#### **About Us**

Founded in 1944, CancerCare is the leading national organization providing free, professional support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by oncology social workers and world-leading cancer experts. To learn more, visit www.cancercare.org or call 800-813-HOPE (4673).

CancerCare is pleased to collaborate with these organizations:

**National Alliance of State Prostate Cancer Coalitions** 

www.naspcc.org; 1-877-NASPCC-8 (1-877-627-7228)
Prostate Cancer Foundation

www.pcf.org; 1-800-757-CURE (2873)

The Prostate Net

www.theprostatenet.org

**ZERO - The End of Prostate Cancer** 

www.zerocancer.org; 1-888-245-9455

American Cancer Society www.cancer.org; 1-800-227-2345 American Psychosocial Oncology Society

www.apos-society.org
American Society of Clinical Oncology

www.cancer.net; 1-888-651-3038
The Association for Molecular Pathology (AMP)

outreach.amp.org; 1-301-634-7939
Association of Clinicians for the Underserved

www.clinicians.org; 1-844-422-8247
Association of Oncology Social Work

www.aosw.org; 1-847-686-2233

Be The Match® Patient Support Center

www.bethematch.org/one-on-one; 1-888-999-6743

**Black Women's Health Imperative** 

www.bwhi.org; 1-202-787-5931

**Cancer Patient Education Network** 

www.cancerpatienteducation.org
Cancer Support Community

www.cancersupportcommunity.org: 1-888-793-9355

**Caregiver Action Network** 

www.caregiveraction.org
Intercultural Cancer Council

www.interculturalcancercouncil.org
Joe's House – A Lodging Guide for Cancer Patients

www.joeshouse.org; 1-877-563-7468

**Latinas Contra Cancer** 

www.latinascontracancer.org; 1-888-LCC-8110

**The LGBT Cancer Project** 

www.lgbtcancer.org

LIVESTRONG Foundation

www.livestrong.org; 1-855-220-7777

Multinational Association of Supportive Care in Cancer

www.mascc.org
National Association of Social Workers

www.socialworkers.org; 1-202-408-8600
National Center for Frontier Communities

www.frontierus.org; 1-575-597-0039

National Coalition for Cancer Survivorship

www.canceradvocacy.org; 1-877-NCCS-YES (1-877-622-7937)
National Comprehensive Cancer Network® (NCCN®) –

NCCN Guidelines for Patients®

www.nccn.org/patients

NeedvMeds

www.needymeds.org; 1-800-503-6897

**Prevent Cancer Foundation®** 

www.preventcancer.org; 1-800-227-2732
Research Advocacy Network

www.researchadvocacy.org; 1-877-276-2187 Scott Hamilton CARES Foundation

www.scottcares.org

**Triage Cancer** www.triagecancer.org; 1-424-258-4628 Vital Options International www.vitaloptions.org; 1-800-518-2354



# **Living with Metastatic Prostate Cancer**

**A Two-Part Series** 

**DUCATION WORKSHOP** 

1:30 - 2:30 PM Eastern Time

Tuesday, March 29, 2022 Tuesday, April 5, 2022

A free Cancer Care Connect® **Education Workshop Series for** men living with metastatic prostate cancer, their families, partners, caregivers, friends and health care professionals.

Listen to these workshops over the telephone or connect to our webcasts online.



800-813-HOPE (4673) www.cancercare.org connect@cancercare.org

# **CANCERCARE CONNECT® EDUCATION WORKSHOP**

# What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

#### How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

#### How do I register?

There are two ways to register:

- Call 800-813-HOPE (4673)
- Register online at

www.cancercare.org/connect

After you have registered, you will receive additional information.

# Missed a CancerCare Connect® Education Workshop?

A listing of featured programs is available by calling **888-337-7533**, 24 hours a day, 7 days a week. You can also listen to previous workshops on the Cancer*Care* website. Just log on to **www.cancercare.org/podcasts.** 

## **Continuing Education Credits (Live Only)**

**Social Workers:** This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc.is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. Each workshop is approved for 1.0 Contact Hour.

Registered Dietitians: This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to connect@cancercare.org after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

This activity is supported by Bristol Myers Squibb, a grant from Genentech and a charitable contribution from Janssen Pharmaceutical Companies of Johnson & Johnson. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.

Part I

Tuesday, March 29, 2022

## Metastatic Prostate Cancer: Treatment Advances

## **Workshop Topics**

- Overview of the Treatment of Metastatic Prostate Cancer, in the Context of COVID-19 & Its Variants
- Advances in the Treatment of Metastatic Prostate Cancer
- Updates on the Treatment & Care of Bone Metastases
- The Role of Chemotherapy, Radiation Oncology & Targeted Treatments
- The Importance of Clinical Trials
- How Clinical Trials Contribute to Your Treatment Options
- The Role of Precision Medicine
- New & Emerging Treatments for Metastatic Prostate Cancer
- Tips to Manage Side Effects, Discomfort & Pain
- Lifestyle, Balance & Movement
- The Role of Telehealth/Telemedicine Appointments in Reducing Your Exposure to COVID-19 & Its Variants
- Questions for Our Panel of Experts

#### **Speakers**

#### Susan Slovin, MD, PhD

Attending Physician, Genitourinary Oncology Service Sidney Kimmel Center for Prostate and Urologic Diseases Memorial Sloan Kettering Cancer Center Professor of Medicine, Department of Medicine Weill College of Cornell University

#### Sean McBride, MD, MPH

Radiation Oncologist Memorial Sloan Kettering Cancer Center

#### Elizabeth K. O'Donnell. MD

Director, Lifestyle Clinic Massachusetts General Hospital Associate Director Mass General Cancer Center's Survivorship Program Assistant Professor of Medicine, Harvard Medical School

#### Carolyn Messner, DSW, OSW-C, FAPOS, FAOSW

Senior Director of Education and Training, Cancer Care®

Part II

Tuesday, April 5, 2022

# For Caregivers: Coping with a Loved One's Metastatic Prostate Cancer

## **Workshop Topics**

- Caring for Your Loved One with Metastatic Prostate Cancer, in the Context of COVID-19
- Tips on Working with the Health Care Team to Manage Your Loved One's Pain, Neuropathy, and Discomfort
- The Important Role of the Caregiver with the Health Care Team
- Deciding to Become a Caregiver: The Unique Stresses and Rewards of Caregiving
- Long-Distance Caregiver
- Managing Family, Friends, Partners & Traditions, in the Context of COVID-19
- Guidelines to Prepare for These Appointments to Increase Their Benefits, including Technology, Prepared List of Questions, Follow-Up Care & Discussion of OpenNotes
- Key Questions to Ask Your Health Care Team about Quality-of-Life Concerns
- Self-Care & Stress Management Suggestions & Tips to Promote Caregiver Resilience
- Questions for Our Panel of Experts

#### **Speakers**

#### Susan Slovin, MD, PhD

Attending Physician, Genitourinary Oncology Service Sidney Kimmel Center for Prostate and Urologic Diseases Memorial Sloan Kettering Cancer Center Professor of Medicine, Department of Medicine Weill College of Cornell University

#### Alyson Erardy, MSW

Caregiver Program Coordinator CancerCare®

#### Carolyn Messner, DSW, OSW-C, FAPOS, FAOSW

Senior Director of Education and Training Cancer Care®