

## About Us

Founded in 1944, CancerCare is the leading national organization providing free, professional support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by oncology social workers and world-leading cancer experts. To learn more, visit [www.cancercare.org](http://www.cancercare.org) or call **800-813-HOPE (4673)**.

CancerCare is pleased to collaborate with these organizations:

### Triple Negative Breast Cancer Foundation

Helpline: 1-877-880-TNBC (8622)

[www.tnbcfoundation.org/helpline](http://www.tnbcfoundation.org/helpline)

American Cancer Society  
American Psychosocial Oncology Society  
American Society of Clinical Oncology  
The Association for Molecular Pathology (AMP)  
Association of Clinicians for the Underserved  
Association of Oncology Social Work  
Black Women's Health Imperative  
The Breast Cancer Research Foundation  
BreastCancerTrials.org  
Cancer Patient Education Network  
Cancer Support Community  
Caregiver Action Network  
Hadassah  
Joe's House – A Lodging Guide for Cancer Patients  
Latinas Contra Cancer  
The LGBT Cancer Project  
Linda Creed Breast Cancer Foundation  
LIVESTRONG Foundation  
Living Beyond Breast Cancer  
Men Against Breast Cancer  
MetaCancer Foundation  
Metastatic Breast Cancer Network  
Multinational Association of Supportive Care in Cancer  
National Association of Social Workers  
National Center for Frontier Communities  
National Coalition for Cancer Survivorship  
National Comprehensive Cancer Network® (NCCN®)  
NCCN Guidelines for Patients®  
The National Witness Project  
NeedyMeds  
Redes en Acción: The National Latino Cancer Research Network  
Research Advocacy Network  
Scott Hamilton CARES Foundation  
SHARE  
Sharsheret: Your Jewish Community Facing Breast Cancer  
The Sister Study (Estudio de Hermanas)  
Susan G. Komen®  
Tigerlily Foundation  
Vital Options International  
Young Survival Coalition

## What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

### How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

### How do I register?

There are three ways to register:

- Mail this registration form to CancerCare®
- Call **800-813-HOPE (4673)**
- Register online at [www.cancercare.org/connect](http://www.cancercare.org/connect)

After you have registered, you will receive additional information.

## Missed a CancerCare Connect® Education Workshop?

A listing of featured programs is available by calling **888-337-7533**, 24 hours a day, 7 days a week. You can also listen to previous workshops on the CancerCare website. Just log on to [www.cancercare.org/podcasts](http://www.cancercare.org/podcasts).

## Continuing Education Credits (Live Only)

**Social Workers:** This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour.

**Registered Dietitians:** This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to [connect@cancercare.org](mailto:connect@cancercare.org) after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

This program is made possible by the Triple Negative Breast Cancer Foundation®, the Celgene Corporation and a grant from Genentech. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.



CANCERCARE CONNECT® EDUCATION WORKSHOP

# Living with Triple Negative Breast Cancer

## A Three-Part Series

Wednesday, June 12, 2019

Monday, June 24, 2019

Thursday, June 27, 2019

4:00 - 5:00 PM Eastern Time

A free CancerCare Connect® Education Workshop for people living with triple negative breast cancer, their families, partners, caregivers, friends and health care professionals

Listen to this workshop over the telephone or connect to our webcast online.



Triple Negative Breast Cancer Foundation

and



CANCERCARE®  
Help and Hope

800-813-HOPE (4673)  
[www.cancercare.org](http://www.cancercare.org)  
[connect@cancercare.org](mailto:connect@cancercare.org)

## Workshop Schedule

4:00 - 5:00 PM Eastern Time

### Part I **Wednesday, June 12, 2019** **Update on Triple Negative Breast Cancer**

#### Workshop Topics

- Overview of Triple Negative Breast Cancer
- Current Standard of Care
- New & Emerging Treatment Approaches
- The Role of Clinical Trials
- Clinical Trials Updates
- Managing Treatment Side Effects & Pain, including Neuropathy
- Follow-Up Care Plan
- Communicating with Your Health Care Team
- How to Choose which Treatment Option is Best for You
- Quality-of-Life Concerns
- Questions for Our Panel of Experts

#### Speakers

##### **Generosa Grana, MD, FACP**

Medical Director  
MD Anderson Cancer Center at Cooper  
Division Head, Hematology & Medical Oncology  
The Cooper Health System  
Professor of Medicine  
Cooper Medical School at Rowan University

##### **Arlene Brothers**

Director, Administration  
Triple Negative Breast Cancer Foundation®

##### **Lauren Chatalian, MSW**

Women's Cancers Program Coordinator  
CancerCare®

## Workshop Schedule

4:00 - 5:00 PM Eastern Time

### Part II **Monday, June 24, 2019** **Triple Negative Breast Cancer and Fear of Recurrence**

#### Workshop Topics

- Concerns that Cancer May Come Back
- Fear of Recurrence & Triple Negative Breast Cancer
- Events that May Trigger Fear of Recurrence
- Confronting Continuing Uncertainty
- Promoting Effective Health Care Communication
- Making Informed Treatment Choices
- Organizing Your Follow-Up Care
- Tips for Coping with Fear of Recurrence
- Balancing Reality with Stress Management Tips
- Using Mind Body Techniques to Cope with Fear of Recurrence
- Questions for Our Panel of Experts

#### Speakers

##### **Lidia Schapira, MD**

Associate Professor of Medicine  
Stanford University School of Medicine  
Director, Cancer Survivorship Program  
Stanford Cancer Institute

##### **Julia H. Rowland, PhD, FAPOS**

Senior Strategic Advisor  
Smith Center for Healing and the Arts

##### **Karen Hurley, PhD**

Psychologist – Hereditary Cancer Risk  
Center for Behavioral Health  
Clinical Member  
Cancer Prevention, Control & Population Research Program  
Case Comprehensive Cancer Center, Cleveland Clinic

##### **Hayley Dinerman, JD**

Co-Founder and Executive Director  
Triple Negative Breast Cancer Foundation®

##### **Lauren Chatalian, MSW**

Women's Cancers Program Coordinator  
CancerCare®

## Workshop Schedule

4:00 - 5:00 PM Eastern Time

### Part III **Thursday, June 27, 2019** **Coping with the Stresses of Caregiving When Your Loved One Has Triple Negative Breast Cancer**

#### Workshop Topics

- Taking on the Role of Caregiving
- Your Important Role in Decision Making
- Caring for Your Loved One with Triple Negative Breast Cancer
- Challenges in Communicating with the Health Care Team
- Coping with Each Day, On Special Occasions, Holidays & Birthdays
- Managing Family & Friends
- Long Distance Caregiving
- Self-Care Tips for Managing Stress
- Questions for Our Panel of Experts

#### Speakers

##### **Elizabeth Cathcart-Rake, MD**

Chief Fellow in Medical Oncology and Hematology, Mayo Clinic  
Assistant Professor of Medical Oncology and Internal Medicine  
Mayo Clinic  
Academic Breast Oncologist  
St. Luke's/University of Missouri - Kansas City

##### **Stewart B. Fleishman, MD**

Former Founding Director  
Cancer Support Services  
Continuum Cancer Centers of New York  
Author, Researcher in Oncology

##### **Georgie Cusack, MS, RN, AOCNS**

Director of Education and Patient Safety  
Office of the Clinical Director  
National Heart, Lung and Blood Institute  
Adjunct Nurse Leader  
Nursing Research and Translational Science  
Clinical Center, National Institutes of Health

##### **Hayley Dinerman, JD**

Co-Founder and Executive Director  
Triple Negative Breast Cancer Foundation®

##### **Lauren Chatalian, MSW**

Women's Cancers Program Coordinator  
CancerCare®

## Living with Triple Negative Breast Cancer

A Three-Part Series

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

*Please list the phone number where you can be reached on the day of the workshop.*

EMAIL \_\_\_\_\_

NUMBER OF PARTICIPANTS \_\_\_\_\_

SELECT WORKSHOP(S):

6/12 \_\_\_\_\_ 6/24 \_\_\_\_\_ 6/27 \_\_\_\_\_

ARE YOU A HEALTH CARE PROFESSIONAL?

YES \_\_\_\_\_ NO \_\_\_\_\_

**Mail this registration form to:**  
Carolyn Messner, DSW, OSW-C, FAPOS, FAOSW  
Director of Education and Training  
CancerCare®  
275 Seventh Avenue  
New York, NY 10001

OR

Register online at  
[www.cancercare.org/connect](http://www.cancercare.org/connect)



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