

# BREAST CANCER IN YOUNGER WOMEN: NEW TREATMENT OPTIONS

## A CancerCare Connect® Education Workshop

This activity is made possible through an independent grant from Merck & Co., Inc. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.

**Register Today!**



## SPEAKERS

**Jennifer M. Matro, MD**, Co-Director, Breast Oncology, Fair Oaks Inova Schar Cancer Institute, Inova Health

**Sanne Wortel, PhD**, Hartford Health Care Clinical Health Psychologist, Hartford HealthCare's Women's Health Services, Member of the Health Psychology Department at the Institute of Living

**Cassie Spector, MSW**, Breast and Gynecological Cancers Program Coordinator, CancerCare®

## DATE

Our workshops are open to national and international clients and pre-registration is via our website [www.cancercare.org/connect](http://www.cancercare.org/connect)

**WEDNESDAY, MARCH 26, 2025 FROM 1:30 p.m. - 2:30 p.m. ET**

## TOPICS:

- Overview of Breast Cancer in Younger Women, Including Diagnosing, Staging & ER, PR, HER2 Status
- Unique Issues for Younger Women Living with Breast Cancer
- Precision Medicine & Sequencing of Treatment
- Genetic Testing, Including BRCA Testing
- What Informs Treatment Decisions & Options
- Understanding Your Pathology Report
- Updates on Clinical Trials: How Research Increases Treatment Options
- Tools that Help Indicate What Types of Treatment Are Indicated: Surgery, Chemotherapy & Radiation Treatments
- Questions to Ask Your Health Care Team
- Managing Side Effects, Symptoms, Discomfort & Pain
- Quality-of-Life, Including Sexual Health, Pregnancy & Fertility Issues
- Practical & Emotional Coping Tips
- Questions for Our Panel of Experts

**For more information or to register, please contact our Hopeline at 800-813-HOPE (4673) or register online at [www.cancercare.org/connect](http://www.cancercare.org/connect)**

**Facebook:** [facebook.com/cancercare](https://facebook.com/cancercare) | **Instagram:** @CancerCareUS | **Twitter:** @CancerCare

## What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

### How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

### How do I register?

There are two ways to register:

- Call **800-813-HOPE (4673)**
- Register online at [www.cancercare.org/connect](http://www.cancercare.org/connect)

After you have registered, you will receive additional information.

## Missed a CancerCare Connect® Education Workshop?

You can listen to previous workshops on the CancerCare website. Just log on to [www.cancercare.org/podcasts](http://www.cancercare.org/podcasts).

## Continuing Education Credits (Live Only)

**Social Workers:** This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour.

**Registered Dietitians:** This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

**To request continuing education paperwork, please email your name, profession, and address to [connect@cancercare.org](mailto:connect@cancercare.org) after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.**

## About Us

Founded in 1944, CancerCare is the leading national organization providing free support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include resource navigation, counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by master's-prepared oncology social workers and world-leading cancer experts.

To learn more, visit [www.cancercare.org](http://www.cancercare.org) or call **800-813-HOPE (4673)**.

CancerCare is pleased to collaborate with these organizations:

**Advanced Practitioner Society for Hematology and Oncology (APSHO)**

[www.apsho.org](http://www.apsho.org)

**American Cancer Society**

[www.cancer.org](http://www.cancer.org); 1-800-227-2345

**American Psychosocial Oncology Society**

[www.apos-society.org](http://www.apos-society.org)

**American Society of Clinical Oncology**

[www.asco.org](http://www.asco.org)

**The Association for Molecular Pathology (AMP)**

[outreach.amp.org](http://outreach.amp.org); 1-301-634-7939

**Association of Clinicians for the Underserved**

[www.clinicians.org](http://www.clinicians.org); 1-844-422-8247

**Association of Oncology Social Work**

[www.aosw.org](http://www.aosw.org); 1-847-686-2233

**Black Women's Health Imperative**

[www.bwhi.org](http://www.bwhi.org); 1-202-548-4000

**Breast Cancer Research Foundation**

[www.bcrf.org](http://www.bcrf.org); 1-866-346-3228

**BreastCancerTrials.org**

[www.breastcancertrials.org](http://www.breastcancertrials.org); (888) 282-7099

**Cancer Legal Resource Center (CLRC)**

[www.thedrc.org/cancer/](http://www.thedrc.org/cancer/); (866) THE-CLRC (843-2572)

**Cancer Patient Education Network**

[www.cancerpatienteducation.org](http://www.cancerpatienteducation.org)

**Cancer Support Community**

[www.cancersupportcommunity.org](http://www.cancersupportcommunity.org); 1-888-793-9355

**Caregiver Action Network**

[www.caregiveraction.org](http://www.caregiveraction.org)

**Intercultural Cancer Council**

[www.interculturalcancer.org](http://www.interculturalcancer.org)

**Joe's House – A Lodging Guide for Cancer Patients**

[www.joeshouse.org](http://www.joeshouse.org); 1-877-563-7468

**Latinas Contra Cancer**

[www.latinascontracancer.org](http://www.latinascontracancer.org); 1-408-280-0811

**The LGBT Cancer Project**

[www.lgbtcancer.org](http://www.lgbtcancer.org)

**LIVESTRONG Foundation**

[www.livestrong.org](http://www.livestrong.org); 1-855-220-7777

**Living Beyond Breast Cancer**

[www.lbbc.org](http://www.lbbc.org); 1-855-807-6386

**Multinational Association of Supportive Care in Cancer**

[www.mascc.org](http://www.mascc.org)

**National Association of Social Workers**

[www.socialworkers.org](http://www.socialworkers.org); 1-202-408-8600

**National Center for Frontier Communities**

[www.frontierus.org](http://www.frontierus.org); 1-575-534-0101

**National Coalition for Cancer Survivorship**

[www.canceradvocacy.org](http://www.canceradvocacy.org); 1-877-NCCS-YES (1-877-622-7937)

**National Comprehensive Cancer Network® (NCCN®) –**

**NCCN Guidelines for Patients®**

[www.nccn.org/patients](http://www.nccn.org/patients)

**The National Witness Project, Inc.**

[www.nationalwitnessproject.org](http://www.nationalwitnessproject.org); 1-718-845-1394

**NeedyMeds**

[www.needy meds.org](http://www.needy meds.org); 1-800-503-6897

**Prevent Cancer Foundation®**

[www.preventcancer.org](http://www.preventcancer.org); 1-800-227-2732

**Research Advocacy Network**

[www.researchadvocacy.org](http://www.researchadvocacy.org); 1-877-276-2187

**Redes en Acción: The National Latino Cancer**

**Research Network at UT Health San Antonio**

[www.redesenaccion.com](http://www.redesenaccion.com); 1-210-562-6500

**Scott Hamilton CARES Foundation**

[www.scottcares.org](http://www.scottcares.org)

**SHARE Cancer Support**

[www.sharecancersupport.org](http://www.sharecancersupport.org); 1-844-ASK-SHARE

**Sharsheret: The Jewish Breast & Ovarian Cancer Community**

[www.sharsheret.org](http://www.sharsheret.org); 1-866-474-2774

**Sisters Network® Inc. – A National African American Breast Cancer**

**Survivorship Organization**

[www.sistersnetworkinc.org](http://www.sistersnetworkinc.org); 866.781.1808

**Tigerlily Foundation**

[www.tigerlilyfoundation.org](http://www.tigerlilyfoundation.org); 1-888-580-6253

**TOUCH, The Black Breast Cancer Alliance**

[www.touchbbca.org](http://www.touchbbca.org); 1-888-580-6253

**Triage Cancer**

[www.triagecancer.org](http://www.triagecancer.org); 1-424-258-4628

**Triple Negative Breast Cancer Foundation®**

[www.tnbcfoundation.org](http://www.tnbcfoundation.org); 1-877-880-TNBC (8622)

**Young Survival Coalition**

[www.youngsurvival.org](http://www.youngsurvival.org); 1-877-972-1011

**Vital Options International**

[www.vitaloptions.org](http://www.vitaloptions.org)