DIVERSE POPULATIONS LIVING WITH MULTIPLE MYELOMA: TREATMENT ADVANCES



Over 75 Years of Help and Hope

A CancerCare Connect® Education Workshop

This activity is supported by an educational grant from Johnson & Johnson Health Care Systems, Inc. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.





SPEAKERS

Monique Hartley-Brown, MD, MMSc, Attending Physician, Jerome Lipper Multiple Myeloma Center, Department of Medical Oncology, Dana-Farber Cancer Institute

Matthew J. Butler, MD, Assistant Professor of Medicine, Division of Hematology/ Oncology, Department of Medicine, Mays MD Anderson Cancer Center, UT Health San Antonio

Maria Chi, DSW, MSW, Clinical Oncology Social Worker, Author & Researcher, Health Care Disparities, Social Determinants of Health, Psychosocial Oncology & Financial Toxicity

Diana L. Bearden, MS, RD, CSO, LD, CNSC, Oncology Dietitian Michael E. DeBakey VA Medical Center

Elizabeth K. O'Donnell, MD, Clinical Director of Early Detection and Prevention of Cancer, Dana-Farber Cancer Institute, Assistant Professor of Medicine, Harvard Medical School

Laurie Feingold, MSW, Oncology Social Worker, CancerCare

Our workshops are open to national and international clients and pre-registration is via our website www.cancercare.org/connect

DATE

THURSDAY, MARCH 28, 2024 FROM 1:30 p.m. - 2:30 p.m. ET

TOPICS:

- Overview of Diverse Populations Living with Multiple Myeloma
- How Race May Impact Your Access to the Treatment of Multiple Myeloma
- Social Determinants of Health, Including Languages Spoken & Health Literacy
- · Current Standard of Care
- New & Emerging Treatments
- The Role of Transplantation
- Preventing & Managing Treatment Side Effects, Symptoms, Discomfort & Pain
- · Reducing Complications of Bone Disease
- · How to Find Your Best Care Team

- Talking with Your Treatment Team about Quality-of-Life Concerns
- The Increasing Role of Telehealth/Telemedicine Appointments
- How Telehealth May Help in Advancing Your Health Equity
- Lifestyle, Physical Activity & Balance Concerns, with Practical Tips
- Food Insecurity & Food Deserts: Tips to Increase Your Access to Health Promoting Nutrition
- · Nutrition & Hydration Concerns & Tips
- Guidelines to Prepare for Telehealth/Telemedicine Appointments, Including Technology, Prepared List of Questions, Follow-Up Care & Discussion of OpenNotes
- · How to Cope with Health Care Disparities
- Questions for Our Panel of Experts

For more information or to register, please contact our Hopeline at 800-813-HOPE (4673) or register online at www.cancercare.org/connect

Facebook: facebook.com/cancercare | Instagram: @CancerCareUS | Twitter: @CancerCare

What is a CancerCare Connect® **Education Workshop?**

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

How do I register?

There are two ways to register:

- Call 800-813-HOPE (4673)
- Register online at

www.cancercare.org/connect

After you have registered, you will receive additional information.

Missed a CancerCare Connect® **Education Workshop?**

You can listen to previous workshops on the CancerCare website. Just log on to www.cancercare.org/podcasts.

Continuing Education Credits (Live Only)

Social Workers: This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc.is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour.

Registered Dietitians: This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to connect@cancercare.org after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

CancerCare is pleased to collaborate with these organizations:

Advanced Practitioner Society for Hematology and Oncology (APSHO) www.apsno.org
American Cancer Society
www.cancer.org; 1-800-227-2345
American Psychosocial Oncology Society American Society of Clinical Oncology www.cancer.net
The Association for Molecular Pathology (AMP) outreach.amp.org; 1-301-634-7939
Association of Clinicians for the Underserved www.clinicians.org; 1-844-422-8247
Association of Oncology Social Work www.aosw.org; 1-847-686-2233 Black Women's Health Imperative www.bwhi.org; 1-202-787-5931 Blood & Marrow Transplant Information Network www.bmtinfonet.org; 1-888-597-7674 Bone Marrow & Cancer Foundation Www.bonemarrow.org; 1-800-365-1336
Cancer Legal Resource Center (CLRC)
Cancer Legal Resource Center (CLRC) www.thedrlc.org/cancer/; (866) THE-Cancer Patient Education Network www.cancerpatienteducation.org
Cancer Support Community
www.cancersupportcommunity.org; 1-888-793-9355
Caregiver Action Network www.caregiveraction.org
DKMS www.dkms.org; 1-212-209-6700 Intercultural Cancer Council Intercultural cancer council org
International Myeloma Foundation
www.interculturalcancercouncil.org
International Myeloma Foundation
www.myeloma.org; 1-800-452-CURE (2873)
Joe's House – A Lodging Guide for Cancer Patients
www.joeshouse.org; 1-877-563-7468
Latinas Contra Cancer
www.latinascontracouncercouncer 1,408,280,0811 www.latinascontracancer.org; 1-408-280-0811

The LGBT Cancer Project LIVESTRONG Foundation www.livestrong.org; 1-855-220-7777

Multinational Association of Supportive Care in Cancer National Association of Social Workers National Association of social workers www.socialworkers.org; 1-202-408-8600
National Bone Marrow Transplant Link www.nbmtlink.org; 1-800-LINK-BMT (1-800-546-5268)
National Center for Frontier Communities www.frontierus.org; 1-575-597-0039
National Coalition for Cancer Survivorship www.canceradvocacy.org; 1-877-NCCS-YES (1-877-622-7937)
National Comprehensive Cancer Network® (NCCN®) – NCCN Guidelines for Patients® NCON Guidelines for Patients's www.nccn.org/patients National Organization for Rare Disorders www.rarediseases.org; 1-203-744-0100 NeedyMeds NeedyMeds www.needymeds.org; 1-800-503-6897 NMDP*** Patient Support Center www.nmdp.org/one-on-one; 1-888-999-6743 **Prevent Cancer Foundation®**

www.preventcancer.org; 1-800-227-2732
Redes en Acción: The National Latino Cancer
Research Network at UT Health San Antonio

www.redesenaccion.com: 1-210-562-6500 Research Advocacy Network
www.researchadvocacy.org; 1-877-276-2187
Scott Hamilton CARES Foundation www.scottcares.org
Triage Cancer

www.triagecancer.org; 1-424-258-4628 Vital Options International www.vitaloptions.org; 1-800-518-2354

About Us

Founded in 1944, Cancer Care is the leading national organization providing free support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include resource navigation, counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All Cancer Care services are provided by master's-prepared oncology social workers and world-leading cancer experts.

To learn more, visit www.cancercare.org or call 800-813-HOPE (4673).