Experts

#### Speakers

##### Song Zhao, MD, PhD

Medical Oncology, Swedish Cancer Institute

##### Robert S. Svatek, MD, MSCI

Professor, Acting Chair, Department of Urology  
Mays Cancer Center at UT Health San Antonio MD Anderson

##### Diana L. Bearden, MS, RD, CSO, LD, CNSC

Oncology Dietitian  
Michael E. DeBaakey VA Medical Center

##### Stephanie Chisolm, PhD

Director of Education and Research  
Bladder Cancer Advocacy Network (BCAN)

##### Carolyn Messner, DSW, OSW-C, FAPOS, FAOSW

Director of Education and Training  
CancerCare®

## Living with Bladder Cancer

1:30 - 2:30 PM Eastern Time

**Part II** **Wednesday, June 2, 2021**

### For Caregivers: Practical Tips to Cope with Your Loved One's Bladder Cancer

#### Workshop Topics

- Updates on Bladder Cancer, in the Context of COVID-19
- The Important Role of the Caregiver in Communicating with the Health Care Team
- Helping to Manage Your Loved One's Treatment, including Adherence & Follow-Up Care
- Stresses, Challenges and Rewards of Caregiving
- Managing Family, Friends, Partners and Traditions, in the Context of COVID-19
- Coping with Holidays, Birthdays, Anniversaries & Special Occasions
- Long Distance Caregivers
- Guidelines to Prepare for Telehealth/Telemedicine Appointments, including Technology & List of Prepared Questions
- Remembering to Take Care of Yourself
- Self-Care & Stress Management Tips
- Questions for Our Panel of Experts

#### Speakers

##### Robert S. Svatek, MD, MSCI

Professor, Acting Chair, Department of Urology  
Mays Cancer Center at UT Health San Antonio MD Anderson

##### Sharon Flynn, MS, RN, ANP-BC, AOCNS, BMTCN

Nurse Practitioner, Nursing Research and Translational Science, Clinical Center Nursing Department  
National Institutes of Health, Clinical Research Center

##### Stephanie Chisolm, PhD

Director of Education and Research  
Bladder Cancer Advocacy Network (BCAN)

##### Carolyn Messner, DSW, OSW-C, FAPOS, FAOSW

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