

## About Us

Founded in 1944, CancerCare is the leading national organization providing free, professional support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by oncology social workers and world-leading cancer experts. To learn more, visit [www.cancercare.org](http://www.cancercare.org) or call **800-813-HOPE (4673)**.

CancerCare is pleased to collaborate with these organizations:

**LUNgevity Lung Cancer Helpline**  
844-360-LUNG (5864)

### American Cancer Society

[www.cancer.org](http://www.cancer.org); 1-800-227-2345

### American Psychosocial Oncology Society

[www.apos-society.org](http://www.apos-society.org); 1-866-276-7443

### American Society of Clinical Oncology

[www.cancer.net](http://www.cancer.net); 1-888-651-3038

### The Association for Molecular Pathology (AMP)

[www.amp.org](http://www.amp.org); 1-301-634-7939

### Association of Clinicians for the Underserved

[www.clinicians.org](http://www.clinicians.org); 1-844-422-8247

### Association of Oncology Social Work

[www.aosw.org](http://www.aosw.org); 1-847-686-2233

### Black Women's Health Imperative

[www.bwhi.org](http://www.bwhi.org); 1-202-548-4000

### Cancer Patient Education Network

[www.cancerpatienteducation.org](http://www.cancerpatienteducation.org)

### Cancer Support Community

[www.cancersupportcommunity.org](http://www.cancersupportcommunity.org); 1-888-793-9355

### Caregiver Action Network

[www.caregiveraction.org](http://www.caregiveraction.org)

### Free ME from Lung Cancer

[www.freemefromlungcancer.org](http://www.freemefromlungcancer.org); 1-207-215-9035

### GO2 Foundation for Lung Cancer

[www.go2foundation.org](http://www.go2foundation.org); 1-800-298-2436

### Joe's House – A Lodging Guide for Cancer Patients

[www.joeshouse.org](http://www.joeshouse.org); 1-877-563-7468

### Latinas Contra Cancer

[www.latinascontracancer.org](http://www.latinascontracancer.org); 1-888-LCC-8110

### The LGBT Cancer Project

[www.lgbtcancer.org](http://www.lgbtcancer.org)

### LIVESTRONG Foundation

[www.livestrong.org](http://www.livestrong.org); 1-855-220-7777

### Lung Cancer Research Foundation

[www.lcrf.org](http://www.lcrf.org); 1-844-835-4325

### LUNgevity Foundation

[www.LUNgevity.org](http://www.LUNgevity.org); 1-312-407-6100

### MetaCancer Foundation

[www.metacancer.org](http://www.metacancer.org)

### Multinational Association of Supportive Care in Cancer

[www.mascc.org](http://www.mascc.org)

### National Association of Social Workers

[www.socialworkers.org](http://www.socialworkers.org); 1-202-408-8600

### National Center for Frontier Communities

[www.frontierus.org](http://www.frontierus.org); 1-575-534-0101

### National Coalition for Cancer Survivorship

[www.canceradvocacy.org](http://www.canceradvocacy.org); 1-877-NCCS-YES (1-877-622-7937)

### National Comprehensive Cancer Network® (NCCN®) –

NCCN Guidelines for Patients®

[www.nccn.org/patients](http://www.nccn.org/patients)

### NeedyMeds

[www.needy meds.org](http://www.needy meds.org); 1-800-503-6897

### Research Advocacy Network

[www.researchadvocacy.org](http://www.researchadvocacy.org); 1-877-276-2187

### Scott Hamilton CARES Foundation

[www.scottcares.org](http://www.scottcares.org)

### Triage Cancer

[www.triagecancer.org](http://www.triagecancer.org); 1-424-258-4628

### Vital Options International

[www.vitaloptions.org](http://www.vitaloptions.org)



**CANCERCARE**

National Office  
275 Seventh Avenue  
New York, NY 10001

**CANCERCARE CONNECT® EDUCATION WORKSHOP**

# Living with Lung Cancer

## A Two-Part Series

**Tuesdays**

**1:30 - 2:30 PM Eastern Time**

**November 10, 2020**

**November 17, 2020**

A free CancerCare Connect® Education Workshop Series for people living with lung cancer, their families, partners, caregivers, friends and health care professionals

Listen to these workshops over the telephone or connect to our webcasts online.



and



**CANCERCARE**

Help and Hope

**800-813-HOPE (4673)**  
**[www.cancercare.org](http://www.cancercare.org)**  
**[connect@cancercare.org](mailto:connect@cancercare.org)**

# CANCERCARE CONNECT® EDUCATION WORKSHOP

## What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

### How do I participate?

You can listen to these workshops on the telephone or via live streaming through the Internet. Participation is free.

### How do I register?

There are two ways to register:

- Call **800-813-HOPE (4673)**
- Register online at [www.cancercare.org/connect](http://www.cancercare.org/connect)

After you have registered, you will receive additional information.

## Missed a CancerCare Connect® Education Workshop?

A listing of featured programs is available by calling **888-337-7533**, 24 hours a day, 7 days a week. You can also listen to previous workshops on the CancerCare website. Just log on to [www.cancercare.org/podcasts](http://www.cancercare.org/podcasts).

## Continuing Education Credits (Live Only)

**Social Workers:** Each program in this series has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. Each workshop in this series is approved for 1.0 Contact Hour.

**Registered Dietitians:** Each program in this series has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to [connect@cancercare.org](mailto:connect@cancercare.org) after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

**This activity is supported by AbbVie and Takeda Oncology. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.**

## Living with Lung Cancer

1:30 - 2:30 PM Eastern Time

### Part I

Tuesday, November 10, 2020

## Progress in the Treatment of Lung Cancer

### Workshop Topics

- Overview of Lung Cancer & Current Standard of Care, in the Context of COVID-19
- The Role of Chemotherapy, Radiation Oncology & Targeted Cancer Therapies
- New Treatment Approaches
- The Role of Precision Medicine in Informing Treatment Options
- How Clinical Trials Contribute to Treatment Options
- Managing Side Effects, Symptoms & Pain
- The Role of Telehealth/Telemedicine Appointments in Reducing Your Exposure to COVID-19
- Guidelines to Prepare for Telehealth/Telemedicine Appointments
- Key Questions to Ask Your Health Care Team
- Nutritional Concerns and Tips
- The Important Role of Movement
- Quality-of-Life Concerns
- Questions for Our Panel of Experts

### Speakers

#### Bob T. Li, MD, MPH

Medical Oncologist  
Thoracic Oncology and Early Drug Development Service  
Physician Ambassador to China and Asia-Pacific  
Boyst International Center, Memorial Sloan Kettering Cancer Center

#### W. Victoria Lai, MD

Assistant Attending Physician, Thoracic Oncology Service  
Memorial Sloan Kettering Cancer Center

#### Kenneth Rosenzweig, MD

Professor and Chair, Department of Radiation Oncology  
Icahn School of Medicine at Mount Sinai  
System Chair, Mount Sinai Health System

#### Diana L. Bearden, MS, RD, CSO, LD, CNSC

Oncology Dietitian, Michael E. DeBakey VA Medical Center

#### Donna Wilson, RN, MSN, RRT

Clinical Fitness Specialist, Integrative Medicine Center  
Memorial Sloan Kettering Cancer Center  
Founder & Head Coach, Empire Dragon Boat Team, BCS/ACS

#### Linda Wenger

Senior Vice President, Marketing and Communications  
LUNgevity Foundation

#### Win Boerckel, MSW, MBA

Director Social Service - Long Island  
Lung Cancer Program Coordinator, CancerCare®

## Living with Lung Cancer

1:30 - 2:30 PM Eastern Time

### Part II

Tuesday, November 17, 2020

## For Caregivers: Practical Tips for Coping with Your Loved One's Lung Cancer

### Workshop Topics

- Important Role of the Caregiver in Communicating with the Health Care Team, in the Context of COVID-19
- What Research Tells Us about Caregivers
- Caregiving for the Person with Lung Cancer, in the Context of COVID-19
- Helping to Manage Your Loved One's Treatment
- The Role of Caregivers in Adherence
- The Increasing Role of Telehealth/Telemedicine Appointments
- Guidelines to Prepare for Telehealth/Telemedicine Appointments
- Managing Family, Friends, Partners & Traditions, in the Context of COVID-19
- Coping with Holidays, Birthdays & Special Occasions, in the Context of COVID-19
- Coping with the Stress of Caregiving
- Self-Care Tips
- Questions for Our Panel of Experts

### Speakers

#### Erin E. Kent, PhD, MS

Associate Professor, University of North Carolina, Chapel Hill (UNC)  
Department of Health Policy and Management  
Gillings School of Public Health  
Full Member, UNC Lineberger Comprehensive Cancer Center

#### Andrew Chow, MD, PhD

Medical Oncologist  
Assistant Attending, Thoracic Oncology Service  
Memorial Sloan Kettering Cancer Center

#### Stewart B. Fleishman, MD

Former Founding Director, Cancer Support Services  
Continuum Cancer Centers of New York  
Author, Researcher in Oncology

#### Sharon Flynn, MS, RN, ANP-BC, AOCNS, BMTCN

Nurse Practitioner, Nursing Research and Translational Science  
Clinical Center Nursing Department  
National Institutes of Health, Clinical Research Center

#### Katie Brown, OPN-CG, CCA

Vice President, Support & Survivorship Program  
LUNgevity Foundation

#### Win Boerckel, MSW, MBA

Director Social Service - Long Island  
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