

CancerCare

CancerCare is a national nonprofit, 501 c(3) organization providing free, professional support services to anyone affected by cancer: people with cancer, caregivers, children, loved ones and the bereaved. CancerCare programs—including counseling and support groups, education, financial assistance and practical help—are provided by professional oncology social workers and are completely free of charge. For more information, call **1-800-813-HOPE (4673)** or visit **www.cancercare.org**.

LIVESTRONG Foundation

The LIVESTRONG Foundation provides free cancer support services to help people cope with the financial, emotional and practical challenges that accompany the disease. Created in 1997 by cancer survivor and philanthropist Lance Armstrong, the Foundation is known for its powerful brand -- LIVESTRONG -- and for its advocacy on behalf of survivors and their families. With its iconic yellow LIVESTRONG wristband, the Foundation has become a symbol of hope and inspiration around the world. Since its inception, the Foundation has served 2.5 million people affected by the disease and raised more than \$500 million to support cancer survivors. One of America's top cancer nonprofit organizations, the Foundation enjoys a four-star rating from Charity Navigator and has been recognized by the National Health Council and the Better Business Bureau for its excellent governance, high standards and transparency. For more information, visit **LIVESTRONG.org** or call **1-855-220-7777**.

Living Beyond Breast Cancer

Living Beyond Breast Cancer, founded in 1991, is a national nonprofit education and support organization dedicated to empowering all women affected by breast cancer to live as long as possible with the best quality of life. Programs and services include: a comprehensive educational website, lbbc.org; the toll-free Survivors' Helpline at 1-888-753-LBCC (5222), large national conferences, free webinars, community meetings, educational newsletters, publications for medically underserved women, workshops and trainings for healthcare providers and informational recordings. LBCC offers women free copies of the consumer-focused publications: *Guide for the Newly Diagnosed*, *Getting Connected: African-Americans Living Beyond Breast Cancer* and many other guides for women with early stage and metastatic breast cancer. Call **1-610-645-4567**, e-mail mail@lbbc.org or visit lbbc.org for more information.

American Cancer Society

The American Cancer Society combines an unyielding passion with nearly a century of experience to save lives and end suffering from cancer. As a global grassroots force of more than three million volunteers, we fight for every birthday threatened by every cancer in every community. We save lives by helping people stay well through prevention and early detection; helping people get well by being there for them during and after their diagnosis; by finding cures through investment in groundbreaking discovery; and by fighting back by rallying lawmakers and communities to join the fight against cancer. To learn more about us or to get help, call us anytime, day or night, at **1-800-227-2345** or visit cancer.org.

Intercultural Cancer Council

The Intercultural Cancer Council (ICC) promotes policies, programs, partnerships and research to eliminate the unequal burden of cancer among racial and ethnic minorities and medically underserved populations in the United States and its associated territories. The ICC provides a forum to identify shared problems and develop collaborative solutions; promotes new partnerships to address the cancer crisis in our communities; convenes the Symposium Series on Minorities, the Medically Underserved and Cancer; facilitates issue advocacy; and offers electronic networking and cancer education. For more information about ICC, call **1-713-798-4614** or visit our Web Site at www.iccnetwork.org.

National Coalition for Cancer Survivorship

The National Coalition for Cancer Survivorship (NCCS) advocates for quality cancer care for all Americans and provides tools that empower people affected by cancer to advocate for themselves. Founded by and for cancer survivors in 1986, NCCS created the widely accepted definition of survivorship and considers someone a cancer survivor from the time of diagnosis through the balance of life. Its free publications and resources include the award-winning Cancer Survival Toolbox®, a self-learning audio program created by leading cancer organizations to help people develop essential skills to meet the challenges of their illness. For more information about NCCS, its advocacy and patient materials, please visit www.canceradvocacy.org or call **1-888-650-9127**.

BROUGHT TO YOU IN PART BY

LIVESTRONG®

FOUNDATION

and

 CANCERCARE®



CANCERCARE®
NATIONAL OFFICE
275 SEVENTH AVE.
NEW YORK, NY 10001

CANCERCARE CONNECT EDUCATION WORKSHOP™

Young Adult Survivorship: Fertility, Sexuality and Intimacy

The Eleventh Annual Cancer Survivorship Workshop: Living With, Through and Beyond Cancer

Friday, June 28, 2013

1:30 - 2:30 PM Eastern Time

A free CancerCare Connect Education Workshop™ for people living with cancer, their families, friends and health care professionals

You can listen to this workshop over the telephone or connect to our webcast online.



CANCERCARE®
Help and Hope

1-800-813-HOPE (4673)
www.cancercare.org
connect@cancercare.org

Important Questions

What is a CancerCare Connect Education Workshop®?

CancerCare's free Connect Workshops are a way for people to learn about cancer-related issues from the convenience of their home or office. Leading experts in oncology provide the most up-to-date information on the telephone.

How do I register?

There are three ways to register: mail this registration form to CancerCare, call **1-800-813-HOPE (4673)** or register online at www.cancercare.org/connect.

After you have registered, you will receive additional information and instructions.

Who will benefit from this Workshop?

This workshop offers cancer survivors and their loved ones a better idea of what to expect after treatment ends. The information discussed during this call is designed primarily for cancer survivors who have recently completed their cancer treatment, but you may find the information helpful even if you were treated a long time ago.

How will this workshop help you?

The person who has come through a cancer experience is indelibly affected by it. - Fitzhugh Mullan, MD

Ending cancer treatment can be both a welcome milestone and challenging. Most people are relieved to be finished with the demands of treatment, but many also feel sadness and worry. Many are concerned about whether the cancer will come back, and what they should do after treatment. One of the hardest things to face after treatment is not knowing what happens next.

When treatment ends, people often expect life to return to the way it was before they were diagnosed with cancer. Understanding what to expect after cancer treatment can help survivors and their families plan for follow-up care, make lifestyle changes, stay hopeful and make informed decisions about the future.

Missed a Connect Education Workshop®?

A listing of featured programs is available by calling **1-888-337-7533**, 24 hours a day, 7 days a week. You can also listen to selected workshops on the CancerCare web site. Just log on to www.cancercare.org/podcasts.

Young Adult Survivorship: Fertility, Sexuality and Intimacy

Friday, June 28, 2013
1:30 - 2:30 PM Eastern Time

Workshop Topics

- Unique Needs of Young Adult Cancer Survivors
- Identity, Relationships and Intimacy
- Dating
- Couples/Partners Dealing with Survivorship
- Communicating about Sex
- Sexuality and Intimacy
- Sex Drive: Ability and Desire
- Tips to Deal with Vaginal Dryness and Premature Menopause
- Low Desire: How to Get My Groove Back
- Body Image: Feeling Improved Sexual Self-Esteem
- Fertility Choices and Coping with Infertility
- Medical Options for Assisted Pregnancy
- Health Maintenance Needs for Young Survivors
- Long-Term Follow-Up for Young Adult Cancer Survivors
- Questions for Our Panel of Experts

Continuing Education Credits

Social Workers: This program is approved for 1.0 Contact Hour to social workers upon verification of completion. The University of Texas MD Anderson Cancer Center is an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607.

Dietitians: This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

Any questions about Professional Continuing Education Credits should be directed to: connect@cancercare.org

Young Adult Survivorship: Fertility, Sexuality and Intimacy

Friday, June 28, 2013
1:30 - 2:30 PM Eastern Time

Speakers

Emily S. Tonorezos, MD, MPH

Clinical Coordinator
Adult Long-Term Follow-Up Program
Assistant Member
Memorial Sloan-Kettering Cancer Center
Assistant Professor
Weill Cornell Medical College

Jennifer S. Ford, PhD

Clinical Psychologist
Assistant Member
Assistant Attending Psychologist
Memorial Sloan-Kettering Cancer Center
Weill Cornell Medical College

Sharon L. Bober, PhD

Director, Sexual Health Program
Dana-Farber Cancer Institute
Assistant Professor
Department of Psychiatry
Harvard Medical School

Carly Mesavitz, MSW

Oncology Social Worker
CancerCare

Young Adult Survivorship: Fertility, Sexuality and Intimacy

Friday, June 28, 2013

NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

PHONE* _____

*Please list the phone number where you can be reached on the day of the workshop.

EMAIL _____

NUMBER OF PARTICIPANTS _____

ARE YOU A HEALTH CARE PROFESSIONAL?

YES _____ NO _____

Mail this registration form to:

Carolyn Messner, DSW, MSW
Director of Education and Training
CancerCare®
275 Seventh Avenue
New York, NY 10001

OR

Register online at
www.cancercare.org/connect



1-800-813-HOPE (4673)
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