

About Us

CancerCare is a national nonprofit, 501 c(3) organization providing free, professional support services to anyone affected by cancer: people with cancer, caregivers, children, loved ones and the bereaved. CancerCare programs—including counseling and support groups, education, financial assistance and practical help—are provided by professional oncology social workers and are completely free of charge. For more information, call **1-800-813-HOPE (4673)** or visit www.cancercare.org.

CancerCare is pleased to have collaborated with the following organizations in offering this Workshop:

American Cancer Society

www.cancer.org; 1-800-227-2345

American Psychosocial Oncology Society

www.apos-society.org; 1-866-276-7443

American Society of Clinical Oncology

www.cancer.net; 1-888-651-3038

Association of Clinicians for the Underserved

www.clinicians.org; 1-703-442-5318

Association of Oncology Social Work

www.aosw.org; 1-847-480-6343

Black Women's Health Imperative

www.bwhi.org; 1-202-548-4000

Cancer Patient Education Network

www.cancerpatienteducation.org

Cancer Support Community

www.cancersupportcommunity.org; 1-888-793-9355

Caregiver Action Network

www.caregiveraction.org

Intercultural Cancer Council

www.iccnetwork.org

Joe's House - A Lodging Guide for Cancer Patients

www.joeshouse.org; 1-877-563-7468

The LGBT Cancer Project

www.lgbtcancer.org

LIVESTRONG Foundation

www.livestrong.org; 1-855-220-7777

Multinational Association of Supportive Care in Cancer

www.mascc.org

National Association of Social Workers

www.socialworkers.org; 1-202-408-8600

National Center for Frontier Communities

www.frontierus.org; 1-575-534-0101

National Coalition for Cancer Survivorship

www.canceradvocacy.org; 1-888-650-9127

**National Comprehensive Cancer Network® (NCCN®) –
NCCN Guidelines for Patients®**

www.nccn.org/patients

NeedyMeds

www.needymeds.org; 1-800-503-6897

Research Advocacy Network

www.researchadvocacy.org

Vital Options International & The Group Room®

www.vitaloptions.org



CANCERCARE
NATIONAL OFFICE
275 SEVENTH AVE.
NEW YORK, NY 10001

CANCERCARE CONNECT EDUCATION WORKSHOP™

Healthy Eating and Managing Weight Changes During Cancer Treatment

Monday, April 13, 2015

1:30 - 2:30 PM Eastern Time

A free CancerCare Connect Education Workshop™ for people living with cancer, their families, friends and health care professionals

Listen to this workshop over the telephone or connect to our webcast online.



CANCERCARE

Help and Hope

1-800-813-HOPE (4673)

**www.cancercare.org
connect@cancercare.org**

What is a CancerCare Connect Education Workshop™?

CancerCare's Connect Workshops are free and a way for people to learn about cancer-related issues from the convenience of their home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

How do I register?

There are three ways to register:

- Mail this registration form to CancerCare®
- Call **1-800-813-HOPE (4673)**
- Register online at www.cancercare.org/connect

After you have registered, you will receive additional information.

Missed a CancerCare Connect Workshop?

A listing of featured programs is available by calling **1-888-337-7533**, 24 hours a day, 7 days a week. You can also listen to previous workshops on the CancerCare website. Just log on to www.cancercare.org/podcasts.

Continuing Education Credits

Social Workers: This program is approved for 1.0 Contact Hour to social workers upon verification of completion. The University of Texas MD Anderson Cancer Center is an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607.

Dietitians: This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

Any questions about Professional Continuing Education Credits should be directed to: connect@cancercare.org.

This activity was made possible by Helsinn. CancerCare's application for continuing education credits for this program was supported by the Diana Napoli Fund.

Healthy Eating and Managing Weight Changes During Cancer Treatment

Monday, April 13, 2015
1:30 - 2:30 PM Eastern Time

Workshop Topics

- Overview of Cancer Treatments
- What Causes Treatment-Related Changes in Weight
- Impact on Lean Body Mass and Strength
- Nutritional Concerns
- Care of Your Teeth and Gums During Treatment
- Coping with Mouth Sores and Dry Mouth
- Communicating with Your Health Care Team
- Practical Eating Tips and Recommendations
- Weight Management Strategies
- The Role of Physical Exercise
- Clinical Trials
- Quality-of-Life and Self Image Concerns
- Questions for Our Panel of Experts

Speakers

Stewart B. Fleishman, MD

Founding Director, Cancer Supportive Services
Continuum Cancer Centers of New York
Accreditation Surveyor American College of Surgeons Commission on Cancer

Douglas E. Peterson, DMD, PhD, FDS RCSEd

Professor of Oral Medicine
Department of Oral Health and Diagnostic Sciences, School of Dental Medicine
Chair, Program in Head & Neck Cancer and Oral Oncology, Neag Comprehensive Cancer Center
University of Connecticut Health Center

Donna Wilson, RN, MSN, RRT

Pulmonary Clinical Nurse Specialist
Fitness Coordinator, Integrative Medicine Center
Memorial Sloan Kettering Cancer Center

Diana Bearden, MS, RD, CSO, LD, CNSC

Supervisor, Clinical Nutrition
The University of Texas MD Anderson Cancer Center

Sarah Kelly, MSW

Older Adult Program Coordinator
CancerCare

Healthy Eating and Managing Weight Changes During Cancer Treatment

Monday, April 13, 2015

NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

PHONE* _____

*Please list the phone number where you can be reached on the day of the workshop.

EMAIL _____

NUMBER OF PARTICIPANTS _____

ARE YOU A HEALTH CARE PROFESSIONAL?

YES _____ NO _____

Mail this registration form to:

Carolyn Messner, DSW, MSW, OSW-C
Director of Education and Training
CancerCare®
275 Seventh Avenue
New York, NY 10001

OR

Register online at
www.cancercare.org/connect



CANCERCare®

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www.cancercare.org
connect@cancercare.org