TRIPLE NEGATIVE BREAST CANCER: COPING WITH THE FEAR OF RECURRENCE

A CancerCare Connect® Education Workshop

This program is made possible by the Triple Negative Breast Cancer Foundation® and an independent grant from Merck & Co., Inc. CancerCare’s application for continuing education credits for this program is supported by the Diana Napoli Fund.

SPEAKERS

Shimoli V. Barot, MD, Associate Staff, Hematology and Medical Oncology, Cleveland Clinic
Julia Rowland, PhD, FAPOS, Senior Strategic Advisor, Smith Center for Healing and the Arts, Washington, DC
Karen Hurley, PhD, Psychologist - Hereditary Cancer Risk, Clinical Member, Cancer Prevention, Control & Population Research Program, Case Comprehensive Cancer Center, Cleveland Clinic
Hayley Dinerman, JD, Co-Founder and Executive Director, Triple Negative Breast Cancer Foundation®
Sam Fortune, MSW, Women’s Cancers Program Coordinator, CancerCare

Our workshops are open to national and international clients and pre-registration is via our website www.cancercare.org/connect

DATE

WEDNESDAY, SEPTEMBER 20, 2023 from 1:30 p.m. - 2:30 p.m. ET

TOPICS:

• Triple Negative Breast Cancer, in the Context of COVID & Seasonal Flu
• Fear of Recurrence
• Concerns that Cancer May Come Back
• Events that May Trigger Fear of Recurrence
• Living With Continuing Uncertainty
• Promoting Effective Health Care Communication
• Making Informed Treatment Choices
• Follow-Up Care
• Tips for Coping with Fear of Recurrence
• Balancing Reality with Stress Management Tips
• Using Mind Body Techniques to Cope with Fear of Recurrence
• How to Select the Mind Body Techniques that Are Best for You
• Communicating with Your Health Care Team About Quality-of-Life & Lifestyle Concerns
• Guidelines for Preparing for Telehealth/Telemedicine Appointments, Including Technology, Prepared List of Questions & OpenNotes Discussion
• Questions to Ask Our Panel of Experts

For more information or to register, please contact our Hopeline at 800-813-HOPE (4673) or register online at www.cancercare.org/connect

Facebook: facebook.com/cancercare | Instagram: @CancerCareUS | Twitter: @CancerCare

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What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

How do I participate?
You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

How do I register?
There are two ways to register:
• Call 800-813-HOPE (4673)
• Register online at www.cancercare.org/connect

After you have registered, you will receive additional information.

Missed a CancerCare Connect® Education Workshop?
You can listen to previous workshops on the CancerCare website. Just log on to www.cancercare.org/podcasts.

Continuing Education Credits (Live Only)

Social Workers: This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc. is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour.

Registered Dietitians: This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to connect@cancercare.org after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

About Us
Founded in 1944, CancerCare is the leading national organization providing free support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include resource navigation, counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by master’s-prepared oncology social workers and world-leading cancer experts.

To learn more, visit www.cancercare.org or call 800-813-HOPE (4673).