About Us
Founded in 1944, CancerCare is the leading national organization providing free, professional support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by oncology social workers and world-leading cancer experts. To learn more, visit www.cancercare.org or call 800-813-HOPE (4673).

CancerCare is pleased to collaborate with these organizations:

American Cancer Society
www.cancer.org; 1-800-227-2345
American Psychosocial Oncology Society
www.apos-society.org; 1-866-276-7443
American Society of Clinical Oncology
www.cancer.net; 1-888-653-3038
The Association for Molecular Pathology (AMP)
www.amp.org; 1-301-654-7939
Association of Clinicians for the Underserved
www.clinicians.org; 1-844-422-8247
Association of Oncology Social Work
www.aosw.org; 1-847-686-2233
Be The Match® Patient Support Center
www.bethematch.org/one-on-one; 1-888-999-6743
Black Women’s Health Imperative
www.bwhi.org; 1-202-548-4000
Blood & Marrow Transplant Information Network
www.bmtinfonet.org; 1-888-597-7674
Bone Marrow & Cancer Foundation
www.bonemarrow.org; 1-800-365-1336
Cancer Patient Education Network
www.cancerpatienteducation.org
Cancer Support Community
www.cancersupportcommunity.org; 1-888-793-9355
Caregiver Action Network
www.caregiveraction.org
DKMS
www.dkms.org; 1-212-209-6700
Joe’s House – A Lodging Guide for Cancer Patients
www.joeshouse.org; 1-877-563-7668
International Myeloma Foundation
www.myeloma.org; 1-800-452-CURE (2873)
Latinas Contra Cancer
www.latinascontracancer.org; 1-888-LCC-8110
The LGBT Cancer Project
www.lgbtcancer.org
LIVESTRONG Foundation
www.livestrong.org; 1-855-220-7777
MetaCancer Foundation
www.metacancer.org
Multinational Association of Supportive Care in Cancer
www.mascc.org
National Association of Social Workers
www.socialworkers.org; 1-202-408-8000
National Bone Marrow Transplant Link
www.nbmtlink.org; 1-800-366-6080
National Center for Frontier Communities
www.frontierus.org; 1-575-534-0101
National Coalition for Cancer Survivorship
www.canceradvocacy.org; 1-877-NCCS-YES (1-877-622-7937)
National Comprehensive Cancer Network® (NCCN®) – NCCN Guidelines for Patients®
www.nccn.org/patients
NeedyMeds
www.needymeds.org; 1-800-503-6897
Research Advocacy Network
www.researchadvocacy.org; 1-888-777-2587
Scott Hamilton CARES Foundation
www.scottcares.org
Triage Cancer
www.triagecancer.org; 1-424-258-4628
Vital Options International
www.vitaloptions.org

Life with Multiple Myeloma
A Two-Part Series

Thursdays
1:30 - 2:30 PM Eastern Time

June 11, 2020
June 25, 2020

A free CancerCare Connect® Education Workshop for people living with multiple myeloma, their families, partners, caregivers, friends and health care professionals

Listen to this workshop over the telephone or connect to our webcast online.
**Missed a CancerCare Connect® Education Workshop?**

A listing of featured programs is available by calling 888-337-7533, 24 hours a day, 7 days a week. You can also listen to previous workshops on the CancerCare website. Just log on to [www.cancercare.org/podcasts](http://www.cancercare.org/podcasts).

**Continuing Education Credits (Live Only)**

**Social Workers:** Each program in this series has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

CancerCare, Inc. is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. Each workshop in this series is approved for 1.0 Contact Hour.

**Registered Dietitians:** Each program in this series has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to connect@cancercare.org after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

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**Workshop Details**

**Life with Multiple Myeloma**

1:30 - 2:30 PM Eastern Time

**Part I**

**Thursday, June 11, 2020**

**Progress in the Treatment of Multiple Myeloma**

**Workshop Topics**

- Overview of Multiple Myeloma, in the Context of COVID-19
- Current Standard of Care
- New Treatment Approaches and the Role of Transplantation
- Clinical Trial Updates: How Research Contributes to Your Treatment Options
- Practical Tips for Symptom, Side Effect and Pain Management
- Reducing Complications of Bone Disease
- Lifestyle, Physical Activity & Mobility Tips to Improve Your Quality-of-Life
- Recommendations for How to Prepare for Telehealth Appointments with Your Health Care Team
- Questions for Our Panel of Experts

**Speakers**

**William Bensinger, MD**
Center for Blood Disorders and Stem Cell Transplantation
SCI's Personalized Medicine Program
Myeloma & Transplant Program, Swedish Cancer Institute

**Noopur Raje, MD**
Director, Center for Multiple Myeloma
Massachusetts General Hospital Cancer Center
Professor of Medicine, Harvard Medical School

**Elizabeth K. O’Donnell, MD**
Director, Lifestyle Clinic, Massachusetts General Hospital Cancer Center
Associate Director
Mass General Cancer Center’s Survivorship Program
Assistant Professor of Medicine, Harvard Medical School

**Carolyn Messner, DSW, OSW-C, FAPOS, FAOSW**
Director of Education and Training
CancerCare®

This activity is supported by AbbVie, Takeda Oncology and the Diana Napoli Fund. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.

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**Workshop Details**

**Life with Multiple Myeloma**

1:30 - 2:30 PM Eastern Time

**Part II**

**Thursday, June 25, 2020**

**Coping with the Stresses of Caregiving for Your Loved One with Multiple Myeloma**

**Workshop Topics**

- Overview of Multiple Myeloma
- Caregiving & Social Distancing, in the Context of COVID-19
- Taking on the Role of Caregiving: Your Important Role in Decision Making
- Caring for Your Loved One with Multiple Myeloma
- Challenges in Communicating with the Health Care Team
- Your Role in Adherence: Weekends, Holidays and Vacations
- Coping with Each Day, On Special Occasions, Anniversaries & Birthdays
- Managing Family, Friends & Traditions, in the Context of Social Distancing
- Long Distance Caregiving
- Self-Care Tips for Managing Stress
- Questions for Our Panel of Experts

**Speakers**

**Elizabeth K. O’Donnell, MD**
Director, Lifestyle Clinic, Massachusetts General Hospital
Associate Director
Mass General Cancer Center’s Survivorship Program
Assistant Professor of Medicine, Harvard Medical School

**Stewart B. Fleishman, MD**
Former Founding Director, Cancer Support Services
Continuum Cancer Centers of New York
Author, Researcher in Oncology

**Georgie Cusack, MS, RN, AOCNS**
Director of Education and Patient Safety, Office of the Clinical Director, National Heart, Lung and Blood Institute
Adjunct Nurse Leader, Nursing Research and Translational Science Center, National Institutes of Health

**Carolyn Messner, DSW, OSW-C, FAPOS, FAOSW**
Director of Education and Training, CancerCare®

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