### **About Us**

Founded in 1944, CancerCare is the leading national organization providing free, professional support services and information to help people manage the emotional. practical and financial challenges of cancer. Our comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by oncology social workers and world-leading cancer experts. To learn more, visit www.cancercare.org or call 800-813-HOPE (4673).

CancerCare is pleased to collaborate with these organizations:

**American Cancer Society** 

www.cancer.org: 1-800-227-2345

**American Psychosocial Oncology Society** 

www.apos-society.org; 1-866-276-7443

**American Society of Clinical Oncology** 

www.cancer.net; 1-888-651-3038

The Association for Molecular Pathology (AMP)

outreach.amp.org; 1-301-634-7939

Association of Clinicians for the Underserved

www.clinicians.org: 1-844-422-8247

**Association of Oncology Social Work** 

www.aosw.org: 1-847-686-2233

**Black Women's Health Imperative** 

www.bwhi.org; 1-202-787-5931

**Cancer Patient Education Network** www.cancerpatienteducation.org

**Cancer Support Community** 

www.cancersupportcommunity.org; 1-888-793-9355

**Caregiver Action Network** 

www.caregiveraction.org; 1-855-227-3640

Joe's House - A Lodging Guide for Cancer Patients

www.joeshouse.org; 1-877-563-7468

**Latinas Contra Cancer** 

www.latinascontracancer.org; 1-888-LCC-8110

**The LGBT Cancer Project** 

www.lgbtcancer.org

**LIVESTRONG** Foundation

www.livestrong.org; 1-855-220-7777

**Multinational Association of Supportive Care in Cancer** 

www.mascc.org

**National Association of Social Workers** 

www.socialworkers.org: 1-202-408-8600

**National Center for Frontier Communities** 

www.frontierus.org; 1-575-597-0039

**National Coalition for Cancer Survivorship** 

www.canceradvocacy.org; 1-877-NCCS-YES (1-877-622-7937)

National Comprehensive Cancer Network® (NCCN®) -

NCCN Guidelines for Patients®

www.nccn.org/patients

**NeedvMeds** 

www.needymeds.org; 1-800-503-6897

**Research Advocacy Network** 

www.researchadvocacy.org; 1-877-276-2187

**Scott Hamilton CARES Foundation** 

www.scottcares.org

**Triage Cancer** 

www.triagecancer.org; 1-424-258-4628

**Vital Options International** 

www.vitaloptions.org; 1-800-518-2354



**EDUCATION WORKSHOP** 

CANCERCARE

## **Caring for Your Loved One** with Cancer

Tuesday, June 8, 2021 1:30 - 2:30 PM Eastern Time

A free CancerCare Connect® **Education Workshop for** people living with cancer, their families, partners, caregivers, friends and health care professionals

Listen to this workshop over the telephone or connect to our webcast online.



800-813-HOPE (4673) www.cancercare.org connect@cancercare.org

### **CANCERCARE CONNECT® EDUCATION WORKSHOP**

# What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

### How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

### How do I register?

There are two ways to register:

- Call 800-813-HOPE (4673)
- Register online at www.cancercare.org/connect

After you have registered, you will receive additional information.

# Missed a CancerCare Connect® Education Workshop?

A listing of featured programs is available by calling **888-337-7533**, 24 hours a day, 7 days a week. You can also listen to previous workshops on the Cancer*Care* website. Just log on to **www.cancercare.org/podcasts.** 

### **Continuing Education Credits (Live Only)**

**Social Workers:** This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc.is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour.

Registered Dietitians: This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to **connect@cancercare.org** after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

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# **Caring for Your Loved One with Cancer**

Tuesday, June 8, 2021 1:30 - 2:30 PM Eastern Time

### **Workshop Topics**

- · Definition of a Caregiver
- What Research Tells Us About Caregivers' Well Being
- · Caregiving for an Older Adult
- · Caregiving for a Younger Adult
- Couples, Partners, Siblings and Friends
- Challenges of Caregivers for Cancer Survivors
- Family, Partner and Friend Communication
- Care Coordination Challenges & Tips
- Stresses on Family, Partners, Friends & Loved Ones
- Coping with Holidays, Birthdays & Special Occasions
- Managing Family, Friends, Partners & Traditions
- Long-Distance Caregiving
- Practical Tips for Managing Caregivers' Stress
- Strategies for Self-Care
- The Increasing Role of Telemedicine Appointments
- Guidelines to Prepare for Telehealth/ Telemedicine Appointments, including Technology & Prepared List of Questions
- Questions for Our Panel of Experts

# **Caring for Your Loved One with Cancer**

Tuesday, June 8, 2021 1:30 - 2:30 PM Fastern Time

### **Speakers**

### Barbara A. Given, PhD, RN, FAAN, FAPOS

University Distinguished Professor Associate Dean Emeritus School of Nursing Michigan State University

#### Stewart B. Fleishman, MD

Former Founding Director, Cancer Support Services Continuum Cancer Centers of New York Author, Researcher in Oncology

### Tamryn Gray, RN, PhD, MPH

Instructor in Medicine Dana-Farber Cancer Institute Brigham and Women's Hospital Harvard Medical School

### Carolyn Messner, DSW, OSW-C, FAPOS, FAOSW

Director of Education and Training CancerCare®