# CAREGIVING FOR YOUR LOVED ONE WITH CANCER



A CancerCare Connect<sup>®</sup> Education Workshop This activity is supported by Eisai Inc. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.





## **SPEAKERS**

**Guadalupe R. Palos, DrPH, MSW, RN,** Former Clinical Protocol Administration Manager, Office of Cancer Survivorship, The University of Texas MD Anderson Cancer Center, Author and Researcher in Caregiving, Health Care Disparities & Survivorship

**Neena Kapoor-Hintzen, MSN, ANP-C,** Supportive Care Nurse Practitioner, Advanced Practice Provider Manager, Supportive Care, Geriatric Oncology, and Integrative Medicine, Memorial Sloan Kettering Cancer Center

Dina Smith, MSW, Caregiver Program Coordinator, CancerCare

**Carolyn Messner, DSW, BCD, FAPOS, FAOSW,** Senior Director of Education and Training, Cancer*Care* 

Our workshops are open to national and international clients and pre-registration is via our website www.cancercare.org/connect

## DATE

### MONDAY, SEPTEMBER 23, 2024 FROM 1:30 p.m. - 2:30 p.m. ET

### **TOPICS:**

- Definition of a Caregiver
- What Research Tells Us About Caregivers' Well Being
- Caregiving for an Older Adult
- Caregiving for a Younger Adult
- Caregiving for a Friend
- Caregivers for Cancer Survivors
- Couples, Partners, Siblings & Friends
- Family, Partner & Friend Communication
- Care Coordination: Challenges & Tips

- Stresses on Family, Partners & Loved Ones
- Coping with Holidays, Birthdays & Special Occasions
- Managing Family, Friends, Partners & Traditions
- The Important Role of Long-Distance Caregivers
- Practical Tips for Managing Caregivers' Stress
- Strategies for Self-Care
- Guidelines to Prepare for Telehealth/Telemedicine Appointments, Including Technology, Prepared List of Questions & Discussion of Open Notes
- Questions for Our Panel of Experts

### For more information or to register, please contact our Hopeline at 800-813-HOPE (4673) or register online at www.cancercare.org/connect

Facebook: facebook.com/cancercare | Instagram: @CancerCareUS | Twitter: @CancerCare

NATIONAL OFFICE | 275 SEVENTH AVENUE, NEW YORK, NY 10001 | WWW.CANCERCARE.ORG | T: 800-813-HOPE (4673) | E: INFO@CANCERCARE.ORG (OVER)

# What is a CancerCare Connect<sup>®</sup> Education Workshop?

CancerCare Connect<sup>®</sup> Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

#### How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

#### How do I register?

- There are two ways to register:
- Call 800-813-HOPE (4673)
- Register online at www.cancercare.org/connect

After you have registered, you will receive additional information.

### Missed a CancerCare Connect<sup>®</sup> Education Workshop?

You can listen to previous workshops on the CancerCare website. Just log on to **www.cancercare.org/podcasts**.

### **Continuing Education Credits (Live Only)**

**Social Workers:** This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc.is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour.

**Registered Dietitians:** This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to connect@cancercare.org after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program. Cancer*Care* is pleased to collaborate with these organizations:

Advanced Practitioner Society for Hematology and Oncology (APSHO) www.apsho.org American Cancer Society www.cancer.org; 1-800-227-2345 American Psychosocial Oncology Society www.apos-society.org American Society of Clinical Oncology www.asco.org Association for Molecular Pathology (AMP) outreach.amp.org: 1-301-6 Association of Clinicians for the Underserved www.clinicians.org; 1-844-42 Association of Oncology Social Work www.aosw.org; 1-847-686-2233 **Black Women's Health Imperative** www.bwhi.org; 1-202-548-400 Cancer Legal Resource Center (CLRC) www.thedrlc.org/cancer/; (866) THE-CLRC (843-2572) Cancer Patient Education Network www.cancerpatienteducation.org **Cancer Support Community** www.cancersupportcommunity.org; 1-888-793-9355 **Caregiver Action Network** www.caregiveraction.org Intercultural Cancer Council www.interculturalcancercouncil.org Joe's House – A Lodging Guide for Cancer Patients www.joeshouse.org; 1-877-563-7468 Latinas Contra Cancer www.latinascontracancer.org; 1-408-280-0811 The LGBT Cancer Project www.lgbtcancer.org LIVESTRONG Foundation www.livestrong.org; 1-855-220-7777 Multinational Association of Supportive Care in Cancer www.mascc.org National Association of Social Workers www.socialworkers.org; 1-202-408-8600 National Center for Frontier Communities www.frontierus.org; 1-575-534-0101 Www.inditienus.org, 15975-054-0101
National Coalition for Cancer Survivorship
www.canceradvocacy.org; 1-877-NCCS-YES (1-877-622-7937)
National Comprehensive Cancer Network® (NCCN®) – NCCN Guidelines for Patients® www.nccn.org/patients NeedyMeds www.needymeds.org; 1-800-503-6897 Prevent Cancer Foundation® www.preventcancer.org; 1-800-227-2732 Redes en Acción: The National Latino Cancer **Research Network at UT Health San Antonio** www.redesenaccion.com<sup>-</sup>1-210-562-6500 **Research Advocacy Network** www.researchadvocacy.org; 1-877-276-2187 Scott Hamilton CARES Foundation www.scottcares.org **Triage Cancer** www.triagecancer.org; 1-424-258-4628 Vital Options International www.vitaloptions.org

### **About Us**

Founded in 1944, Cancer*Care* is the leading national organization providing free support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include resource navigation, counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All Cancer*Care* services are provided by master's-prepared oncology social workers and world-leading cancer experts.

To learn more, visit www.cancercare.org or call 800-813-HOPE (4673).