

# PROGRESS IN THE TREATMENT OF MYELODYSPLASTIC SYNDROMES (MDS)



CANCERcare®

Over 80 Years of Help and Hope

## A CancerCare Connect® Education Workshop

This activity is supported by Bristol Myers Squibb.  
CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.

Register Today!



## SPEAKERS

**Srinivasa R. Sanikommu, MD**, Assistant Professor, Wake Forest School of Medicine, Department of Hematologic Oncology and Blood Disorders, Levine Cancer Institute, Advocate Health

**Nilay Shah, MD**, Assistant Professor, Cancer Medicine (Charlotte), Wake Forest University School of Medicine, Associate Fellowship Program Director, Medical Director of Education, Hematology/Oncology, Atrium Health Wake Forest Baptist Advocate Health

**Diana L. Bearden, MS, RD, CSO, LD, CNSC**, Oncology Dietitian, Michael E. DeBakey VA Medical Center

**Ashley Moncrief, RN, BSN**, Director of Patient Care, MDS Foundation Inc.

**Carolyn Messner, DSW, BCD, FAPOS, FAOSW**, Senior Director of Education and Training, CancerCare®

## DATE

Our workshops are open to national and international clients and pre-registration is via our website [www.cancercares.org/connect](http://www.cancercares.org/connect)

**MONDAY, NOVEMBER 24, 2025 FROM 1:30 p.m. - 2:30 p.m. ET**

## TOPICS:

- Discussion of Myelodysplastic Syndromes (MDS)
- Diagnosis, Staging & Current Standard of Care
- The Role of Hematopathology Examination of a Sample of Your Bone Marrow in Making a Definitive Diagnosis of MDS
- New & Emerging Treatment Approaches
- The Role of Clinical Trials: How Research Increases Your Treatment Options
- Tips to Manage Symptoms, Treatment Side Effects, Discomfort, Pain & Quality-of-Life Concerns
- Nutrition & Hydration Concerns & Tips
- Key Questions to Ask Your Health Care Team During Telehealth Appointments
- Guidelines to Prepare for Telehealth Appointments Including Technology, Prepared List of Questions & Discussion of OpenNotes
- Next Steps After Treatment, Including Follow-up Care in Collaboration with Your Primary Care Doctor & Team
- Questions for Our Panel of Experts

For more information or to register, please contact our Hopeline at 800-813-HOPE (4673) or register online at [www.cancercares.org/connect](http://www.cancercares.org/connect)

Facebook: [facebook.com/cancercares](https://facebook.com/cancercares) | Instagram: @CancerCareUS | Twitter: @CancerCare

## What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

### How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

### How do I register?

There are two ways to register:

- Call **800-813-HOPE (4673)**
- Register online at [www.cancercare.org/connect](http://www.cancercare.org/connect)

After you have registered, you will receive additional information.

## Missed a CancerCare Connect® Education Workshop?

You can listen to previous workshops on the CancerCare website. Just log on to [www.cancercare.org/podcasts](http://www.cancercare.org/podcasts).

## Continuing Education Credits (Live Only)

**Social Workers:** This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour.

**Registered Dietitians:** This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

**Certified Health Education Specialists (CHES®):** This program is designated for Certified Health Education Specialists (CHES®) and/or Master Certified Health Education Specialists (MCHES®) to receive up to 1 total Category I continuing education contact hour.

Cancer Care, Inc. is a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc.

**To request continuing education paperwork, please email your name, profession, and address to [connect@cancercare.org](mailto:connect@cancercare.org) after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.**

## About Us

For over 80 years, CancerCare has empowered millions of people affected by cancer through free counseling, support groups, educational resources, advocacy and financial assistance. Our oncology social workers improve the lives of people diagnosed with cancer, caregivers, survivors and the bereaved by addressing their emotional, practical and financial challenges.

To learn more, visit [www.cancercare.org](http://www.cancercare.org) or call **800-813-HOPE (4673)**.

CancerCare is pleased to collaborate with these organizations:

### MDS Foundation, Inc

[www.mds-foundation.org](http://www.mds-foundation.org); 1-800-637-0839

### Advanced Practitioner Society for Hematology and Oncology (APSHO)

[www.apsho.org](http://www.apsho.org)

### American Cancer Society

[www.cancer.org](http://www.cancer.org); 1-800-227-2345

### American Psychosocial Oncology Society

[www.apos-society.org](http://www.apos-society.org)

### American Society of Clinical Oncology

[www.asco.org](http://www.asco.org)

### Aplastic Anemia and MDS International Foundation

[www.aamds.org](http://www.aamds.org); 1-800-747-2820

### Association for Molecular Pathology (AMP)

[outreach.amp.org](http://outreach.amp.org); 1-301-634-7939

### Association of Clinicians for the Underserved

[www.clinicians.org](http://www.clinicians.org); 1-844-422-8247

### Association of Oncology Social Work

[www.aosw.org](http://www.aosw.org); 1-847-686-2233

### Black Women's Health Imperative

[www.bwhi.org](http://www.bwhi.org); 888-834-8451

### Blood Cancer United

[www.bloodcancerunited.org](http://www.bloodcancerunited.org); 1-800-955-4572

### Blood & Marrow Transplant Information Network

[www.bmtinfonet.org](http://www.bmtinfonet.org); 1-888-597-7674

### Bone Marrow & Cancer Foundation

[www.bonemarrow.org](http://www.bonemarrow.org); 1-800-365-1336

### Cancer Justice

<https://thedrlc.org/>; 866-843-2572

### Cancer Nation

[www.canceradvocacy.org](http://www.canceradvocacy.org); 1-877-NCCS-YES (1-877-622-7937)

### Cancer Patient Education Network

[www.cancerpatienteducation.org](http://www.cancerpatienteducation.org)

### Cancer Support Community

[www.cancersupportcommunity.org](http://www.cancersupportcommunity.org); 1-888-793-9355

### Caregiver Action Network

[www.caregiveraction.org](http://www.caregiveraction.org)

### DKMS

[www.dkms.org](http://www.dkms.org); 1-212-209-6700

### Intercultural Cancer Council

[www.interculturalcancerCouncil.org](http://www.interculturalcancerCouncil.org)

### Joe's House – A Lodging Guide for Cancer Patients

[www.joeshouse.org](http://www.joeshouse.org); 1-877-563-7468

### Latinas Contra Cancer

[www.latinascontracancer.org](http://www.latinascontracancer.org); 1-408-280-0811

### The LGBT Cancer Project

[www.lgbtcancer.org](http://www.lgbtcancer.org)

### LIVESTRONG Foundation

[www.livestrong.org](http://www.livestrong.org); 1-855-220-7777

### The MDS Alliance

[www.mds-alliance.org](http://www.mds-alliance.org)

### Multinational Association of Supportive Care in Cancer

[www.mascc.org](http://www.mascc.org)

### National Association of Social Workers

[www.socialworkers.org](http://www.socialworkers.org); 1-202-408-8600

### National Bone Marrow Transplant Link

[www.nbmtlink.org](http://www.nbmtlink.org); 1-800-LINK-BMT (1-800-546-5268)

### National Comprehensive Cancer Network® (NCCN®) –

**NCCN Guidelines for Patients®**

[www.nccn.org/patients](http://www.nccn.org/patients)

### NeedyMeds

[www.needymeds.org](http://www.needymeds.org); 1-800-503-6897

### NMDP™ Patient Support Center

[www.nmdp.org/one-on-one](http://www.nmdp.org/one-on-one); 1-888-999-6743

### Prevent Cancer Foundation®

[www.preventcancer.org](http://www.preventcancer.org); 1-800-227-2732

### Redes en Acción: The National Latino Cancer

**Research Network at UT Health San Antonio**

[www.redesenaccion.com](http://www.redesenaccion.com); 1-210-562-6500

### Research Advocacy Network

[www.researchadvocacy.org](http://www.researchadvocacy.org); 1-877-276-2187

### Scott Hamilton CARES Foundation

[www.scottcares.org](http://www.scottcares.org)

### Triage Cancer

[www.triagecancer.org](http://www.triagecancer.org); 1-424-258-4628

### Vital Options International

[www.vitaloptions.org](http://www.vitaloptions.org)