# BREAST CANCER IN YOUNGER WOMEN: NEW TREATMENT OPTIONS



Over 75 Years of Help and Hope

## A CancerCare Connect® Education Workshop

This activity is supported by Novartis Oncology and made possible through an independent grant from Merck & Co., Inc. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.





## **SPEAKERS**

**Jennifer M. Matro, MD,** Associate Clinical Professor of Medicine, Co-Leader, Breast Disease Team, Division of Hematology/Oncology, UC San Diego Comprehensive Breast Health Team

**Sharon Bober, PhD,** Institute Psychologist, Department of Psycho-oncology and Palliative Care, Director, Sexual Health Program, Associate Professor, Department of Psychiatry, Harvard Medical School, Dana-Farber Cancer Institute

**Jennifer LaPietra, MSW**, Bilingual Oncology Social Worker, Cancer Care

Our workshops are open to national and international clients and pre-registration is via our website www.cancercare.org/connect

## **DATE**

## WEDNESDAY, FEBRUARY 7, 2024 from 1:30 p.m. - 2:30 p.m. ET

## **TOPICS:**

- Overview of Breast Cancer in Younger Women, Including Diagnosing, Staging
- ER, PR & HER2 Status
- Unique Issues for Younger Women Living with Breast Cancer
- Precision Medicine & Sequencing of Treatment
- Biomarker Testing & Genetic Testing, Including BRCA Testing
- What Informs Treatment Decisions & Options: Understanding Your Pathology Report
- Updates on Clinical Trials: How Research Increases Treatment Options

- Biomarkers Are Tools that Help Determine What Types of Treatments Are Indicated - Surgery, Chemotherapy, Radiation & Targeted Treatments
- · Questions to Ask Your Health Care Team
- Preventing & Managing Treatment Side Effects, Symptoms, Discomfort, Neuropathy & Pain
- Follow-Up Care
- Quality-of-Life Concerns, Including Sexual Health, Pregnancy & Fertility Issues
- Tips to Deal with Vaginal Dryness & Premature Menopause
- Practical & Emotional Coping Tips
- · Questions to Ask Our Panel of Experts

For more information or to register, please contact our Hopeline at 800-813-HOPE (4673) or register online at www.cancercare.org/connect

Facebook: facebook.com/cancercare | Instagram: @CancerCareUS | Twitter: @CancerCare

# What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

#### How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

## How do I register?

There are two ways to register:

- Call 800-813-HOPE (4673)
- Register online at

www.cancercare.org/connect

After you have registered, you will receive additional information.

# Missed a CancerCare Connect® Education Workshop?

You can listen to previous workshops on the CancerCare website. Just log on to www.cancercare.org/podcasts.

## **Continuing Education Credits (Live Only)**

**Social Workers:** This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc.is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour.

**Registered Dietitians:** This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to connect@cancercare.org after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

CancerCare is pleased to collaborate with these organizations:

Advanced Practitioner Society for Hematology and Oncology (APSHO)

**American Cancer Society** 

**American Psychosocial Oncology Society** 

**American Society of Clinical Oncology** 

The Association for Molecular Pathology (AMP)

**Association of Clinicians for the Underserved** 

**Association of Oncology Social Work** 

**Black Women's Health Imperative** 

**BreastCancerTrials.org** 

**Cancer Legal Resource Center (CLRC)** 

**Cancer Patient Education Network** 

**Cancer Support Community** 

**Caregiver Action Network** 

Joe's House - A Lodging Guide for Cancer Patients

**Intercultural Cancer Council** 

**Latinas Contra Cancer** 

**The LGBT Cancer Project** 

**LIVESTRONG Foundation** 

**Living Beyond Breast Cancer** 

**Multinational Association of Supportive Care in Cancer** 

**National Association of Social Workers** 

**National Center for Frontier Communities** 

**National Coalition for Cancer Survivorship** 

National Comprehensive Cancer Network® (NCCN®) -

NCCN Guidelines for Patients®

The National Witness Project, Inc.

NeedyMeds

**Prevent Cancer Foundation®** 

Redes en Acción: The National Latino Cancer Research Network at UT Health San Antonio

Research Advocacy Network

**Scott Hamilton CARES Foundation** 

**SHARE Cancer Support** 

**Sharsheret: The Jewish Breast & Ovarian Cancer** 

Community

Sisters Network® Inc - A National African American

**Breast Cancer Survivorship Organization** 

**Tigerlily Foundation** 

**TOUCH, The Black Breast Cancer Alliance** 

**Triage Cancer** 

Triple Negative Breast Cancer Foundation®

**Vital Options International** 

Young Survival Coalition

#### **About Us**

Founded in 1944, Cancer Care is the leading national organization providing free support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include resource navigation, counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All Cancer Care services are provided by master's-prepared oncology social workers and world-leading cancer experts.

To learn more, visit www.cancercare.org or call 800-813-HOPE (4673).