# CARING FOR YOUR LOVED ONE WITH CANCER



Over 75 Years of Help and Hope

## A CancerCare Connect® Education Workshop

This activity is supported by a grant from Genentech.

CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.





# **SPEAKERS**

**Guadalupe R. Palos, DrPH, MSW, RN,** Former Clinical Protocol Administration Manager, Office of Cancer Survivorship, The University of Texas MD Anderson Cancer Center, Author and Researcher in Health Care Disparities, Caregiving and Survivorship

**Neena Kapoor-Hintzen, MSN, ANP-C,** Supportive Care Nurse Practitioner, Advanced Practice Provider Manager, Supportive Care, Geriatric Oncology, and Integrative Medicine, Memorial Sloan Kettering Cancer Center

Dina Smith, MSW, Caregiver Program Coordinator, Cancer Care

Our workshops are open to national and international clients and pre-registration is via our website www.cancercare.org/connect

# **DATE**

## MONDAY, MAY 13, 2024 FROM 1:30 p.m. - 2:30 p.m. ET

## **TOPICS:**

- Definition of a Caregiver
- What Research Tells Us About Caregivers' Well Being
- Caregiving for an Older Adult
- · Caregiving for a Younger Adult
- · Couples, Partners, Siblings, & Friends
- Challenges for Caregivers of Cancer Survivors
- Family, Partner, & Friend Communication
- Care Coordination Challenges & Tips
- Stresses on Family, Partners, Friends, & Loved Ones

- Coping with Holidays, Birthdays, & Special Occasions
- Managing Family, Friends, Partners, & Traditions
- Long-Distance Caregiving
- Practical Tips for Managing Caregivers' Stress
- · Strategies for Self-Care
- The Increasing Role of Telemedicine Appointments
- Guidelines to Prepare for Telehealth/Telemedicine Appointments, Including Technology & Prepared List of Questions
- Questions for Our Panel of Experts

For more information or to register, please contact our Hopeline at 800-813-HOPE (4673) or register online at www.cancercare.org/connect

Facebook: facebook.com/cancercare | Instagram: @CancerCareUS | Twitter: @CancerCare

## What is a CancerCare Connect® **Education Workshop?**

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

#### How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

#### How do I register?

There are two ways to register:

- Call 800-813-HOPE (4673)
- Register online at

www.cancercare.org/connect

After you have registered, you will receive additional information.

## Missed a CancerCare Connect® **Education Workshop?**

You can listen to previous workshops on the CancerCare website. Just log on to www.cancercare.org/podcasts.

## **Continuing Education Credits (Live Only)**

Social Workers: This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc.is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour

Registered Dietitians: This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to connect@cancercare.org after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

CancerCare is pleased to collaborate with these organizations:

Advanced Practitioner Society for Hematology and Oncology (APSHO)

www.apsho.org

www.cancer.org; 1-800-227-2345

American Psychosocial Oncology Society

www.apos-society.org
American Society of Clinical Oncology

www.cancer.net

The Association for Molecular Pathology (AMP)

outreach.amp.org; 1-301-634-7939

Association of Clinicians for the Underserved

www.clinicians.org; 1-844-422-8247 **Association of Oncology Social Work** 

www.aosw.org; 1-847-6 **Black Women's Health Imperative** 

www.bwhi.org; 1-202-548-4000

Cancer Legal Resource Center (CLRC)

www.thedrlc.org/cancer/; (866) THE-CLRC (843-2572)

Cancer Patient Education Network

www.cancerpatienteducation.org

Cancer Support Community
www.cancersupportcommunity.org; 1-888-793-9355

**Caregiver Action Network** 

www.caregiveraction.org

**Intercultural Cancer Council** 

www.interculturalcancercouncil.org

Joe's House – A Lodging Guide for Cancer Patients www.joeshouse.org; 1-877-563-7468

**Latinas Contra Cancer** 

www.latinascontracancer.org; 1-408-280-0811

**The LGBT Cancer Project** 

**LIVESTRONG** Foundation

www.livestrong.org; 1-855-220-7777

Multinational Association of Supportive Care in Cancer

**National Association of Social Workers** 

www.socialworkers.org; 1-202-408-8600

National Center for Frontier Communities

www.frontierus.org; 1-575-534-0101

National Coalition for Cancer Survivorship www.canceradvocacy.org; 1-877-NCCS-YES (1-877-622-7937) National Comprehensive Cancer Network® (NCCN®) –

NCCN Guidelines for Patients®

www.nccn.org/patients

NeedyMeds www.needymeds.org: 1-800-503-6897

**Prevent Cancer Foundation®** 

www.preventcancer.org; 1-800-227-2732

Redes en Acción: The National Latino Cancer

**Research Network at UT Health San Antonio** www.redesenaccion.com; 1-210-562-6500

**Research Advocacy Network** 

www.researchadvocacy.org; 1-877-276-2187
Scott Hamilton CARES Foundation

www.scottcares.org

**Triage Cancer** 

www.triagecancer.org; 1-424-258-4628

**Vital Options International** 

www.vitaloptions.org

#### **About Us**

Founded in 1944, Cancer Care is the leading national organization providing free support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include resource navigation, counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All Cancer Care services are provided by master's-prepared oncology social workers and world-leading cancer experts.

To learn more, visit www.cancercare.org or call 800-813-HOPE (4673).