

## About Us

Founded in 1944, CancerCare is the leading national organization providing free, professional support services and information to help people manage the emotional, practical and financial challenges of cancer. Our comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All CancerCare services are provided by oncology social workers and world-leading cancer experts. To learn more, visit [www.cancercare.org](http://www.cancercare.org) or call **800-813-HOPE (4673)**.

CancerCare is pleased to collaborate with these organizations:

**Aplastic Anemia and MDS International Foundation**

[www.aamds.org](http://www.aamds.org); 1-800-747-2820

**The MDS Alliance**

[www.mds-alliance.org](http://www.mds-alliance.org); 1-301-279-7202

**The MDS Foundation, Inc**

[www.mds-foundation.org](http://www.mds-foundation.org); 1-800-MDS-0839

**National Organization for Rare Disorders®**

[www.rarediseases.org](http://www.rarediseases.org); 1-203-744-0100

**American Cancer Society**

[www.cancer.org](http://www.cancer.org); 1-800-227-2345

**American Psychosocial Oncology Society**

[www.apos-society.org](http://www.apos-society.org); 1-866-276-7443

**American Society of Clinical Oncology**

[www.cancer.net](http://www.cancer.net); 1-888-651-3038

**The Association for Molecular Pathology (AMP)**

[outreach.amp.org](http://outreach.amp.org); 1-301-634-7939

**Association of Clinicians for the Underserved**

[www.clinicians.org](http://www.clinicians.org); 1-844-422-8247

**Association of Oncology Social Work**

[www.aosw.org](http://www.aosw.org); 1-847-686-2233

**Be The Match® Patient Support Center**

[www.bethematch.org/one-on-one](http://www.bethematch.org/one-on-one); 1-888-999-6743

**Black Women's Health Imperative**

[www.bwhi.org](http://www.bwhi.org); 1-202-787-5931

**Blood & Marrow Transplant Information Network**

[www.bmtinfonet.org](http://www.bmtinfonet.org); 1-888-597-7674

**Bone Marrow & Cancer Foundation**

[www.bonemarrow.org](http://www.bonemarrow.org); 1-800-365-1336

**Cancer Patient Education Network**

[www.cancerpatienteducation.org](http://www.cancerpatienteducation.org)

**Cancer Support Community**

[www.cancersupportcommunity.org](http://www.cancersupportcommunity.org); 1-888-793-9355

**Caregiver Action Network**

[www.caregiveraction.org](http://www.caregiveraction.org)

**DKMS**

[www.dkms.org](http://www.dkms.org); 1-212-209-6700

**Joe's House – A Lodging Guide for Cancer Patients**

[www.joeshouse.org](http://www.joeshouse.org); 1-877-563-7468

**Latinas Contra Cancer**

[www.latinascontracancer.org](http://www.latinascontracancer.org); 1-888-LCC-8110

**Leukemia Research Foundation**

[www.allbloodcancers.org](http://www.allbloodcancers.org); 1-847-424-0600

**The LGBT Cancer Project**

[www.lgbtcancer.org](http://www.lgbtcancer.org)

**LIVESTRONG Foundation**

[www.livestrong.org](http://www.livestrong.org); 1-855-220-7777

**Multinational Association of Supportive Care in Cancer**

[www.mascc.org](http://www.mascc.org)

**National Association of Social Workers**

[www.socialworkers.org](http://www.socialworkers.org); 1-202-408-8600

**National Bone Marrow Transplant Link**

[www.nbmtlink.org](http://www.nbmtlink.org); 1-800-LINK-BMT (1-800-546-5268)

**National Center for Frontier Communities**

[www.frontierus.org](http://www.frontierus.org); 1-575-597-0039

**National Coalition for Cancer Survivorship**

[www.canceradvocacy.org](http://www.canceradvocacy.org); 1-877-NCCS-YES (1-877-622-7937)

**National Comprehensive Cancer Network® (NCCN®) –**

**NCCN Guidelines for Patients®**

[www.nccn.org/patients](http://www.nccn.org/patients)

**NeedyMeds**

[www.needy meds.org](http://www.needy meds.org); 1-800-503-6897

**Research Advocacy Network**

[www.researchadvocacy.org](http://www.researchadvocacy.org); 1-877-276-2187

**Scott Hamilton CARES Foundation**

[www.scottcares.org](http://www.scottcares.org)

**Triage Cancer**

[www.triagecancer.org](http://www.triagecancer.org); 1-424-258-4628

**Vital Options International**

[www.vitaloptions.org](http://www.vitaloptions.org); 1-800-518-2354



**CANCERCARE®**

National Office  
275 Seventh Avenue  
New York, NY 10001

**CANCERCARE CONNECT® EDUCATION WORKSHOP**

## Progress in the Treatment of Myelodysplastic Syndromes (MDS)

**Monday, May 3, 2021**

**1:30 - 2:30 PM Eastern Time**

A free CancerCare Connect® Education Workshop for people living with myelodysplastic syndromes, their families, partners, caregivers, friends and health care professionals

Listen to this workshop over the telephone or connect to our webcast online.



**CANCERCARE®**

Help and Hope

**800-813-HOPE (4673)**

**[www.cancercare.org](http://www.cancercare.org)**

**[connect@cancercare.org](mailto:connect@cancercare.org)**

# CANCERCARE CONNECT® EDUCATION WORKSHOP

## What is a CancerCare Connect® Education Workshop?

CancerCare Connect® Education Workshops are a cost-free way to learn about cancer-related issues from the convenience of your home or office. Leading experts in oncology provide the most up-to-date information on the telephone and online.

### How do I participate?

You can listen to this workshop on the telephone or via live streaming through the Internet. Participation is free.

### How do I register?

There are two ways to register:

- Call **800-813-HOPE (4673)**
- Register online at **[www.cancercare.org/connect](http://www.cancercare.org/connect)**

After you have registered, you will receive additional information.

## Missed a CancerCare Connect® Education Workshop?

A listing of featured programs is available by calling **888-337-7533**, 24 hours a day, 7 days a week. You can also listen to previous workshops on the CancerCare website. Just log on to **[www.cancercare.org/podcasts](http://www.cancercare.org/podcasts)**.

## Continuing Education Credits (Live Only)

**Social Workers:** This program has been submitted to The University of Texas MD Anderson Cancer Center, an approved provider through the Texas State Board of Social Work Examiners, provider #CS4607, for 1.0 Contact Hour.

Cancer Care, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0088. This workshop is approved for 1.0 Contact Hour.

**Registered Dietitians:** This program has been submitted to the Commission on Dietetic Registration for one Continuing Professional Education Unit (CPEU).

To request continuing education paperwork, please email your name, profession, and address to **[connect@cancercare.org](mailto:connect@cancercare.org)** after the program. All paperwork for continuing education credit must be requested, completed, and submitted within two weeks of the live program.

**This activity is supported by Bristol Myers Squibb. CancerCare's application for continuing education credits for this program is supported by the Diana Napoli Fund.**

## Progress in the Treatment of Myelodysplastic Syndromes (MDS)

Monday, May 3, 2021  
1:30 - 2:30 PM Eastern Time

### Workshop Topics

- Overview of Myelodysplastic Syndromes (MDS), in the Context of COVID-19
- Diagnosis & Staging
- Current Standard of Care
- New & Emerging Treatment Approaches
- The Role of Clinical Trials
- Tips to Manage Symptoms, Side Effects & Discomfort
- Nutrition & Hydration Concerns & Tips
- Key Questions to Ask Your Health Care Team during Telehealth Appointments
- Guidelines to Prepare for Telehealth Appointments including Technology & List of Questions
- Next Step After Treatment - Follow-Up Care
- Questions for Our Panel of Experts

## Progress in the Treatment of Myelodysplastic Syndromes (MDS)

Monday, May 3, 2021  
1:30 - 2:30 PM Eastern Time

### Speakers

#### Ruben A. Mesa, MD, FACP

Executive Director  
Mays Cancer Center at UT Health San Antonio  
MD Anderson  
Mays Family Foundation Distinguished University Presidential Chair  
Professor of Medicine, UT Health San Antonio  
Cancer Center - *An NCI Designated Cancer Center*

#### Rami Komrokji, MD

Senior Member & Professor of Oncologic Sciences  
Section Head - Leukemia and MDS  
Vice Chair - Malignant Hematology Department  
Moffitt Cancer Center

#### Diana L. Bearden, MS, RD, CSO, LD, CNSC

Oncology Dietitian  
Michael E. DeBakey VA Medical Center

#### Carolyn Messner, DSW, OSW-C, FAPOS, FAOSW

Director of Education and Training  
CancerCare®