

About Us

Founded in 1944, CancerCare is the leading national organization providing free, professional support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by oncology social workers and world-leading cancer experts. To learn more, visit www.cancercare.org or call **800-813-HOPE (4673)**.

CancerCare is pleased to collaborate with these organizations:

Triple Negative Breast Cancer Foundation®

Helpline: 1-877-880-TNBC (8622)
www.tnbcfoundation.org/helpline

American Cancer Society
American Psychosocial Oncology Society
American Society of Clinical Oncology
The Association for Molecular Pathology (AMP)
Association of Clinicians for the Underserved
Association of Oncology Social Work
Black Women's Health Imperative
The Breast Cancer Research Foundation
BreastCancerTrials.org
Cancer Patient Education Network
Cancer Support Community
Caregiver Action Network
Hadassah
Joe's House – A Lodging Guide for Cancer Patients
Intercultural Cancer Council
Latinas Contra Cancer
The LGBT Cancer Project
LIVESTRONG Foundation
Living Beyond Breast Cancer
Metastatic Breast Cancer Network
Multinational Association of Supportive Care in Cancer
National Association of Social Workers
National Center for Frontier Communities
National Coalition for Cancer Survivorship
**National Comprehensive Cancer Network® (NCCN®) –
NCCN Guidelines for Patients®**
The National Witness Project, Inc.
NeedyMeds
Prevent Cancer Foundation®
**Redes en Acción: The National Latino Cancer
Research Network**
Research Advocacy Network
Scott Hamilton CARES Foundation
SHARE Cancer Support
**Sharsheret: The Jewish Breast & Ovarian Cancer
Community**
**Sisters Network® Inc. – A National African American
Breast Cancer Survivorship Organization**
The Sister Study (Estudio de Hermanas)
Susan G. Komen®
Tigerlily Foundation
Triage Cancer
Vital Options International
Young Survival Coalition



CANCERCARE®
National Office
275 Seventh Avenue
New York, NY 10001

CANCERCARE CONNECT® EDUCATION WORKSHOP

Triple Negative Breast Cancer: Coping with Fear of Recurrence

**Monday, September 27, 2021
1:30 - 2:30 PM Eastern Time**

A free CancerCare Connect® Education Workshop for people living with triple negative breast cancer, their families, partners, caregivers, friends and health care professionals

Listen to this workshop over the telephone or connect to our webcast online.



**Triple Negative
Breast Cancer
Foundation**

and



CANCERCARE®

Help and Hope

800-813-HOPE (4673)
www.cancercare.org
connect@cancercare.org

CANCERCARE CONNECT® EDUCATION WORKSHOP

What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

How do I register?

There are two ways to register:

- Call **800-813-HOPE (4673)**
- Register online at **www.cancercare.org/connect**

After you have registered, you will receive additional information.

Missed a CancerCare Connect® Education Workshop?

A listing of featured programs is available by calling **888-337-7533**, 24 hours a day, 7 days a week. You can also listen to previous workshops on the CancerCare website. Just log on to **www.cancercare.org/podcasts**.

Continuing Education Credits (Live Only)

Social Workers: This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour.

Registered Dietitians: This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to **connect@cancercare.org** after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

This program is made possible by the Triple Negative Breast Cancer Foundation®. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.

Triple Negative Breast Cancer: Coping with Fear of Recurrence

Monday, September 27, 2021
1:30 - 2:30 PM Eastern Time

Workshop Topics

- Triple Negative Breast Cancer, in the Context of COVID-19
- Fear of Recurrence
- Concerns that Cancer May Come Back
- Events that May Trigger Fear of Recurrence
- Living with Continuing Uncertainty
- Promoting Effective Health Care Communication
- Making Informed Treatment Choices
- Organizing Your Follow-Up Care
- Tips for Coping with Fear of Recurrence
- Balancing Reality with Stress Management Tips
- Using Mind Body Techniques to Cope with Fear of Recurrence
- How to Select the Mind Body Techniques that Are Best for You
- Communicating with Your Health Care Team about Quality-of-Life & Lifestyles Concerns
- The Increasing Role of Telehealth/Telemedicine Appointments
- Guidelines for Preparing for Telehealth/Telemedicine Appointments, including Technology, List of Questions & OpenNotes Discussion
- Questions for Our Panel of Experts

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Speakers

Lidia Schapira, MD, FASCO

Director Cancer Survivorship Program
Stanford Cancer Institute
Professor - University Medical Line
Medicine - Oncology
Member, Stanford Cancer Institute
Member, Maternal & Child Health Research Institute (MCHRI)
Editor-in-Chief, Cancer.Net
American Society of Clinical Oncology

Julia H. Rowland, PhD, FAPOS

Senior Strategic Advisor
Smith Cancer for Healing and the Arts

Stewart B. Fleishman, MD

Former Founding Director
Cancer Support Services
Continuum Cancer Centers of New York
Author, Researcher in Oncology

Karen Hurley, PhD

Psychologist - Hereditary Cancer Risk
Clinical Member
Cancer Prevention, Control & Population
Research Program
Case Comprehensive Cancer Center
Cleveland Clinic

Hayley Dinerman, JD

Co-Founder and Executive Director
Triple Negative Breast Cancer Foundation®

Lauren Chatalian, MSW

Women & Children's Program Manager
CancerCare®