

## About Us

Founded in 1944, CancerCare is the leading national organization providing free, professional support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by oncology social workers and world-leading cancer experts. To learn more, visit [www.cancercare.org](http://www.cancercare.org) or call **800-813-HOPE (4673)**.

CancerCare is pleased to collaborate with these organizations:

### American Bone Health

[www.americanbonehealth.org](http://www.americanbonehealth.org); 1-888-266-3015

### American Cancer Society

[www.cancer.org](http://www.cancer.org); 1-800-227-2345

### American Psychosocial Oncology Society

[www.apos-society.org](http://www.apos-society.org); 1-866-276-7443

### American Society of Clinical Oncology

[www.cancer.net](http://www.cancer.net); 1-888-651-3038

### The Association for Molecular Pathology (AMP)

[www.amp.org](http://www.amp.org); 1-301-634-7939

### Association of Clinicians for the Underserved

[www.clinicians.org](http://www.clinicians.org); 1-844-422-8247

### Association of Oncology Social Work

[www.aosw.org](http://www.aosw.org); 1-847-686-2233

### Black Women's Health Imperative

[www.bwhi.org](http://www.bwhi.org); 1-202-548-4000

### Bone Marrow & Cancer Foundation

[www.bonemarrow.org](http://www.bonemarrow.org); 1-800-365-1336

### Cancer Patient Education Network

[www.cancerpatienteducation.org](http://www.cancerpatienteducation.org)

### Cancer Support Community

[www.cancersupportcommunity.org](http://www.cancersupportcommunity.org); 1-888-793-9355

### Caregiver Action Network

[www.caregiveraction.org](http://www.caregiveraction.org)

### Joe's House – A Lodging Guide for Cancer Patients

[www.joeshouse.org](http://www.joeshouse.org); 1-877-563-7468

### Latinas Contra Cancer

[www.latinascontracancer.org](http://www.latinascontracancer.org); 1-888-LCC-8110

### The LGBT Cancer Project

[www.lgbtcancer.org](http://www.lgbtcancer.org)

### LIVESTRONG Foundation

[www.livestrong.org](http://www.livestrong.org); 1-855-220-7777

### MetaCancer Foundation

[www.metacancer.org](http://www.metacancer.org)

### Multinational Association of Supportive Care in Cancer

[www.mascc.org](http://www.mascc.org)

### National Association of Social Workers

[www.socialworkers.org](http://www.socialworkers.org); 1-202-408-8600

### National Center for Frontier Communities

[www.frontierus.org](http://www.frontierus.org); 1-575-534-0101

### National Coalition for Cancer Survivorship

[www.canceradvocacy.org](http://www.canceradvocacy.org); 1-877-NCCS-YES (1-877-622-7937)

### National Comprehensive Cancer Network® (NCCN®) –

NCCN Guidelines for Patients®

[www.nccn.org/patients](http://www.nccn.org/patients)

### NeedyMeds

[www.needy meds.org](http://www.needy meds.org); 1-800-503-6897

### Research Advocacy Network

[www.researchadvocacy.org](http://www.researchadvocacy.org); 1-877-276-2187

### Scott Hamilton CARES Foundation

[www.scottcares.org](http://www.scottcares.org)

### Vital Options International

[www.vitaloptions.org](http://www.vitaloptions.org)



**CANCERCARE**<sup>®</sup>  
National Office  
275 Seventh Avenue  
New York, NY 10001

# CANCERCARE CONNECT<sup>®</sup> EDUCATION WORKSHOP

## Care for Your Bones During & After Cancer Treatment: Tips to Improve Your Bone Health

**Monday, November 18, 2019  
1:30 - 2:30 PM Eastern Time**

A free CancerCare Connect<sup>®</sup> Education Workshop for people living with cancer, their families, partners, caregivers, friends and health care professionals

Listen to this workshop over the telephone or connect to our webcast online.



**AMERICAN  
BONE HEALTH**<sup>™</sup>  
and



**CANCERCARE**<sup>®</sup>

Help and Hope

**800-813-HOPE (4673)**  
[www.cancercare.org](http://www.cancercare.org)  
[connect@cancercare.org](mailto:connect@cancercare.org)

## What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

### How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

### How do I register?

There are three ways to register:

- Mail this registration form to CancerCare®
- Call **800-813-HOPE (4673)**
- Register online at [www.cancercare.org/connect](http://www.cancercare.org/connect)

After you have registered, you will receive additional information.

## Missed a CancerCare Connect® Education Workshop?

A listing of featured programs is available by calling **888-337-7533**, 24 hours a day, 7 days a week. You can also listen to previous workshops on the CancerCare website. Just log on to [www.cancercare.org/podcasts](http://www.cancercare.org/podcasts).

## Continuing Education Credits (Live Only)

**Social Workers:** This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc. CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour.

**Registered Dietitians:** This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to [connect@cancercare.org](mailto:connect@cancercare.org) after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

**This activity is supported by an educational donation provided by Amgen. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.**

## Care for Your Bones During & After Cancer Treatment: Tips to Improve Your Bone Health

Monday, November 18, 2019  
1:30 - 2:30 PM Eastern Time

### Workshop Topics

- Overview of Bone Health
- Imaging & Diagnostic Tests to Measure Your Bone Density
- Guidelines to Manage Bone Health & Bone Metastases
- Tips for Taking Care of Your Bones
- Prescription Medication to Improve Your Bone Health
- Treatment Choices, including Clinical Trials
- Tips to Reduce Bone Complications & Fractures
- Controlling Pain & Side Effects
- How Exercise & Physical Therapy Make a Difference
- Dental Care During & After Treatment
- The Role of Nutrition
- Key Questions to Ask Your Health Care Team
- Questions for Our Panel of Experts

### Speakers

#### Joseph M. Lane, MD

Professor, Orthopaedic Surgery  
Assistant Dean Medical Students (HSS)  
Weill Cornell Medical College  
Chief, Metabolic Bone Disease Service, Hospital for Special Surgery

#### Lee Schwartzberg, MD, FACP

Executive Director, West Cancer Center  
Chief, Division of Hematology/Oncology  
Professor of Medicine  
The University of Tennessee Health Science Center

#### Douglas Peterson, DMD, PhD, FDS RCSEd

Professor of Oral Medicine, Department of Oral Health and Diagnostic Sciences, School of Dental Medicine  
Chair, Program in Head & Neck Cancer and Oral Oncology  
Neag Comprehensive Cancer Center  
University of Connecticut Health Center

#### Kathleen Cody

Executive Director, American Bone Health

#### Carolyn Messner, DSW, OSW-C, FAPOS, FAOSW

Director of Education and Training, CancerCare®

## Care for Your Bones During & After Cancer Treatment: Tips to Improve Your Bone Health

Monday, November 18, 2019

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

*Please list the phone number where you can be reached on the day of the workshop.*

EMAIL \_\_\_\_\_

NUMBER OF PARTICIPANTS \_\_\_\_\_

ARE YOU A HEALTH CARE PROFESSIONAL?

YES \_\_\_\_\_ NO \_\_\_\_\_

**Mail this registration form to:**  
Carolyn Messner, DSW, OSW-C, FAPOS, FAOSW  
Director of Education and Training  
CancerCare®  
275 Seventh Avenue  
New York, NY 10001

OR

**Register online at**  
[www.cancercare.org/connect](http://www.cancercare.org/connect)



CANCERCare®

**800-813-HOPE (4673)**  
[www.cancercare.org](http://www.cancercare.org)  
[connect@cancercare.org](mailto:connect@cancercare.org)